**Appendix A**

**Detailed operational guide for applying the AMSTAR tool\***

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| **Amstar 1. Was an 'a priori' design provided?**  The research question and inclusion criteria should be established before the conduct of the review.  **Operational Definition (OD):** A “Yes” will be given if the review has published a protocol for the systematic review. | * Yes * No |
| **Amstar 2. Was there duplicate study selection and data extraction?**  There should be at least two independent data extractors and a consensus procedure for disagreements should be in place.  **OD:** A “Yes” will be given if:  **(i)** Two reviewers performed study selection, AND  **(ii)** Two reviewers performed data extraction AND  **(iii)** Consensus process was implemented for resolving disagreement. | * Yes (i + ii + iii) * No (These 3 criteria were not fulfilled) * Could not answer (i.e. not reported) |
| **Amstar 3. Was a comprehensive literature search performed?**  At least two electronic sources should be searched. The report must include years and databases used (e.g., CENTRAL, EMBASE, and MEDLINE). Key words and/or MESH terms must be stated and where feasible the search strategy should be provided. All searches should be supplemented by consulting current contents, reviews, textbooks, specialized registers, or experts in the particular field of study, and by reviewing the references in the studies found.  **OD:** A “Yes” will be given if at least two electronic sources were searched. | * Yes * No * Could not answer (i.e. not reported) |
| **Amstar 4. Was the status of publication (i.e. grey literature) used as an inclusion criterion?**  The authors should state that they searched for reports regardless of their publication type. The authors should state whether or not they excluded any reports from the systematic review, based on their publication status, language etc.  If review indicates that there was a search for “grey literature” or “unpublished literature,” indicate “yes.” SIGLE database, dissertations, conference proceedings, and trial registries are all considered grey for this purpose. If searching a source that contains both grey and non-grey, must specify that they were searching for grey/unpublished literature.  **OD:** If eligibility criterion is restricted to “non-grey” literature, a “No” will be given, which indicates a methodological shortcoming in this domain. | * Yes * No * Could not answer (i.e. not reported) |
| **Amstar 5. Was a list of studies (included and excluded) provided?**  A list of included and excluded studies should be provided.  **OD:** A “Yes” will be given if the included and excluded studies are referenced. | * Yes * No |
| **Amstar 6. Were the characteristics of the included studies provided?**  In an aggregated form such as a table, data from the original studies should be provided on the participants, interventions and outcomes***.*** The ranges of characteristics in all the studies analyzed e.g., age, race, sex, relevant socioeconomic data, disease status, duration, severity, or other diseases should be reported.  **OD:** A “Yes” will be given if the information described above is presented appropriately. | * Yes * No |
| **Amstar 7. Was the scientific quality of the included studies assessed and documented?**  'A priori' methods of assessment should be provided (e.g., the use of Cochrane Risk of Bias tool as a mean to assessment); for other types of studies alternative tools will also be acceptable.  **OD:** To score a “Yes”, the authors should report risk of bias level in each of the methodological domain included in the risk of bias assessment tool that the authors have chosen to use. | * Yes * No |
| **Amstar 8. Was the scientific quality of the included studies used appropriately in formulating conclusions?**  The results of the methodological rigor and scientific quality should be considered in the analysis and the conclusions of the review, and *considerations on how risk of bias among included study may impact conclusion should be explicitly stated*.  **OD:** To score a “Yes”, the reviewers must consider risk of bias explicitly when writing the conclusion section of the MA. For example, a reviewer may state: the results should be interpreted with caution due to high risk of bias among included studies. A “No” will be given if answer to Q7 is “No”. | * Yes * No |
| **Amstar 9. Were the methods used to combine the findings of studies appropriate?#**  For meta-analysis, statistical tests should be done to ensure that the studies were combinable by assessing their homogeneity. This can be done by using the Cochran Q test or reporting the I2value.  **OD:** “Yes” will be given when one of the two situation applies:   1. Homogeneity is found, and authors used fixed effect model or random effect model, or 2. Heterogeneity is found, and authors performed appropriate subgroup analysis or meta-regression.   “No” will be given when one of the two situation applies:   1. Heterogeneity is found, and authors used fixed or random effect model and reported the results directly without highlighting the role of heterogeneity; 2. Heterogeneity is not assessed or reported. | * Yes * No |
| **Amstar 10. Was the likelihood of publication bias assessed?**  An assessment of publication bias should include a combination of graphical aids (e.g., funnel plot) and/or statistical tests (e.g., Egger regression test).  **OD:** A “No” will be given if no relevant test values or funnel plot was reported. However, a “Yes” will still be given if authors mentioned that publication bias could not be assessed because there were fewer than 10 included studies. | * Yes * No |
| **Amstar 11. Was the conflict of interest included?**  Potential sources of support should be clearly acknowledged in both the systematic review and the included studies.  **OD:** To score a “Yes”, the authors must indicate source of funding or support for the systematic review AND for each of the included studies. A “Yes” will still be scored if the authors acknowledged that funding sources for included randomized controlled trials were unknown. | * Yes * No |

\*adapted from the official AMSTAR website (<http://www.amstar.ca/>)

# For item 9, we devised more detailed operational guideline in deciding whether a “yes” or “no” were given. To be specific, when heterogeneity is found, under the original AMSTAR operational definition a “yes” would be given if the reviewer used a random effects model to account for that. However, this approach would be inadequate according to the latest version of the Cochrane Reviewers’ handbook, which was updated in March 2011 (http://www.cochrane.org/handbook). It is recommended that when heterogeneity is found, and authors should highlight the role of heterogeneity by using subgroup or sensitivity analysis, instead of just using a random effects model. We have reflected this recommendation in the current operational definition of AMSTAR item 9.

**Appendix B**

**Reference list of the 358 included systematic reviews [1-358]**

1. Wijkstra J, Lijmer J, Burger H, Geddes J, Nolen Willem A. Pharmacological treatment for psychotic depression. Cochrane Database of Systematic Reviews 2013; (11). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD004044.pub3/abstract>.

2. Wannagat W, Zielasek J, Gaebel W. Therapy of post-stroke depression ? a systematic review (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013044049/frame.html>.

3. Stalder-Luthy F, Messerli-Burgy N, Hofer H, Frischknecht E, Znoj H, Barth J. Effect of psychological interventions on depressive symptoms in long-term rehabilitation after an acquired brain injury: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013039473/frame.html>.

4. Spielmans GI, Berman MI, Linardatos E, Rosenlicht NZ, Perry A, Tsai AC. Adjunctive atypical antipsychotic treatment for major depressive disorder: a meta-analysis of depression, quality of life, and safety outcomes (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013019312/frame.html>.

5. So M, Yamaguchi S, Hashimoto S, Sado M, Furukawa TA, McCrone P. Is computerised CBT really helpful for adult depression? A meta-analytic re-evaluation of CCBT for adult depression in terms of clinical implementation and methodological validity (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013020692/frame.html>.

6. Silveira H, Moraes H, Oliveira N, Coutinho ES, Laks J, Deslandes A. Physical exercise and clinically depressed patients: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013017189/frame.html>.

7. Shinohara K, Honyashiki M, Imai H, et al. Behavioural therapies versus other psychological therapies for depression. Cochrane Database of Systematic Reviews 2013; (10). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD008696.pub2/abstract>.

8. Scope A, Leaviss J, Kaltenhaler E, et al. Is group cognitive behaviour therapy for postnatal depression evidence-based practice? A systematic review (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013069419/frame.html>.

9. Samartzis L, Dimopoulos S, Tziongourou M, Koroboki E, Kyprianou T, Nanas S. SSRIs versus exercise training for depression in chronic heart failure: a meta-analysis of randomized controlled trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013046429/frame.html>.

10. Rutledge T, Redwine LS, Linke SE, Mills PJ. A meta-analysis of mental health treatments and cardiac rehabilitation for improving clinical outcomes and depression among patients with coronary heart disease (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013024520/frame.html>.

11. Rocha FL, Murad MG, Stumpf BP, Hara C, Fuzikawa C. Antidepressants for depression in Parkinson's disease: systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013026750/frame.html>.

12. Perkes SP, Bowman J, Penkala S. Psychological therapies for the management of co-morbid depression following a spinal cord injury: a systematic review (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013052506/frame.html>.

13. Magni Laura R, Purgato M, Gastaldon C, et al. Fluoxetine versus other types of pharmacotherapy for depression. Cochrane Database of Systematic Reviews 2013; (7). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD004185.pub3/abstract>.

14. Laoutidis ZG, Mathiak K. Antidepressants in the treatment of depression/depressive symptoms in cancer patients: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013029261/frame.html>.

15. Krishna M, Honagodu A, Rajendra R, Sundarachar R, Lane S, Lepping P. A systematic review and meta-analysis of group psychotherapy for sub-clinical depression in older adults (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013051470/frame.html>.

16. Hunot V, Moore Theresa HM, Caldwell Deborah M, et al. 'Third wave' cognitive and behavioural therapies versus other psychological therapies for depression. Cochrane Database of Systematic Reviews 2013; (10). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD008704.pub2/abstract>.

17. Huang Y, Wei X, Wu T, Chen R, Guo A. Collaborative care for patients with depression and diabetes mellitus: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013061056/frame.html>.

18. Hazell P, Mirzaie M. Tricyclic drugs for depression in children and adolescents. Cochrane Database of Systematic Reviews 2013; (6). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD002317.pub2/abstract>.

19. Hans E, Hiller W. Effectiveness of and dropout from outpatient cognitive behavioral therapy for adult unipolar depression: a meta-analysis of nonrandomized effectiveness studies (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013010810/frame.html>.

20. Guaiana G, Gupta S, Chiodo D, Davies Simon JC, Haederle K, Koesters M. Agomelatine versus other antidepressive agents for major depression. Cochrane Database of Systematic Reviews 2013; (12). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD008851.pub2/abstract>.

21. Ekers D, Murphy R, Archer J, Ebenezer C, Kemp D, Gilbody S. Nurse-delivered collaborative care for depression and long-term physical conditions: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013019394/frame.html>.

22. Edwards SJ, Hamilton V, Nherera L, Trevor N. Lithium or an atypical antipsychotic drug in the management of treatment-resistant depression: a systematic review and economic evaluation (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013068533/frame.html>.

23. Cuijpers P, Turner EH, Mohr DC, et al. Comparison of psychotherapies for adult depression to pill placebo control groups: a meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013019232/frame.html>.

24. Cuijpers P, Berking M, Andersson G, Quigley L, Kleiboer A, Dobson KS. A meta-analysis of cognitive-behavioural therapy for adult depression, alone and in comparison with other treatments (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013041798/frame.html>.

25. Cramer H, Lauche R, Langhorst J, Dobos G. Yoga for depression: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013046386/frame.html>.

26. Cowpertwait L, Clarke D. Effectiveness of web-based psychological interventions for depression: a meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013050116/frame.html>.

27. Cooney Gary M, Dwan K, Greig Carolyn A, et al. Exercise for depression. Cochrane Database of Systematic Reviews 2013; (9). <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD004366.pub6/abstract>.

28. Cody RA, Drysdale K. The effects of psychotherapy on reducing depression in residential aged care: a meta-analytic review (Structured abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013005871/frame.html>.

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30. Chi I, Jordan-Marsh M, Guo M, Xie B, Bai Z. Tai Chi and reduction of depressive symptoms for older adults: a meta-analysis of randomized trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013007310/frame.html>.

31. Chen, Zhou, Wu, et al. Left versus right repetitive transcranial magnetic stimulation in treating major depression: a meta-analysis of randomised controlled trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013060554/frame.html>.

32. Brown HE, Pearson N, Braithwaite RE, Brown WJ, Biddle SJ. Physical activity interventions and depression in children and adolescents: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013015452/frame.html>.

33. Braun SR, Gregor B, Tran US. Comparing bona fide psychotherapies of depression in adults with two meta-analytical approaches (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013043304/frame.html>.

34. Bolier L, Haverman M, Westerhof GJ, Riper H, Smit F, Bohlmeijer E. Positive psychology interventions: a meta-analysis of randomized controlled studies (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013044142/frame.html>.

35. Berlim MT, Eynde F, Daskalakis ZJ. High-frequency repetitive transcranial magnetic stimulation accelerates and enhances the clinical response to antidepressants in major depression: a meta-analysis of randomized, double-blind, and sham-controlled trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013017203/frame.html>.

36. Berlim MT, Eynde F, Daskalakis ZJ. Efficacy and acceptability of high frequency repetitive transcranial magnetic stimulation (rTMS) versus electroconvulsive therapy (ECT) for major depression: a systematic review and meta-analysis of randomized trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013043563/frame.html>.

37. Berlim MT, Eynde F, Daskalakis ZJ. Clinical utility of transcranial direct current stimulation (tDCS) for treating major depression: a systematic review and meta-analysis of randomized, double-blind and sham-controlled trials (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12012056949/frame.html>.

38. Berlim MT, Eynde F, Daskalakis ZJ. A systematic review and meta-analysis on the efficacy and acceptability of bilateral repetitive transcranial magnetic stimulation (rTMS) for treating major depression (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013063627/frame.html>.

39. Berlim MT, Broadbent HJ, Eynde F. Blinding integrity in randomized sham-controlled trials of repetitive transcranial magnetic stimulation for major depression: a systematic review and meta-analysis (Provisional abstract). Database of Abstracts of Reviews of Effects 2013; (1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12013032759/frame.html>.

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41. Zhang Y, Han M, Liu Z, Wang J, He Q, Liu J. Chinese herbal formula Xiao Yao San for treatment of depression: a systematic review of randomized controlled trials (Provisional abstract). Evidence-Based Complementary and Alternative Medicine 2012; 2012(1). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12011006529/frame.html>.

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48. Undurraga J, Baldessarini RJ. Randomized, placebo-controlled trials of antidepressants for acute major depression: thirty-year meta-analytic review (Structured abstract). Neuropsychopharmacology 2012; 37(4). <http://onlinelibrary.wiley.com/o/cochrane/cldare/articles/DARE-12012012255/frame.html>.

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**Appendix C**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Association between characteristics of depression treatment systematic reviews and methodological quality: Logistic regression analysis (including Cochrane vs. non-Cochrane reviews as independent variables) | | | | |  |
| **AMSTAR item (dependent variable)** | **Predictors** | **Adjusted OR (95%CI)** | **P**# | | |
| 1. Was an 'a priori' design provided? | Publication year  Cochrane review§  Corresponding author from Europe¶ | 1.27(1.08, 1.50)  1379.37(125.60, 15148.97)  4.16(1.83, 9.45) | | 0.004  <0.001  0.001 | |
| 5. Was a list of studies (included and excluded) provided? | Publication year  Cochrane review§  Nonpharmacological treatment | 0.87(0.81, 0.93)  182.76(41.05, 813.62)  2.17(1.09, 4.32) | | <0.001  <0.001  0.028 | |
|  |  |  | |  | |

Key: AMSTAR, Assessing the Methodological Quality of Systematic Reviews; CI, confidence interval; OR, odds ratio; # the p values of all HL tests were > 0.1, indicating good model fit for all logistic regression analyses; §Non Cochrane review was used as the reference; ¶Corresponding author from areas other than Europe were used as reference.