Supplementary Table 1 Characteristics of included primary papers

| Author/Date | Location | Participant | Setting | Study |
| --- | --- | --- | --- | --- |
| Tierney21 | 2008 | UK | 10 I’ED | Anorexia Nervosa  | 11–18 Years (Y) | In-patient (mental health) | Semi-Structured (SS) Interviews |
| Rie *et al*22 | 2006 | Netherlands | 148 I’ED | Mixed ED | 16 Y > | Community  | Questionnaires |
| Clinton *et al*23 | 2014 | Sweden  | 11 I’ED | Female; Mixed ED | 19–34Y | Drop-in specialist centre  | SS Interviews |
| Linville *et al*24 | 2012 | USA | 22 I’ED | Female; Mixed ED; Recovered | 23–55Y | Recovered patients  | Interviews |
| Robinson *et al*25 | 2012 | UK  | 8 I’ED | Males; Mixed ED | Adults  | 2x specialist ED centres | Interviews |
| Bravender *et al*26 | 2016 | USA | 23 I’ED;32 F/F’ED | Male & Female | 9–21Y | In-patient (medical child hospital) | InterviewsQuestionnaires |
| Sheridan & McArdle27  | 2016 | Ireland  | 14 I’ED | 9 In treatment 3 discharged | 18–31Y | 2x specialist ED centres  | SS Interviews |
| Boughtwood & Halse28 | 2010 | Australia  | 25 I’ED | Anorexia Nervosa | Adolescent | 2x hospital settings  | In-depth (ID) Interviews |
| van Ommen J *et al*29 | 2009 | USA | 13 I’ED | Anorexia Nervosa | Adolescents  | In-patient ED unit  | Interviews  |
| Rosenvinge & Klusmeier30 | 2000 | Norway  | 321 I’ED | Mixed ED | Adults | Community  | Questionnaire |
| Reid *et al*31 | 2008 | UK  | 20 I’ED | Male & Female; Anorexia & Bulimia Nervosa | 17–41Y | Out-patient | SS Interviews |
| Gulliksen *et al*32 | 2015 | Norway  | 34 I’ED | Female  | 18–51Y | Out-patient and In-patient | ID Interviews |
| Gullisken *et al*33 | 2012 | Norway  | 34 I’ED | Female | 18–51 Y | Out-patient and In-patient | ID Interviews |
| Nilsson & Hagglof34 | 2006 | Sweden  | 68 I’ED | Male & Female; Anorexia Nervosa | Adult | In-patient (Child) | Interviews |
| Zugai *et al*35 | 2013 | Australia  | 8 I’ED | Male & Female; recovered ED | 12–18Y | In-patient (in General wards)  | SS Interviews |
| Federici & Kaplan36  | 2008 | Canada  | 15 I’ED | Female; Anorexia Nervosa; Recovered  | Adults | General ward | ID Interviews |
| Fox & Diab37 | 2015 | UK | 6 I’ED | Anorexia Nervosa | 19–50Y | In-patient ED unit  | Interviews |
| Smith *et al*38 | 2016 | UK | 21 I’ED | Female | Adults | In-patient specialist adult ED unit  | Interviews |
| Escobar-Koch *et al*39 | 2010 | UK/USA | 294 I’ED | Male & female  | Adults | Community  | Questionnaire |
| Swain-Campbell *et al*40 | 2001 | New Zealand  | 120 I’ED | Females; Mixed ED | Adults | In-patient EDs  | Questionnaire |
| Dimitropoulous *et al*41 | 2015 | Canada  | 15 I’ED | Anorexia & Bulimia Nervosa | 17–21Y | In-patient (Child & Adult EDs)  | Interviews |
| Pettersen & Rosenvinge42 | 2002 | Norway  | 48 I’ED | Female; Anorexia & Bulimia Nervosa | 20–38Y | University ED Services  | Interviews |
| Grange & Gelman43 | 1998 | USA | 21 I’ED | Female; Anorexia & Bulimia Nervosa | 14–19Y | University ED services  | Interviews |
| Lindstedt *et al*44 | 2015 | Sweden  | 15 I’ED | Anorexia Nervosa/EDNOS | 13–18Y | 4× Specialist ED units  | Interviews |
| Walker & Lloyd45 | 2011 | Australia  | 6 PWED | Female; Anorexia & Bulimia Nervosa | Adults  | Care managed  | Focus groups  |
| Paulson-Karlsson & Nevonen46  | 2012 | Sweden | 15 I’ED | Female; Anorexia Nervosa /EDNOS | 18–25Y | Out-patient ED unit  | Interviews |
| Colton & Pistrang47  | 2004 | UK | 19 I’ED | Female  | 12–17Y | 2× in-patient ED  | SS Interviews |
| Zaitsoff *et al*48 | 2016 | Canada | 21 I’ED | Female; Anorexia Nervosa | Adolescents | Out-patient and In-patient | SS Interviews |
| Offord *et al*49 | 2006 | UK | 7 I’ED | Anorexia Nervosa  | 16–23Y | In-patient (general, adolescent)  | SS Interviews |
| Rance *et al*50 | 2015 | UK | 12 I’ED | Anorexia Nervosa  | Adult  | Out-patient and In-patient | SS Interviews |
| Clinton *et al*51 | 2004 | Sweden  | 469 I’ED | Female; Mixed ED | 18–51Y | Community  | Questionnaire |
| Schoen *et al*52 | 2012 | USA  | 6 I’ED | Female; Mixed ED | 18–30Y | Mixed settings  | Interview |
| Evans *et al*53 | 2011 | Australia  | 57 I’ED | Female  | Adult  | Community  | Interview |
| Halvorsen & Heyerdah54 | 2007 | Norway | 46 I’ED;59 F/F’ED | Female; Anorexia Nervosa | Adolescent (PWED)  | In-Patient (mental health child & adult)  | QuestionnaireInterview |
| Roots *et al*55 | 2009 | UK | 215 I’ED;F/F’ED | Anorexia Nervosa | Adolescents & parents  | In-Patient (mental health child & adult) | QuestionnaireFocus groups |
| McMaster *et al*56 | 2004 | Australia  | 22 F/F’ED | 19 mothers; 3 fathersAnorexia & Bulimia Nervosa |  N/A | Community  | Interview |
| Winn *et al*57 | 2004 | UK  | 20 F/F’ED | Bulimia Nervosa (I’ED)15 parents/5 partners | N/A | Community  | SS Interview |
| McCormack & McCann58  | 2015 | Ireland  | 10 F/F’ED | 7 mothers/3 fathers | N/A | Out-Patient | SS Interview |
| Honey *et al*59 | 2008 | Australia  | 24 F/F’ED | Male & female  | N/A | Private practice adolescent unit  | ID Interview |
| Tierney60  | 2005 | UK | 12 F/F’ED | Anorexia Nervosa | N/A | In-Patient & Out-Patient  | SS Interview |
| Cohn61  | 2005 | USA | 17 F/F’ED | Parents  | N/A | Online  | Essays |
| Haigh & Treasure62 | 2003 | UK | 12 F/F’ED | Carers [Anorexia Nervosa] | N/A | Eating Disorder unit  | QuestionnaireFocus groups |
| Reid *et al*63 | 2010 | UK | 18 HP | N/A | N/A | HPs Specialist EDs: psychiatrist, psychologist, Occupational Therapist, GPs, General ward staff, dietician, private staff  | SS Interview |
| Currin *et al*64 | 2009 | UK | 82 HP | N/A | N/A | Primary care physicians  | Questionnaire |
| Bannatyne & Stapleton65  | 2016 | Australia  | 126 HP | N/A | N/A | Student Health Professionals (41 medical/85 psychology) | Questionnaire |
| Burket & Schramm66 | 1995 | USA | 90 HP | N/A | N/A | Therapists  | Questionnaire |
| Boule & McSherry67  | 2002 | Canada  | 236 HP | N/A | N/A | Family physicians  | Questionnaire |
| King & Turner68  | 2000 | Australia | 5 HP | N/A | N/A | Nurses  | ID Interview |
| Linville *et al*69 | 2010 | USA | 183 HP | N/A | N/A | GP/physician, nurse, paediatrics, obstetricians, gynaecologist  | QuestionnaireInterview |
| Linville *et al*70 | 2012 | USA | 260 HP | N/A | N/A | Family physicians, nurses  | Questionnaire |
| Walker & Lloyd71 | 2011 | Australia  | 15 HP | N/A | N/A | MDs, MH nurses, OTs, social workers, psychologists, psychiatrists  | Focus groups |
| Vanderlinden *et al*72 | 2007 | Belgium  | 132 I’ED49 HPs | Male & female I’EDs;Mixed ED | N/A | In-patient and out-patient & therapists (nurses, psychologists, psychiatrists, counsellors, dieticians, medics) | Questionnaire |
| Jones *et al*73 | 2013 | UK | 126 HP | N/A | N/A | Mixed grade psychiatrists  | Questionnaire |
| Masson *et al*74 | 2009 | Canada  | 7 HP | N/A | N/A | Clinicians in in-patient ED unit: nurses, dietician, psychologist  | ID Interview |
| Johnston *et al*75 | 2007 | UK | 11 HP111I’ED  | Female (I’EDs) | 16–35Y | GP practices, antenatal clinics, health visitor | InterviewQuestionnaire |
| Anderson *et al*76 | 2016 | USA | 80 HP | N/A | N/A | Physician residents/fellows  | Questionnaire |
| Banas *et al*77 | 2013 | USA | 1014 HP | N/A | N/A | Family, child & internal medicine, and residency  | Questionnaire |
| Johansson *et al*78 | 2015 | Norway  | 1522 HP | N/A | N/A | Dentists (general, private and consultant) | Questionnaire |
| Ramjam79 | 2004 | Australia | 10 HP | N/A | N/A | Nurses on acute ward in children’s hospital  | SS Interview |
| Girz *et al*80 | 2014 | Canada  | 880 HP | N/A | N/A | Student medics: Family, child, internal, emergency, psychiatry, obstetrics, and gynaecology  | Questionnaire |
| Hay *et al*81 | 2007 | Australia  | 301 HP | N/A | N/A | Dietician, psychologists & counsellors  | Questionnaire |
| Ryan *et al*82 | 2006 | Australia  | 15 HP | N/A | N/A | Nurses In-patients  | Interview |
| Hunt & Churchill83 | 2013 | UK | 12 HP | N/A | N/A | GPs | Focus groups  |

Key Abbreviations: I’ED, individual with ED; F/F’ED, Family/Friends who care for people with ED; HP, health professionals.