**Table S1**. List of reviewed articles from Scopus and Web of Science.

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|  | Scopus | | | | |
|  | **Author(s)** | **Year** | **Publication Title** | **Publication details** | **Scopus citations (24 March 2023)** |
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| 2. | Jehlička, P., & Smith, J. | 2011 | An unsustainable state: Contrasting food practices and state policies in the Czech Republic | *Geoforum, 42*(3), 362–372 | 41 |
| 3. | Schupp, J. L., & Sharp, J. S. | 2012 | Exploring the social bases of home gardening | *Agriculture and Human Values, 29*(1), 93–105 | 67 |
| 4. | Smith, J., & Jehlička, P. | 2013 | Quiet sustainability: Fertile lessons from Europe’s productive gardeners | *Journal of Rural Studies, 32*, 148–157 | 115 |
| 5. | Jehlička, P., Kostelecký, T., & Smith, J. | 2013 | Food Self-Provisioning in Czechia: Beyond Coping Strategy of the Poor: A Response to Alber and Kohler’s ‘Informal Food Production in the Enlarged European Union’ (2008) | *Social Indicators Research, 111*(1), 219–234 | 43 |
| 6. | Porter, J. R., Dyball, R., Dumaresq, D., Deutsch, L., & Matsuda, H. | 2014 | Feeding capitals: Urban food security and self-provisioning in Canberra, Copenhagen and Tokyo | *Global Food Security, 3*(1), 1–7 | 30 |
| 7. | Smith, J., Kostelecký, T., & Jehlička, P. | 2015 | Quietly does it: Questioning assumptions about class, sustainability and consumption | *Geoforum, 67,* 223–232 | 39 |
| 8. | CoDyre, M., Fraser, E. D. G., & Landman, K. | 2015 | How does your garden grow? An empirical evaluation of the costs and potential of urban gardening | *Urban Forestry & Urban Greening, 14*(1), 72–79 | 77 |
| 9. | Sovová, L. | 2015 | Self-provisioning, Sustainability and Environmental Consciousness in Brno Allotment Gardens | *Sociální Studia / Social Studies, 12*(3), 11–26 | 22 |
| 10. | Harper, K., & Afonso, A. I. | 2016 | Cultivating Civic Ecology: A Photovoice Study with Urban Gardeners in Lisbon, Portugal | *Anthropology in Action, 23*(1), 6–13 | 10 |
| 11. | De Hoop, E., & Jehlička, P. | 2017 | Reluctant pioneers in the European periphery? Environmental activism, food consumption and “growing your own” | *Local Environment, 22*(7), 809–824 | 23 |
| 12. | Lehmann-Uschner, K., & Kraehnert, K. | 2017 | Food Intake and the Role of Food Self-Provisioning | *The Journal of Development Studies, 53*(8), 1303–1322 | 2 |
| 13. | Colby, A., & Kennedy, E. H. | 2017 | Extension of What and to Whom? A Qualitative Study of Self-Provisioning Service Delivery in a University Extension Program | *Food Systems and Health* (Vol. 18, pp. 177–198). Emerald Publishing Limited | 0 |
| 14. | Balázs, B. | 2018 | Community-building Through Food Self-provisioning in Central and Eastern Europe: An analysis through the food commons framework | J. L. Vivero-Pol, Ferrando, T., De Schutter, O., & Mattei, U. (Eds.), *Routledge Handbook of Food as a Commons.* Routledge. | 4 |
| 15. | Vávra, J., Daněk, P., & Jehlička, P. | 2018 | What is the contribution of food self-provisioning towards environmental sustainability? A case study of active gardeners | *Journal of Cleaner Production, 185*, 1015–1023 | 36 |
| 16. | Vávra, J., Megyesi, B., Duží, B., Craig, T., Klufová, R., Lapka, M., & Cudlínová, E. | 2018 | Food Self-provisioning in Europe: An Exploration of Sociodemographic Factors in Five Regions | *Rural Sociology, 83*(2), 431–461 | 28 |
| 17. | Kirkpatrick, J. B., & Davison, A. | 2018 | Home-grown: Gardens, practices and motivations in urban domestic vegetable production | *Landscape and Urban Planning, 170*, 24–33 | 47 |
| 18. | Yotova, M. | 2018 | The “goodness” of homemade yogurt: Self-provisioning as sustainable food practices in post-socialist Bulgaria | *Local Environment, 23*(11), 1063–1074 | 12 |
| 19. | Ančić, B., Domazet, M., & Župarić-Iljić, D. | 2019 | “For my health and for my friends”: Exploring motivation, sharing, environmentalism, resilience and class structure of food self-provisioning | *Geoforum, 106,* 68–77 | 20 |
| 20. | Pulighe, G., & Lupia, F | 2019 | Multitemporal Geospatial Evaluation of Urban Agriculture and (Non)-Sustainable Food Self-Provisioning in Milan, Italy | *Sustainability*, *11*(7), 1846 | 14 |
| 21. | Pungas, L. | 2019 | Food self-provisioning as an answer to the metabolic rift: The case of ‘Dacha Resilience’ in Estonia | *Journal of Rural Studies, 68*, 75–86 | 23 |
| 22. | Jehlička, P., Daněk, P., & Vávra, J. | 2019 | Rethinking resilience: Home gardening, food sharing and everyday resistance | *Canadian Journal of Development Studies / Revue Canadienne d’études Du Développement, 40*(4), 511–527 | 31 |
| 23. | Sovová, L., & Krylová, R. | 2019 | The countryside in the city? Rural-urban dynamics in allotment gardens in Brno, Czech Republic | *Moravian Geographical Reports, 27*(2), 108–121 | 16 |
| 24. | Sovová, L., & Veen, E. J. | 2020 | Neither Poor nor Cool: Practising Food Self-Provisioning in Allotment Gardens in the Netherlands and Czechia | *Sustainability, 12*(12), 5134 | 22 |
| 25. | Feola, G., Suzunaga, J., Soler, J., & Wilson, A. | 2020 | Peri-urban agriculture as quiet sustainability: Challenging the urban development discourse in Sogamoso, Colombia | *Journal of Rural Studies, 80*, 1–12 | 19 |
| 26. | Hendrickson, M. K., Massengale, S. H., & Cantrell, R. | 2020 | “No money exchanged hands, no bartering took place. But it’s still local produce”: Understanding local food systems in rural areas in the U.S. Heartland | *Journal of Rural Studies, 78,* 480–490 | 7 |
| 27. | Palmioli, L., Grando, S., Di Iacovo, F., Fastelli, L., Galli, F., Prosperi, P., Rovai, M., & Brunori, G. | 2020 | Small farms’ strategies between self-provision and socio-economic integration: Effects on food system capacity to provide food and nutrition security | *Local Environment, 25*(1), 43-56 | 13 |
| 28. | Edmondson, J. L., Childs, D. Z., Dobson, M. C., Gaston, K. J., Warren, P. H., & Leake, J. R. | 2020 | Feeding a city – Leicester as a case study of the importance of allotments for horticultural production in the UK | *Science of The Total Environment, 705,* 135930 | 27 |
| 29. | Piras, S. | 2020 | Home-grown food and the benefits of sharing: The “intergenerational pact” in postsocialist Moldova | *Journal of Agrarian Change, 20*(3), 460–484 | 6 |
| 30. | Pinto-Correia, T., Rivera, M., Guarín, A., Grivins, M., Tisenkopfs, T., & Hernández, P. A. | 2021 | Unseen food: The importance of extra-market small farm’s production for rural households in Europe | *Global Food Security, 30*, 100563 | 6 |
| 31. | Sovová, L., Jehlička, P., & Daněk, P. | 2021 | Growing the beautiful Anthropocene: Ethics of care in east European food gardens | *Sustainability*, *13*(9), 5193 | 10 |
| 32. | Vávra, J., Smutná, Z., & Hruška, V. | 2021 | Why I Would Want to Live in the Village If I Was Not Interested in Cultivating the Plot? A Study of Home Gardening in Rural Czechia | *Sustainability*, *13*(2), 706 | 6 |
| 33. | Jehlička, P., Ančić, B., Daněk, P., & Domazet, M. | 2021 | Beyond hardship and joy: Framing home gardening on insights from the European semi-periphery. | *Geoforum, 126*, 150–158 | 4 |
| 34. | Ivanova, T., Bosseva, Y., Chervenkov, M., & Dimitrova, D. | 2021 | Enough to Feed Ourselves! —Food Plants in Bulgarian Rural Home Gardens | *Plants, 10*(11), 2520 | 12 |
| 35. | Córdoba, D., Peredo, A. M., & Chaves, P. | 2021 | Shaping alternatives to development: Solidarity and reciprocity in the Andes during COVID-19. | *World Development*, *139*, 105323 | 18 |
| 36. | [Š](https://www.scopus.com/authid/detail.uri?origin=resultslist&authorId=57220117799&zone=)iftová, J. | 2021 | Food self-provisioning motivations revisited: Czech home gardens and their food production | *Geografie-Sbornik CGS, 126*(2), 149-167 | 2 |
| 37. | Svobodová, I., Drlík, J., Spěšná, D., & Delín, M. | 2021 | Food Self-Provisioning in the Czech Republic – A Comparison of Suburban and Peripheral Regions of Rural South Moravia | *European Countryside, 13*(3), 516–535 | 1 |
| 38. | Hernández, H. E., Gutiérrez, G. A., Gutiérrez-Montes, I., Suárez, J. C., Andrade, H. J., Bernal, A. P., Casanoves, F., & Flora, C. B. | 2022 | How Close Are We to Self-Provisioning? A Look at the Livelihood Strategies of Rural Households in the Southern Andean Region of Colombia | *Sustainability, 14*(5), 2504 | 0 |
| 39. | Konstantinidis, C. | 2022 | Food insecurity, austerity, and household food production in Greece, 2009–2014 | *Review of Social Economy, 0*(0), 1–39 | 0 |
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|  | Web of Science | | | | |
|  | **Author(s)** | **Year** | **Publication Title** | **Publication details** | **Web of Science citations (24 March 2023)** |
| 40. | Krstić, N., Derado, A., Naterer, A., & Kumalić, I. | 2017 | Small Farmers in Four Southeast European Countries. A Qualitative Analysis of Life Strategies in Twenty-Five Agricultural Households | *Südosteuropa, 65*(3), 565-588 | 3 |
| 41. | Petridis, P., & Huber, J. | 2017 | A Socio-metabolic Transition of Diets on a Greek Island: Evidence of "Quiet Sustainability" | E. Fraňková, Haas, W., & Singh, S.J., (Eds.), *Socio-Metabolic Perspectives on the Sustainability of Local Food Systems: Insights for Science, Policy and Practice*. Springer, Cham. | 7 |
| 42. | Mincytė, D., Bartkienė, A., & Bikauskaitė, R | 2020 | Diverging temporalities of care work on urban farms: Negotiating history, responsibility, and productivity in Lithuania | *Geoforum*, *115*, 44-53 | 11 |
| 43. | Pungas, L. | 2020 | Caring Dachas: Food Self-provisioning in Eastern Europe Through the Lens of Care | A. Nelson & F. Edwards (Eds.), *Food for Degrowth: Perspectives and Practices*. Routledge | 6 |
| 44. | Daněk, P., & Jehlička, P. | 2020 | Quietly degrowing: Food self-provisioning in Central Europe | A. Nelson & F. Edwards (Eds.), *Food for Degrowth: Perspectives and Practices*. Routledge | 3 |