**Appendix 1. Nine Principles of Community-based Participatory Research (CBPR)**

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| 1. Recognize the community as a unit of identity;
2. Build on community strengths and resources;
3. Facilitate collaborative, equitable partnership in all phases of the research;
4. Promote co-learning and capacity building among all partners;
5. Integrate and achieve a balance between research and action for the mutual benefit of all partners;
6. Emphasize local relevance of public health problems and ecological perspectives that recognize and attend to the multiple determinants of health and disease;
7. Involve systems development through a cyclical and iterative process;
8. Disseminate findings and knowledge gained to academic and community partners; and
9. Commit to a long-term process and group sustainability.
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From Israel BA, Schulz AJ, Parker EA, Becker AB, Allen III AJ, Guzman JR. Critical issues in developing and following community based participatory research principles. In: Wallerstein MMN, ed. *Community Based Participatory Research for Health*. San Francisco, CA: John Wiley & Sons, Inc.; 2003:53-76.