

Supplementary Materials A

ANPS-AR Questionnaires in *German* language.

Bitte beschreiben Sie, wie sehr die folgenden Worte auf Sie *generell* zutreffen.

| | | trifft überhaupt nicht zu | trifft nicht zu | trifft eher nicht zu | weder noch | trifft eher zu | trifft zu | trifft voll und ganz zu |
|----------------------------------|-----------|------------------------------|-----------------|----------------------|------------|----------------|-----------|-------------------------|
| zielstrebig | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ängstlich | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| fürsorglich | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| hitzköpfig | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| lustig | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| oftmals traurig | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| fantasielos | SEEKING - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| nervös | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| gefühllos | CARE - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| aggressiv | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| nicht verspielt | PLAY - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| sozial unsicher | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| dynamisch | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| entspannt | FEAR - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| (andere) pflegend | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| nicht streitsüchtig | ANGER - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| mache gerne Scherze | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| sozial selbstsicher | SADNESS - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| neugierig | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| grüblerisch | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| warmherzig | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| temperamentvoll | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| humorvoll | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| sensibel gegenüber Zurückweisung | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| umsorgend | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| voller Energie | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| wenig sympathisch | CARE - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| motiviert | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Die grau markierten Items sind in der deutschsprachigen Version zur Verbesserung der Psychometrie hinzugekommen. Bei dem Item „(andere) pflegend“ wird darauf hingewiesen, dass in der Datenerhebung des Papers nur „pflegend“ verwendet wurde.

Auswertung: Die Punkte müssen für jede Skala aufaddiert werden.

Sollten Sie den Fragebogen als State-Maß einsetzen wollen, schlagen wir folgende Instruktion vor:

„Bitte beschreiben Sie, wie gut die folgenden Worte auf Sie *im Moment* zutreffen.“

Cite the German version of the ANPS-AR as follows: Rozgonjuk, D., Davis, K.L., Sindermann, C., and Montag, C. (2021) The Affective Neuroscience Personality Scales: linking the adjective and statement-based inventories with the Big Five Inventory in English- and German-speaking samples. *Personality Neuroscience*. doi: 10.1017/pen.2021.6

Cite the English version of the ANPS-AR as follows: Montag, C. & Davis, K. (2018) Affective Neuroscience Theory and Personality: An Update. *Personality Neuroscience*. 1(e12), 1–12. doi: 10.1017/pen.2018.10

ANPS-AR Questionnaire in English language.

Please indicate how accurately the following words describe you *in general*.

| | | very inaccurate | inaccurate | slightly inaccurate | neither | slightly accurate | accurate | very accurate |
|------------------------|-----------|-----------------|------------|---------------------|---------|-------------------|----------|---------------|
| purposeful | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| anxious | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| caring | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| hot-headed | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| funny | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| often sad | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| unimaginative | SEEKING - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| nervous | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| unsympathetic | CARE - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| aggressive | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| not playful | PLAY - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| socially insecure | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| dynamic | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| relaxed | FEAR - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| nurturing | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| not argumentative | ANGER - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| jokes around | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| socially confident | SADNESS - | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| curious | SEEKING + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| a worrier | FEAR + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| warm | CARE + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| temperamental | ANGER + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| humorous | PLAY + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| sensitive to rejection | SADNESS + | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Scoring: The scores for each scale need to be summed up.

If you like to use the questionnaire as a state-measure, we propose the following instruction:

“Please indicate how accurately the following words describe you *at the moment*.”

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