Checklist for doffing PPE

Step to check off	Activity	Location of activity	Detail	
1	Remove gown and gloves first Roll gown into itself, peeling off gloves at same time. Hold gown away from your body and discard in regular waste	Do this in doorway inside the room or in anteroom if available		
2	Perform Hand hygiene		Use hand sanitizer	
3	Remove and discard face shield or goggles. Avoid touching front of face shield or goggles Discard in regular waste	Do this in doorway inside the room or in anteroom if available	Remove face shield by grasping sides of strap and then pull forward over head	Remove goggles by grasping sides and pull away from your face
4 🗆	Perform Hand hygiene		Use hand sanitizer	
5 🗆	Remove and discard N-95 respiratory. Avoid touching front of N95 Discard in regular waste	Outside of patient room or anteroom		
6	Perform Hand hygiene	Outside of room	Perform hand hygien hand rub or soap and	