**Supplementary Tables**

**Supplementary table 1**. Characteristics of the respondents

|  |  |
| --- | --- |
| Variables | N = 206 |
| Male sex, n (%) | 130 (63.1) |
| Age in years, median [IQR] | 34 [27 – 43] |
| Marital status, n (%) †  Married  Single  Divorced | 148 (72.5)  55 (27)  1 (0.5) |
| Have at least one child, n (%) | 111 (53.9) |
| Monthly income, n (%) ‡  Below minimum wage  Above minimum wage | 61(47.3)  68 (52.7) |
| Length of stay in the quarantine facility in days, median [IQR] | 6 [4 – 10] |
| Companion in the quarantine facility, n (%)  Alone  With friends or other family members | 152 (73.8)  54 (26.2) |

† There were 2 (0.9%) respondents that prefer not to give this information; ‡ There were 77 (37.38%) respondents that prefer not to give this information.

**Supplementary table 2.** Comparison between the frequency of depression, anxiety, and stress pre- and post-quarantine.

|  |  |  |  |
| --- | --- | --- | --- |
| Subscales | N = 206  n (%) | | p-value† |
| Pre-quarantine | Post-quarantine |
| **Depression**  Normal (0 – 9)  Mild (10 – 12)  Moderate (13 – 20)  Severe (21 – 27)  Extremely severe (28 – 42) | 198 (96.1)  5 (2.4)  2 (1.0)  1 (0.5)  0 (0) | 195 (94.7)  6 (2.9)  3 (1.5)  2 (1.0)  0 (0) | 0.581 |
| **Anxiety**  Normal (0 – 6)  Mild (7 – 9)  Moderate (10 – 14)  Severe (15 – 19)  Extremely severe (20 – 42) | 176 (85.4)  9 (4.4)  20 (9.7)  1 (0.5)  0 (0.0) | 186 (90.3)  9 (4.4)  8 (3.9)  1 (0.5)  2 (1.0) | 0.089 |
| **Stress**  Normal (0 – 10)  Mild (11 – 18)  Moderate (19 – 26)  Severe (27 – 34)  Extremely severe (35 – 42) | 190 (92.2)  15 (7.3)  1 (0.5)  0 (0)  0 (0) | 189 (91.7)  15 (7.3)  2 (1.0)  0 (0)  0 (0) | 1.0 |

P-value < 0.05 was considered statistically significant. Mc Nemar test was used for the analysis.

†The comparison for each subscale was using dichotomous variable, normal or not.

**Supplementary table 3.** Comparison Between DASS-21 subscale score pre- and post-quarantine.

|  |  |  |  |
| --- | --- | --- | --- |
| Subscales | N = 206  Median [IQR] | | p-value |
| Pre-quarantine score | Post-quarantine score |
| Depression | 0 [0 – 2] | 0 [0 – 2] | 0.089 |
| Anxiety | 2 [0 – 4] | 0 [0 – 2] | < 0.001 |
| Stress | 2 [0 – 6] | 0 [0 – 2] | < 0.001 |
| Total | 6 [0 – 12] | 2 [0 – 6] | < 0.001 |

Wilcoxon test was used. P-value < 0.05 was considered statistically significant.