
** p<.01

**Fig. DS1** Responder rates for collaborative stepped care v. care as usual (intent-to-treat sample).

**Fig. DS2** Remission rates for collaborative stepped care v. care as usual (intent-to-treat sample).
Fig. DS3 Outcomes for collaborative stepped care v. care as usual in the treatment programmes for (a) anxiety (measured with the Hamilton Rating Scale for Anxiety) and (b) depression (measured with the Center of Epidemiologic Studies Depression Scale).