**Supplementary Table 1. Multivariable logistic regression analysis of the association between psychological services use and multi-class psychotropica medication useb (n=3,366).**

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| --- | --- | --- |
|  | OR (95% CI) | p value |
| Unadjusted Model | 0.71 (0.56- 0.91) | **P= 0.006** |
| Fully Adjusted Modelc | 0.80 (0.60- 1.07) | P=0.133 |
| Fully Adjusted Modeld | 0.79 (0.58- 1.06) | P= 0.116 |
| Fully Adjusted Modele | 0.80 (0.59- 1.08) | P=0.151 |

a Multiple class psychotropic medications were prescribed in a period of six months, however not necessarily simultaneously

b The reference group is patients who have received one psychotropic medication

c Model adjusted for age, gender, ethnicity, comorbid serious mental illness diagnosis include ICD 10: F20, F25, F31, inpatient stay during the observation window and Honos score

d Fully adjusted model where Honos was obtained within a year of receiving a personality disorder diagnosis

e Fully adjusted model where analysis was restricted to patients who have had their most recent personality disorder diagnosis within the last 2 years