**Appendix 1: Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist**

Developed from:

Tong A, Sainsbury P, Craig J. Consolidated criteria for reporting qualitative research (COREQ): a 32-item checklist for interviews and focus groups. *International Journal for Quality in Health Care*. 2007. Volume 19, Number 6: pp. 349 – 357

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| **No. Item**  | **Guide questions/description** | **Reported on Page #** |
| **Domain 1: Research team and reﬂexivity**  |  |  |
| *Personal Characteristics*  |  |  |
| 1. Inter viewer/facilitator | Which author/s conducted the interview or focus group?  | Karen Lascelles |
| 2. Credentials | What were the researcher’s credentials?  | MSc; doctoral student |
| 3. Occupation | What was their occupation at the time of the study?  | Mental Health Nurse |
| 4. Gender | Was the researcher male or female?  | Female |
| 5. Experience and training | What experience or training did the researcher have?  | MSc Clinical Research; extensive clinical experience; interview techniques. |
| *Relationship with participants*  |  |  |
| 6. Relationship established | Was a relationship established prior to study commencement?  | No |
| 7. Participant knowledge of the interviewer  | What did the participants know about the researcher? e.g. personal goals, reasons for doing the research  | Professional role – mental health nurse, researcher role in this study |
| 8. Interviewer characteristics | What characteristics were reported about the inter viewer/facilitator? e.g. Bias, assumptions, reasons and interests in the research topic  | None reported. Researcher was also a mental health nurse. |
| **Domain 2: study design**  |  |  |
| *Theoretical framework*  |  |  |
| 9. Methodological orientation and Theory  | What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis  | Descriptive, inductive phenomenological approach.  |
| *Participant selection*  |  |  |
| 10. Sampling | How were participants selected? e.g. purposive, convenience, consecutive, snowball  | Purposive sample |
| 11. Method of approach | How were participants approached? e.g. face-to-face, telephone, mail, email  | Face to face |
| 12. Sample size | How many participants were in the study?  | 12 |
| 13. Non-participation | How many people refused to participate or dropped out? Reasons?  | 25 did not respond to invitation to participate or declined. Reasons not obtained |
| *Setting* |  |  |
| 14. Setting of data collection | Where was the data collected? e.g. home, clinic, workplace  | Clinic and telephone/Skype/Facetime |
| 15. Presence of non-participants | Was anyone else present besides the participants and researchers?  | No  |
| 16. Description of sample | What are the important characteristics of the sample? e.g. demographic data, date  | See manuscript p9 |
| *Data collection*  |  |  |
| 17. Interview guide | Were questions, prompts, guides provided by the authors? Was it pilot tested?  | Guide not attached. Guide was pilot tested.  |
| 18. Repeat interviews | Were repeat interviews carried out? If yes, how many?  | Three (8 participants completed all three; 4 participants completed 2/3) |
| 19. Audio/visual recording | Did the research use audio or visual recording to collect the data?  | Audio recording |
| 20. Field notes | Were ﬁeld notes made during and/or after the inter view or focus group? | Yes  |
| 21. Duration | What was the duration of the interviews or focus group?  | Between 20 and 90 minutes |
| 22. Data saturation | Was data saturation discussed?  | No |
| 23. Transcripts returned | Were transcripts returned to participants for comment and/or correction?  | See manuscript p8 |
| **Domain 3: analysis and ﬁndings**  |  |  |
| *Data analysis*  |  |  |
| 24. Number of data coders | How many data coders coded the data?  | Two (KL, FB) |
| 25. Description of the coding tree | Did authors provide a description of the coding tree?  | No |
| 26. Derivation of themes | Were themes identiﬁed in advance or derived from the data?  | Derived from data  |
| 27. Software | What software, if applicable, was used to manage the data?  | NVIVO version 11 |
| 28. Participant checking | Did participants provide feedback on the ﬁndings?  | No  |
| *Reporting*  |  |  |
| 29. Quotations presented | Were participant quotations presented to illustrate the themes/ﬁndings? Was each quotation identiﬁed? e.g. participant number  | Yes |
| 30. Data and ﬁndings consistent | Was there consistency between the data presented and the ﬁndings?  | Yes |
| 31. Clarity of major themes | Were major themes clearly presented in the ﬁndings?  | Yes |
| 32. Clarity of minor themes | Is there a description of diverse cases or discussion of minor themes?  | See manuscript results section |