Supplemental Table 1. Quality assessment of the included studies

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| Assessment items  | Yes, n (%) |
| 1. Are the study design and sampling method appropriate for the research question?
 | 35 (100) |
| 1. Is the sample representative of the target population?
 | 35 (100) |
| 1. Is the estimation method of sample size described in detail?
 | 0 (0) |
| 1. Are objective, suitable and standard criteria used for measurement of the health outcome?
 | 35 (100) |
| 1. Is the health outcome measured in an unbiased fashion?
 | 35 (100) |
| 1. Is the response rate adequate (>70%)? Are the refusers described?
 | 8 (22.9) |
| 1. Are the estimates of prevalence or incidence given with confidence intervals and in detail by subgroup, if appropriate?
 | 15 (42.9) |
| 1. Are the study subjects and the setting described in detail and similar to those of interest to you?
 | 35 (100) |