**Appendix A**

**PubMED search strings**

anxiety disorders[MH] OR anxiety disorders OR "gad" OR "generalized anxiety disorder" OR "generalised anxiety disorder" OR anxiety\* OR "generalised anxiety" OR "worry" OR worry\* OR Obsessive-Compulsive disorder[MH] OR "obsessive-compulsive" OR "ocd" OR "obsessive compulsive disorder" OR "obsessive compulsive" OR "social phobia" OR "social anxiety disorder" OR "social anxiety" OR stress disorders, post-traumatic[MH] OR "ptsd" OR "posttraumatic stress disorder" OR "posttraumatic stress" OR "post-traumatic stress" OR "acute stress disorder" OR "acute stress" OR panic disorder[MH] OR "panic disorder" OR "panic" OR agoraphobia[MH] OR "agorophobia" OR Depressive Disorder[MH] OR Depression[MH] OR dysthymi\*[All Fields] OR "affective disorder"[All Fields]OR "affective disorders"[All Fields] OR "mood disorder"[All Fields] OR "mood disorders"[All Fields] OR depression\*[All Fields] OR depressive\*[All Fields] OR "dysthymic disorder"[MeSH Terms])

AND

costs and cost analysis[MH] OR economics[MH] OR "cost effectiveness analysis" OR "cost effectiveness" OR "economic aspect "OR "cost" OR "costs" OR "cost effective" OR "health care cost" OR health care economics and organizations[MH] OR "economic" OR "cost benefit" OR cost-benefit analysis[MH] OR "cost utility" OR economic evaluation

**Limits**: Randomized Controlled trials