# Supplementary Material

*Appendix 1*

*Table 2: List of Themes*

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| **Theme** | **Papers** |
| Diagnostic Reliability | Adaji A, Fortney J. 2017. Telepsychiatry in Integrated Care Settings. *Focus, The Journal of Lifelong Learning in Psychiatry.* **15:**257-263.  Amirsadri A, Burns J, Pizzuti A, Arfken CL. 2017. Home-Based Telepsychiatry in US Urban Area. *Case Reports in Psychiatry.* **2017:**6296423.  Balon R, Beresin EV, Coverdale JH, Louie AK, Roberts LW. Strengthening  telepsychiatry's role in clinical care and education. *Academic Psychiatry. 2015;*  **39**: 6-9  Bashshur RL, Shannon GW, Bashshur N, Yellowlees PM. 2016. The  Empirical Evidence for Telemedicine Interventions in Mental Disorders. *Telemedicine and e-Health.*  **22**:87-113  Bishop J.E., O’Reilly R.L., Maddox K., Hutchinson L.J. 2002. Client satisfaction in a feasibility study comparing face-to-face interviews with telepsychiatry. *Journal of telemedicine and telecare*. **8**: 217-221  Boydell KM, Hodgins M, Pignatiello A, Teshima J, Edwards H, Willis D. 2014. Using technology to deliver mental health services to children and youth: a scoping review. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*. **23**:87-99.  Campbell R, O'Gorman J, Cernovsky ZZ. 2015. Reactions of Psychiatric Patients to Telepsychiatry. *Mental Illness Journal.* **7**: 6101.  Chakrabarti S. 2015. Usefulness of telepsychiatry: A critical evaluation of videoconferencing-based  approaches. *World Journal of Psychiatry.* **22:** 286-304.  Chipps J, Brysiewicz P, Mars M. 2012. Effectiveness and feasibility of telepsychiatry in resource constrained environments? A systematic review of the evidence. *African Journal of Psychiatry.* **15**: 235-43.  Chipps J, Ramlall S, Madigoe T, King H, Mars M. 2012. Developing telepsychiatry services in KwaZulu-Natal -- an action research study. *African Journal of Psychiatry*. **15:** 255-63.  De Las Cuevas C, A.J, De La Fuente J., Serrano P. 2003. Telepsychiatry in the Canary Islands: user acceptance and satisfaction. *Journal of Telemedicine and Telecare.* **9**: 221-4.  Deslich S, Stec B, Tomblin S, Coustasse A. 2013. Telepsychiatry  in the 21(st) century: transforming healthcare with technology. *Perspectives in Health Information Management.* **10:** 1f.  Diamond, J.M., Bloch, R.M. 2010. Telepsychiatry assessments of child or adolescent behavior disorders: A review of evidence and issues. *Telemedicine and e-Health.* **16:** 712-716  Gammon D, Bergvik S, Bergmo T, Pedersen S.1996. Videoconferencing  in psychiatry: a survey of use in northern Norway. *Journal of Telemedicine and Telecare.* **2:** 192-198.  Elford DR, White H, St John K, Maddigan B, Ghandi M, Bowering R. 2001. A prospective satisfaction study and cost analysis of a pilot child telepsychiatry service in Newfoundland. *Journal of Telemedicine and Telecare.* **7:** 73-81.  Elford R., White H., Bowering R., Ghandi A., Maddiggan B., St John K., House M., Harnett J., West R., Battcock A. 2000. A randomized, controlled trial of child psychiatric assessments conducted using videoconferencing. *Journal of telemedicine and telecare.* **6:** 73-82  Glueck DA. 2011. Telepsychiatry in private practice. *Child and Adolescent Psychiatric Clinics of North America*. **20**: 1-11.  Green AS, Ruchman SG, Katz CL, Singer EK. 2020. Piloting forensic tele-mental health evaluations of asylum seekers. *Psychiatry Research*. **291**: 113256.  Gunter, T.D, Srinivasaraghavan, J. Terry, N.P. 2003. Misinformed Regulation of Electronic Medicine Is Unfair to Responsible Telepsychiatry. *Journal of the American Academy of Psychiatry and the Law.* **31:** 10-14.  Grosch, M.C., Gottlieb, M.C., Cullum, C.M. 2011. Initial practice recommendations for teleneuropsychology. *The Clinical Neuropsychologist*. **25:** 1119-1133.  Hailey D, Jacobs P, Simpson J, Doze S. 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| Outcomes | Aboujaoude, E., Gega. 2020. From digital mental health interventions to digital "addiction": Where the two fields converge. *Frontiers in Psychiatry.* 10.  Abrams J, Sossong S, Schwamm LH, Barsanti L, Carter M, Kling N, Kotarski M, Leddy J, Meller B, Simoni M, Sullivan M, Wozniak J. 2017. Practical Issues in Delivery of Clinician-to-Patient Telemental Health in an Academic Medical Center. *Harvard Review of Psychiatry.* **25**:135-145.  Adaji A, Fortney J. 2017. Telepsychiatry in Integrated Care Settings. *Focus, The Journal of Lifelong Learning in Psychiatry.* **15:**257-263.  American Academy of Child and Adolescent Psychiatry (AACAP) Committee on Telepsychiatry and AACAP Committee on Quality Issues. 2017. Clinical update: Telepsychiatry with children and adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry.* **56**: 875-893  Barrera-Valencia C, Benito-Devia AV, Vélez-Álvarez C, Figueroa-Barrera M, Franco-Idárraga SM. 2017. 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Effectiveness and feasibility of telepsychiatry in resource constrained environments? A systematic review of the evidence. *African Journal of Psychiatry.* **15**: 235-43.  Caudill, R.L., Sager, Z. 2015. Institutionally based videoconferencing. *International Review of Psychiatry*. **27:** 496-503.  Chipps J, Ramlall S, Madigoe T, King H, Mars M. 2012. Developing telepsychiatry services in KwaZulu-Natal -- an action research study. *African Journal of Psychiatry*. **15:** 255-63.  Chong, J., Moreno, F. 2012. Feasibility and acceptability of clinic-based telepsychiatry for low-income Hispanic primary care patients. *Telemedicine and e-Health.* **18**: 297-304  American Academy of Child and Adolescent Psychiatry (AACAP) Committee on Telepsychiatry and AACAP Committee on Quality Issues. 2017. Clinical Update: Telepsychiatry With Children and Adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry.* **56:** 875-893  Cowan KE, McKean AJ, Gentry MT, Hilty DM. 2019. Barriers to Use of Telepsychiatry: Clinicians as Gatekeepers. *Mayo Clinic Proceedings.* **94:** 2510-2523.  Crowe T, Jani S, Jani S, Jani N, Jani R. 2016. A pilot program in rural telepsychiatry for deaf and hard of hearing  populations. *Heliyon*. **2**: e00077  Deslich S, Stec B, Tomblin S, Coustasse A. Telepsychiatry in the 21(st) century: transforming healthcare with technology. *Perspectives in Health Information Management. 2013;* **10:** 1f.  Deslich SA, Thistlethwaite T, Coustasse A. 2013. Telepsychiatry  in correctional facilities: using technology to improve access and decrease  costs of mental health care in underserved populations. *The Permanente Journal* **17:** 80-86.  Detweiler MB, Arif S, Candelario J, Altman J, Murphy PF, Halling MH, Detweiler JG, Vasudeva S. 2011. A telepsychiatry transition clinic: the first 12 months  experience. *Journal of Telemedicine and Telecare.* **17:** 293-297.  Diamond, J.M., Bloch, R.M. 2010. 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## *Appendix 2 Table 3: Table of Results*

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| **Theme** | **Papers** |
| Diagnostic Reliability | Adaji A, Fortney J. 2017. Telepsychiatry in Integrated Care Settings. *Focus, The Journal of Lifelong Learning in Psychiatry.* **15:**257-263.  Amirsadri A, Burns J, Pizzuti A, Arfken CL. 2017. Home-Based Telepsychiatry in US Urban Area. *Case Reports in Psychiatry.* **2017:**6296423.  Balon R, Beresin EV, Coverdale JH, Louie AK, Roberts LW. Strengthening  telepsychiatry's role in clinical care and education. *Academic Psychiatry. 2015;*  **39**: 6-9  Bashshur RL, Shannon GW, Bashshur N, Yellowlees PM. 2016. The  Empirical Evidence for Telemedicine Interventions in Mental Disorders. *Telemedicine and e-Health.*  **22**:87-113  Bishop J.E., O’Reilly R.L., Maddox K., Hutchinson L.J. 2002. Client satisfaction in a feasibility study comparing face-to-face interviews with telepsychiatry. *Journal of telemedicine and telecare*. **8**: 217-221  Boydell KM, Hodgins M, Pignatiello A, Teshima J, Edwards H, Willis D. 2014. 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Appendix 2  
Table 3: List of Studies

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| --- | --- | --- | --- |
| **Authors** | **Date of publication** | **Type** | **Themes** |
| Adaji A, Fortney J. | 2017 | Narrative review | Diagnostic reliability Outcomes |
| Amirsadri A, Burns J, Pizzuti A, Arfken CL. | 2017 | Case report | Diagnostic reliability Patient & Clinical satisfaction |
| Balon R, Beresin EV, Coverdale JH, Louie AK, Roberts LW. | 2015 | Editorial | Diagnostic reliability |
| Bashshur RL, Shannon GW, Bashshur N, Yellowlees PM. | 2016 | Systematic review | Diagnostic reliability  Outcomes Patient & Clinical Satisfaction |
| Bishop J.E., O’Reilly R.L., Maddox K., Hutchinson L.J. | 2002 | RCT | Diagnostic reliability Outcomes Patient & Clinical satisfaction |
| Boydell KM, Hodgins M, Pignatiello A, Teshima J, Edwards H, Willis D | 2014 | Literature review | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction  Technology Professional Guidance |
| Campbell R, O'Gorman J, Cernovsky ZZ. | 2015 | Qualitative | Diagnostic reliability  Patient & Clinical satisfaction  Technology |
| Chakrabarti S. | 2015 | Literature Review | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction  Technology |
| Chipps J, Brysiewicz P, Mars M. | 2012 | Systematic review | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction |
| Chipps J, Ramlall S, Madigoe T, King H, Mars M. | 2012 | Service evaluation | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction  Technology |
| De Las Cuevas C, A.J, De La Fuente J., Serrano P. | 2003 | Qualitative | Diagnostic reliability  Patient & Clinical satisfaction |
| Deslich S, Stec B, Tomblin S, Coustasse A. | 2013 | Literature review | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction  Technology |
| Diamond, J.M., Bloch, R.M. | 2010 | Literature review | Diagnostic reliability  Outcomes  Patient & Clinical satisfaction |
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### Appendix 3: Thematic Analysis Methodology

The researchers undertook an inductive thematic analysis outlined by Nowell et al. in their 2017 paper [107], illustrated by a six-step process outlined below.

1. Familiarization with data  
Both authors read through the data twice and actively searched for patterns related to clinical effectiveness (deductive analysis). These patterns were documented with direct quotations from the data.

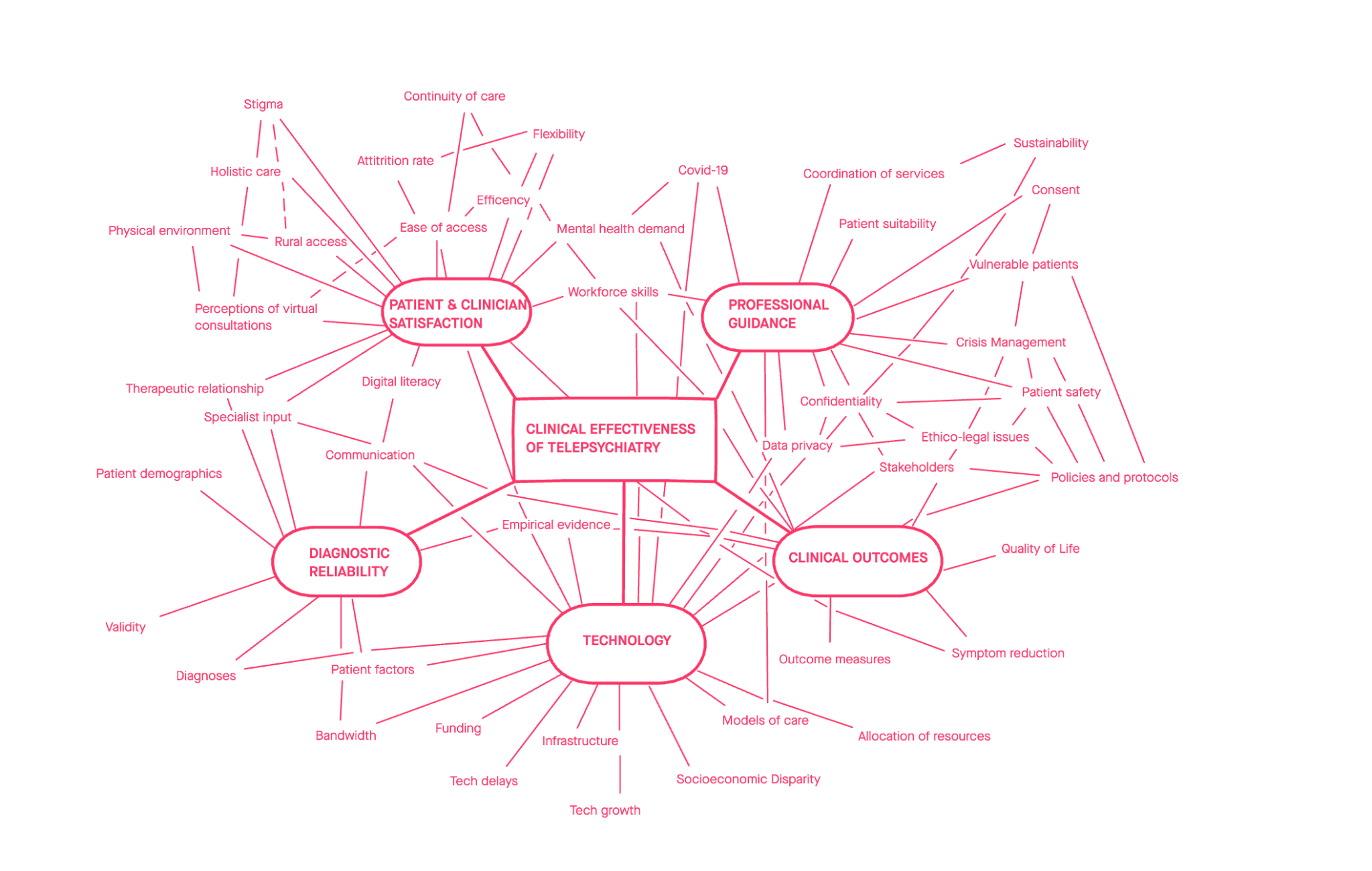
2. Generation of initial codes  
The authors compared patterns to identify similarities and differences in recurring patterns as well as identifying any potential researcher bias. These recurring patterns generated the initial codes of the study.

3. Searching for themes  
The authors identified and agreed on recurring themes in the data, structuring the data into themes relevant to the research question: the clinical effectiveness of telepsychiatry.

4. Reviewing the themes  
Themes were reviewed to test for referential adequacy by returning to the raw data and ensuring the themes were valid and grounded in the data. This resulted in some themes being removed and condensed.

5. Defining and naming themes  
The authors discussed the themes that were identified, formulating the narrative about the clinical effectiveness of telepsychiatry based on direct quotations from the data as well as overall patterns of these themes within the literature.

6. Producing the report  
The authors expanded on each theme, including the information and context provided by the data as well as their clinical implications on the clinical effectiveness of telepsychiatry.

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*Figure 3: Mindmap illustrating development of themes*