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| **Table 1. Logistic regressions for recovery, reliable improvement, and reliable recovery in the anxiety and depression co-morbid sample** |
|  | **Recovery** | **Reliable Improvement** | **Reliable Recovery** |
| **Characteristic (referent)** | B | Std. Err | *eB* | B | Std. Err | *eB* | B | Std. Err | *eB* |
| Age | -0.00 | 0.02 | 1.00 |  0.02 | 0.02 | 1.01 |  0.00 | 0.03 | 1.00 |
| Gender (Male) |  |  |  |  |  |  |  |  |  |
| Female | -0.29\* | 0.10 | 0.75 | -0.13 | 0.10 | 0.88 | -0.18 | 0.11 | 0.84 |
| Ethnicity (White) |  |  |  |  |  |  |  |  |  |
| Black |  0.49 | 0.28 | 1.63 |  0.26 | 0.28 | 1.29 |  0.32 | 0.29 | 1.37 |
| Asian | -0.32 | 0.30 | 0.73 | -0.17 | 0.30 | 0.84 | -0.43 | 0.36 | 0.65 |
| Mixed |  0.08 | 0.25 | 1.09 | -0.23 | 0.27 | 0.80 | -0.07 | 0.29 | 0.94 |
| Other |  0.13 | 0.31 | 1.14 | -0.36 | 0.34 | 0.70 | -0.03 | 0.36 | 0.97 |
| Not Stated/Missing | -0.13 | 0.09 | 0.88 | -0.15 | 0.09 | 0.86 | -0.14 | 0.10 | 0.87 |
|  |  |  |  |  |  |  |  |  |  |
| Model X2 | 16.10 p. = 0.02 | 7.54 p. = 0.37 | 7.53 p. = 0.38 |
| Pseudo R2 | 0.01 |  |  | 0.00 |  |  | 0.00 |  |  |
| Note. N=2,635. \* indicates significance at *p* < .0167 (threshold based on Bonferroni correction) |

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| **Table 2. Logistic regressions for recovery, reliable improvement, and reliable recovery in the anxiety only sample** |
|  | **Recovery** | **Reliable Improvement** | **Reliable Recovery** |
| **Characteristic (referent)** | B | Std. Err | *eB* | B | Std. Err | *eB* | B | Std. Err | *eB* |
| Age | -0.06 | 0.03 | 0.95 |  0.03 | 0.03 | 1.03 |  0.03 | 0.03 | 1.03 |
| Gender (Male) |  |  |  |  |  |  |  |  |  |
| Female | -0.15 | 0.13 | 0.86 | -0.07 | 0.13 | 0.93 | -0.13 | 0.13 | 0.88 |
| Ethnicity (White) |  |  |  |  |  |  |  |  |  |
| Black |  0.69 | 0.52 | 1.99 |  0.26 | 0.46 | 1.89 |  0.87 | 0.46 | 2.39 |
| Asian | -0.22 | 0.47 | 0.80 | -0.17 | 0.47 | 0.99 |  0.01 | 0.47 | 1.01 |
| Mixed | -0.47 | 0.38 | 0.63 | -0.23 | 0.38 | 0.94 | -0.39 | 0.39 | 0.67 |
| Other |  0.67 | 0.52 | 1.96 | -0.36 | 0.44 | 0.78 | -0.20 | 0.45 | 0.82 |
| Not Stated/Missing | -0.27 | 0.13 | 0.77 | -0.15 | 0.13 | 0.93 | -0.20 | 0.13 | 0.82 |
|  |  |  |  |  |  |  |  |  |  |
| Model X2 | 17.33 p. = 0.02 | 4.41 p.=0.73 | 9.97 p. = 0.19 |
| Pseudo R2 | 0.02 |  |  | 0.01 |  |  | 0.01 |  |  |
| Note. N=1,208. \* indicates significance at *p* < .0167 (threshold based on Bonferroni correction) |

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| **Table 3. Logistic regressions for recovery, reliable improvement, and reliable recovery in the depression only sample** |
|  | **Recovery** | **Reliable Improvement** | **Reliable Recovery** |
| **Characteristic (referent)** | B | Std. Err | *eB* | B | Std. Err | *eB* | B | Std. Err | *eB* |
| Age | -0.02 | 0.05 | 0.98 | -0.01 | 0.05 | 0.99 | -0.02 | 0.05 | 0.98 |
| Gender (Male) |  |  |  |  |  |  |  |  |  |
| Female |  0.37 | 0.18 | 1.45 |  0.42 | 0.18 | 1.53 | -0.36 | 0.18 | 1.43 |
| Ethnicity (White) |  |  |  |  |  |  |  |  |  |
| Black |  1.36 | 0.64 | 3.91 |  1.02 | 0.50 | 2.79 |  1.16 | 0.50 | 3.20 |
| Asian |  0.30 | 0.54 | 1.03 |  0.30 | 0.53 | 1.36 |  0.45 | 0.53 | 1.56 |
| Mixed | -0.14 | 0.56 | 0.87 | -0.45 | 0.57 | 0.64 | -0.65 | 0.61 | 0.52 |
| Other | -0.42 | 0.50 | 0.66 | -0.10 | 0.51 | 0.91 |  0.03 | 0.51 | 1.03 |
| Not Stated/Missing | -0.36 | 0.18 | 0.70 | -0.15 | 0.19 | 0.86 | -0.10 | 0.19 | 0.90 |
|  |  |  |  |  |  |  |  |  |  |
| Model X2 | 16.10 p. = 0.02 | 12.49 p.=0.09 | 12.87 p. = 0.08 |
| Pseudo R2 | 0.03 |  |  | 0.03 |  |  | 0.03 |  |  |
| Note. N=621. \* indicates significance at *p* < .0167 (threshold based on Bonferroni correction) |