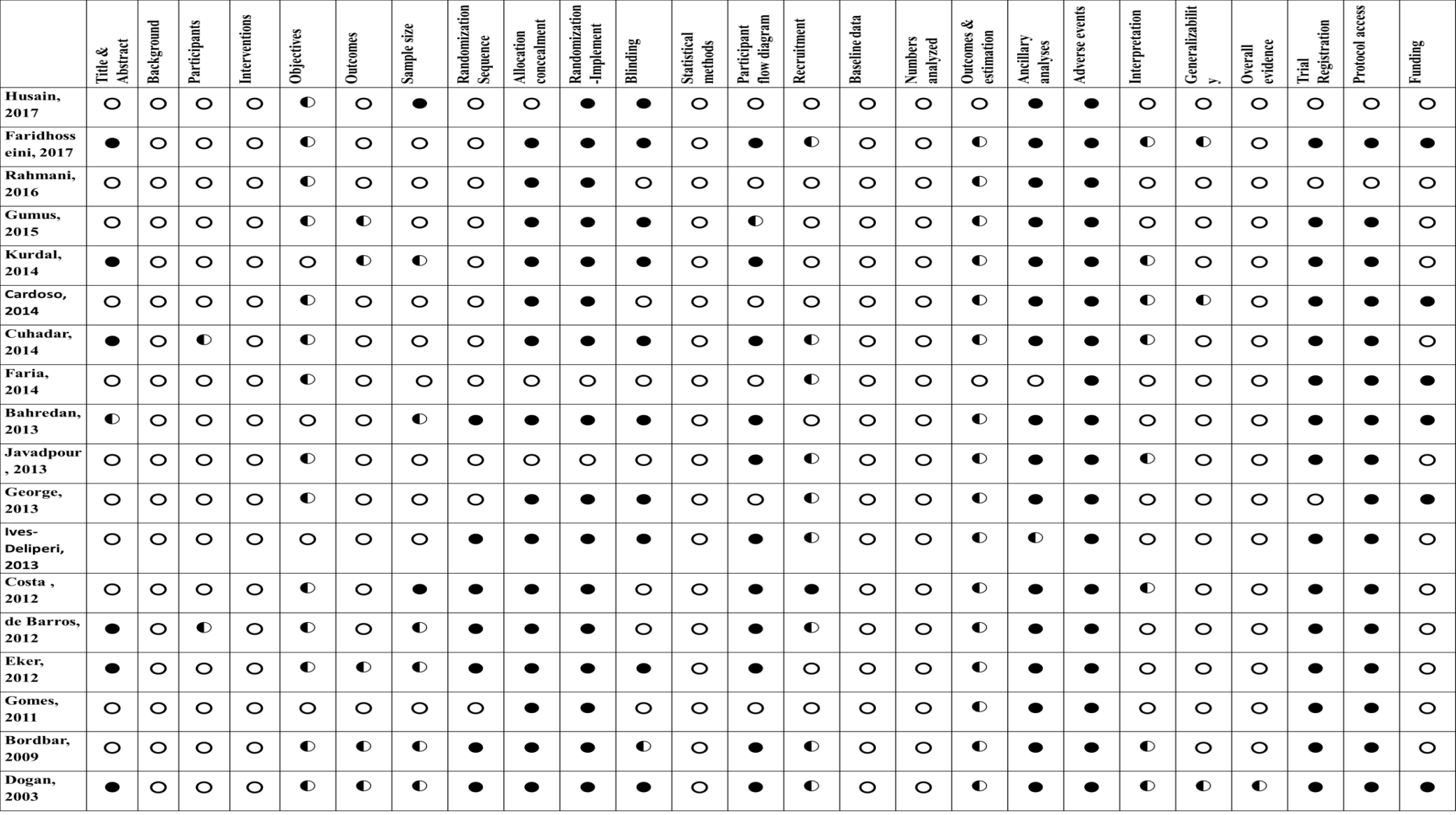
**Additional file 4: Summary of Quality of reporting of the reviewed studies based on CONSORT checklist**



● **=not reported;** ◐**= if partial reported and;** ○=**fully reported**