**Appendix 1**

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| **Super-codes** | **Codes** | **Codes examples** |
|  **Conceptualisation: FREEDOM OF CHOICE** |
| (external) influence | 10 | influencing others |
| choice | 44 | choice-preserving, individual choice, restricts choice |
| coercion | 25 | coercive, non-intrusive, shove |
| easy resistibility | 32 | cheap and easy to avoid, easy resistible, easy to opt-out of |
| free | 2 | 'you were never free in the first place' |
| freedom | 17 | infringement of freedom and autonomy, preserve freedom |
| freedom of choice | 40 | diminishes freedom of choice, free to choose, freedom of choice is maintained |
| interference | 2 | not an unacceptable interference |
| libertarian | 3 | libertarianism |
| liberty | 11 | positive liberty, threatening liberty |
| voluntariness | 2 | undermines voluntariness |
|  **Conceptualisation: AGENCY** |
| (ir)rationality | 26 | bounded rationality, helping without stirring irrationality, nudges are supposed to free us from our biases,  |
| agency | 4 | try to interfere with our agency |
| as judged by themselves  | 5 | make people better of 'as judged by themselves' |
| capacities | 7 | do not allow people to build up their own capacities |
| capacity to choose | 7 | preserves the person's ability to choose |
| conscious decision making | 3 | a choice brought about through conscious decision making |
| consciousness | 18 | awareness, reflection |
| consent | 21 | consent as support from system 2, implicit consent, unable to give informed consent |
| control | 32 | control the individual has over his or her evaluations and choices, controllability continuum, substantial non-control condition |
| deception | 8 | misleading |
| decision-making | 13 | facilitate decision making, interfere with individual decision making |
| decision-making capacities | 4 | does not respect people's decision-making capacities |
| deliberation | 4 | autonomy as working it out on yourself |
| deliberative capacities | 19 | attention-bringing capacities, bypassing individual's capacity for reason,  |
| empowerment | 5 | empowering |
| free judgement | 2 | (lack of respect for) free judgement |
| infantilisation | 5 | they might feel as if they are being treated like children |
| informed choice | 8 | choices are informed |
| intention | 2 | intentions |
| internal motivation | 1 | (lack) the quality of internal motivation |
| knowledge | 2 | choosers lack knowledge of facts |
| learning | 5 | not challenged to learn |
| manipulation | 45 | a manipulative 'shove', coax people into choices, justified manipulation |
| own choice | 9 | agents must be able to make their own choices |
| preferences | 10 | autonomy as people's preferences |
| self-control | 24 | able to keep my cravings in check, not fully in control of our actions, weakness of will |
| self-determination | 14 | leading a self-determining life, respect for self-determination |
| system 1 | 4 | appeals directly to system 1 |
| transparency | 19 | covertness, work better 'in the dark' |
|  **Conceptualisation: SELF-CONSTITUTION** |
| authenticity | 1 | autonomy - authenticity |
| authority | 1 | authority |
| authorship | 7 | autonomy as being the author of your own life |
| character | 2 | build moral character |
| choose not to choose | 3 | if people choose not to choose (or if they would make that choice if asked) |
| destiny | 1 | reduce citizen's voice in her destiny |
| dignity | 31 | dignity is hardly at risk, exploitation, not likely to be humiliating anyone |
| domination | 4 | a life free from the exercise of power by others |
| force to be free | 1 | 'force the patient to be free' |
| fragmented self | 3 | leaves us with a fragmented self (we become incomprehensible to ourselves) |
| freedom not to choose | 1 | (if people have to make choices everywhere) their autonomy is reduced |
| good life | 5 | autonomy as the capacity to choose a conception of the good life for oneself |
| own goal | 26 | aim is endorsed by the influence, autonomy as a way to achieve a desired purpose, focus on people's own ends,  |
| preference change | 5 | non-autonomous preference change |
| trust | 4 | trust-preserving |