Table S1. Knowledge of the Developmental Origins of Health and Disease approach, shown as mean total DOHaDKNOWLEDGE and the participants’ agreement with the five DOHaDKNOWLEDGE statements, presented in percentage, the PREPARED study.

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| --- | --- | --- | --- | --- | --- |
|  | | **Total**  (*n*=1356) | **Women**  (*n*=1201) | **Men**  (*n*=155) | ***p*-value\*** |
| Total DOHaDKNOWLEDGE  (0-20 points) | Mean (SD) | 12 (3.7) | 12 (3.6) | 12 (4.1) | .47 |
| Individual DOHaDKNOWLEDGE  Statements (Likert scale) | Participants agreement, % |  |  |  |  |
| What a woman eats during her pregnancy affects her baby’s risk of becoming obese as an adult. | Strongly disagree | 2% | 1% | 3% | .27 |
| Disagree | 8% | 8% | 8% |
| Either or | 29% | 29% | 29% |
| Agree | 46% | 47% | 39% |
| Strongly agree | 16% | 16% | 21% |
| What a woman eats during her pregnancy affects her grandchildren’s risk of becoming obese. | Strongly disagree | 6% | 5% | 9% | .26 |
| Disagree | 15% | 15% | 12% |
| Either or | 40% | 40% | 38% |
| Agree | 30% | 30% | 30% |
| Strongly agree | 9% | 9% | 10% |
| Before pregnancy, both what the mother and the father eat affects the growth and health of their baby. | Strongly disagree | 2% | 2% | 4% |  |
| Disagree | 13% | 14% | 9% |  |
| Either or | 33% | 33% | 29% | .009 |
| Agree | 41% | 41% | 41% |  |
| Strongly agree | 10% | 9% | 17% |  |
| What a woman eats before pregnancy affects the child’s risk of becoming obese as an adult. | Strongly disagree | 3% | 3% | 5% |  |
| Disagree | 15% | 16% | 9% |  |
| Either or | 37% | 37% | 32% | .006 |
| Agree | 37% | 37% | 41% |  |
| Strongly agree | 8% | 7% | 14% |  |
| What a woman eats while breastfeeding affects the child’s risk of becoming obese as an adult. | Strongly disagree | 1% | 1% | 3% |  |
| Disagree | 8% | 8% | 8% |  |
| Either or | 32% | 31% | 37% | .13 |
| Agree | 47% | 48% | 38% |  |
| Strongly agree | 12% | 11% | 14% |  |

Abbreviations: DOHaDKNOWLEDGE, Developmental Origins of Health and Disease knowledge; SD, standard deviation. Participants identifying as non-binary (*n*=6) were excluded from the total sample. \*Chi-squared tests for independence except for variable Total DOHaDKNOWLEDGE that used independent samples t-test.