## Supplementary material

to Sipilä PN et al. Paternal and Maternal Problem Drinking and Lifetime Problem Drinking of Their Adult Children

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Supplementary Methods. Supplementary information on measures of problem drinking, heavy drinking occasions and covariates.

Problem drinking (Mm-MAST and Mm-MAST-11)

For both measures of problem drinking, Mm-MAST and Mm-MAST-11, we included all responses with no more than two missing items, and substituted for the missing items the mean score of the available items of each included respondent. Substitutions were done for 6% of fathers and mothers and 1% of their adult children. Further, in wave 1, respondent parents were instructed to skip the entire scale if they did not drink at all. Therefore, fathers and mothers received an Mm-MAST score of zero if all items were missing and the respondent did not drink alcohol during the past year, but did not self-attribute lifetime abstinence. Fathers and mothers, as well as their sons and daughters, were excluded from the analyses if they were lifetime abstainers.

Among all who returned questionnaires, 79% of fathers had answered all 9 items, 85% had at most two missing items, 5% did not drink during the past year and 7% were lifetime abstainers; similarly, 73% of mothers had answered all 9 items, 79% had at most two missing items, 7% did not drink during the past year and 13% were lifetime abstainers. At mid-twenties and mid-thirties, 98% and 94% of sons had answered all 11 items, 99% and 95% had at most two missing items and 4% and 2% were lifetime abstainers, respectively. For daughters at mid-twenties and mid-thirties, corresponding percentages were 98% and 95%, 99% and 95%, and 4% and 3%, respectively.

#### Fathers' and mothers' religiosity

Among those who returned the questionnaire, all 12 items of the Religious fundamentalism content scale of the Minnesota Multiphasic Personality Inventory (MMPI) were answered by 74% of fathers and 73% of mothers, and 91% of fathers and 93% of mothers had answered at least 9 items. We included those answering at least 9 items, and mean score of the available items of each particular individual was substituted for missing items.

#### Fathers' and mothers' personality

Among those who returned the questionnaire, all 50 items of the social deviance scale (Pd or "Psychopathic deviate" scale of the MMPI) were answered by 74% of fathers and 73% of mothers, and 96% of fathers and 97% of mothers had answered at least 40 items. Therefore, we included those answering at least 40 items, and mean score of the available items of each particular individual was substituted for missing items.

# Supplementary Table 1. Background characteristics of the participants by inclusion to versus exclusion from the mid-twenties main analysis

|   |               | len           |                        | omen                   |
|---|---------------|---------------|------------------------|------------------------|
|   | Included      | Excluded      | Included               | Excluded               |
| Father's religiosity                    | (n=1,235)     | (n=1,987)     | (n=1,461)<br>3.3 (2.7) | (n=1,821)<br>4.8 (3.5) |
|   | 3.4 (2.8)     | 4.5 (3.5)     |                        |                        |
| Mother's religiosity                    | 4.6 (2.7)     | 5.5 (3.0)     | 4.6 (2.7)              | 5.8 (3.1)              |
| Father's personality (Pd scale)         | 15.8 (4.9)    | 15.7 (5.2)    | 16.1 (5.1)             | 15.9 (5.5)             |
| Mother's personality (Pd scale)         | 15.8 (4.9)    | 15.7 (5.2)    | 16.1 (5.1)             | 15.9 (5.5)             |
| Father's problem drinking               | 200 (00 40()  | 400 (04 00/)  | 201 (26 00/)           | 200 (24, 40/)          |
| 0                                       | 322 (26.1%)   | 422 (21.2%)   | 391 (26.8%)            | 390 (21.4%)            |
| 1                                       | 243 (19.7%)   | 170 (8.6%)    | 294 (20.1%)            | 154 (8.5%)             |
| 2                                       | 218 (17.7%)   | 134 (6.7%)    | 276 (18.9%)            | 137 (7.5%)             |
| 3                                       | 195 (15.8%)   | 90 (4.5%)     | 194 (13.3%)            | 97 (5.3%)              |
| ≥4                                      | 257 (20.8%)   | 194 (9.8%)    | 306 (20.9%)            | 131 (7.2%)             |
| (missing)                               | 0 (0.0%)      | 977 (49.2%)   | 0 (0.0%)               | 912 (50.1%)            |
| Mother's problem drinking               |               |               |                        |                        |
| 0                                       | 572 (46.3%)   | 735 (37.0%)   | 649 (44.4%)            | 734 (40.3%)            |
| 1                                       | 285 (23.1%)   | 217 (10.9%)   | 327 (22.4%)            | 190 (10.4%)            |
| 2                                       | 180 (14.6%)   | 120 (6.0%)    | 222 (15.2%)            | 90 (4.9%)              |
| 3                                       | 92 (7.4%)     | 79 (4.0%)     | 134 (9.2%)             | 67 (3.7%)              |
| ≥4                                      | 106 (8.6%)    | 92 (4.6%)     | 129 (8.8%)             | 78 (4.3%)              |
| (missing)                               | 0 (0.0%)      | 744 (37.4%)   | 0 (0.0%)               | 662 (36.4%)            |
| Father's heavy drinking occasions       |               |               |                        |                        |
| never                                   | 185 (15.0%)   | 344 (17.3%)   | 245 (16.8%)            | 360 (19.8%)            |
| once a year or less often               | 173 (14.0%)   | 104 (5.2%)    | 170 (11.6%)            | 83 (4.6%)              |
| a few times a year                      | 376 (30.4%)   | 261 (13.1%)   | 453 (31.0%)            | 215 (11.8%)            |
| about once a month                      | 237 (19.2%)   | 157 (7.9%)    | 267 (18.3%)            | 141 (7.7%)             |
| about once a week or more often         | 259 (21.0%)   | 193 (9.7%)    | 317 (21.7%)            | 159 (8.7%)             |
| (missing)                               | 5 (0.4%)      | 928 (46.7%)   | 9 (0.6%)               | 863 (47.4%)            |
| Mother's heavy drinking occasions       |               |               |                        |                        |
| never                                   | 604 (48.9%)   | 793 (39.9%)   | 700 (47.9%)            | 779 (42.8%)            |
| once a year or less often               | 207 (16.8%)   | 168 (8.5%)    | 247 (16.9%)            | 143 (7.9%)             |
| a few times a year                      | 249 (20.2%)   | 204 (10.3%)   | 301 (20.6%)            | 165 (9.1%)             |
| about once a month                      | 110 (8.9%)    | 81 (4.1%)     | 124 (8.5%)             | 81 (4.4%)              |
| about once a week or more often         | 61 (4.9%)     | 63 (3.2%)     | 80 (5.5%)              | 45 (2.5%)              |
| (missing)                               | 4 (0.3%)      | 678 (34.1%)   | 9 (0.6%)               | 608 (33.4%)            |
| Father's education                      | , ,           | , ,           |                        | , ,                    |
| academic                                | 287 (23.2%)   | 156 (7.9%)    | 325 (22.2%)            | 143 (7.9%)             |
| non-academic                            | 948 (76.8%)   | 912 (45.9%)   | 1136 (77.8%)           | 830 (45.6%)            |
| (missing)                               | 0 (0.0%)      | 919 (46.3%)   | 0 (0.0%)               | 848 (46.6%)            |
| Mother's education                      | (31273)       | (1010,10)     | - ( - · · · · )        | ( ,                    |
| academic                                | 357 (28.9%)   | 238 (12.0%)   | 428 (29.3%)            | 243 (13.3%)            |
| non-academic                            | 878 (71.1%)   | 1074 (54.1%)  | 1033 (70.7%)           | 982 (53.9%)            |
| (missing)                               | 0 (0.0%)      | 675 (34.0%)   | 0 (0.0%)               | 596 (32.7%)            |
| Area of residence in adolescence        | 0 (0.070)     | 073 (34.070)  | 0 (0.070)              | 330 (32.770)           |
| capital area                            | 312 (25.3%)   | 346 (17.4%)   | 356 (24.4%)            | 278 (15.3%)            |
| Mid-Finland or West coast               | 175 (14.2%)   | 261 (13.1%)   | 206 (14.1%)            | 273 (15.0%)            |
| rest of Finland                         | 748 (60.6%)   | 989 (49.8%)   | 899 (61.5%)            | 1015 (55.7%)           |
|   | ` ,           | , ,           |                        | -                      |
| (missing)                               | 0 (0.0%)      | 391 (19.7%)   | 0 (0.0%)               | 255 (14.0%)            |
| Living with both parents in adolescence | 4440 (00 401) | 4407 (57 00/) | 402 (42 50/)           | 402 (22 40/)           |
| Yes                                     | 1116 (90.4%)  | 1137 (57.2%)  | 183 (12.5%)            | 403 (22.1%)            |
| No                                      | 119 (9.6%)    | 394 (19.8%)   | 1278 (87.5%)           | 1119 (61.4%)           |
| (missing)                               | 0 (0.0%)      | 456 (22.9%)   | 0 (0.0%)               | 299 (16.4%)            |

Data are mean (standard deviation) or N (%).

# Supplementary Table 2. Background characteristics of the participants by inclusion to versus exclusion from the mid-thirties main analysis

|   |                  | Men          | W            | Women        |  |  |
|---|------------------|--------------|--------------|--------------|--|--|
|   | Included         | Excluded     | Included     | Excluded     |  |  |
|   | (n=991)          | (n=2,231)    | (n=1,278)    | (n=2,004)    |  |  |
| Father's religiosity                    | 3.3 (2.7)        | 4.3 (3.4)    | 3.3 (2.7)    | 4.5 (3.4)    |  |  |
| Mother's religiosity                    | 4.5 (2.6)        | 5.4 (3.0)    | 4.6 (2.7)    | 5.7 (3.0)    |  |  |
| Father's personality (Pd scale)         | 15.7 (4.9)       | 15.9 (5.1)   | 16.1 (5.1)   | 16.0 (5.4)   |  |  |
| Mother's personality (Pd scale)         | 15.7 (4.9)       | 15.9 (5.1)   | 16.1 (5.1)   | 16.0 (5.4)   |  |  |
| Father's problem drinking               |                  |              |              |              |  |  |
| 0                                       | 264 (26.6%)      | 480 (21.5%)  | 344 (26.9%)  | 437 (21.8%)  |  |  |
| 1                                       | 191 (19.3%)      | 222 (10.0%)  | 258 (20.2%)  | 190 (9.5%)   |  |  |
| 2                                       | 187 (18.9%)      | 165 (7.4%)   | 244 (19.1%)  | 169 (8.4%)   |  |  |
| 3                                       | 152 (15.3%)      | 133 (6.0%)   | 178 (13.9%)  | 113 (5.6%)   |  |  |
| ≥4                                      | 197 (19.9%)      | 254 (11.4%)  | 254 (19.9%)  | 183 (9.1%)   |  |  |
| (missing)                               | 0 (0.0%)         | 977 (43.8%)  | 0 (0.0%)     | 912 (45.5%)  |  |  |
| Mother's problem drinking               |                  |              |              |              |  |  |
| 0                                       | 459 (46.3%)      | 848 (38.0%)  | 550 (43.0%)  | 833 (41.6%)  |  |  |
| 1                                       | 222 (22.4%)      | 280 (12.6%)  | 300 (23.5%)  | 217 (10.8%)  |  |  |
| 2                                       | 148 (14.9%)      | 152 (6.8%)   | 192 (15.0%)  | 120 (6.0%)   |  |  |
| 3                                       | 75 (7.6%)        | 96 (4.3%)    | 125 (9.8%)   | 76 (3.8%)    |  |  |
| ≥4                                      | 87 (8.8%)        | 111 (5.0%)   | 111 (8.7%)   | 96 (4.8%)    |  |  |
| (missing)                               | 0 (0.0%)         | 744 (33.3%)  | 0 (0.0%)     | 662 (33.0%)  |  |  |
| Father's heavy drinking occasions       |                  |              |              |              |  |  |
| never                                   | 145 (14.6%)      | 384 (17.2%)  | 226 (17.7%)  | 379 (18.9%)  |  |  |
| once a year or less often               | 137 (13.8%)      | 140 (6.3%)   | 143 (11.2%)  | 110 (5.5%)   |  |  |
| a few times a year                      | 314 (31.7%)      | 323 (14.5%)  | 394 (30.8%)  | 274 (13.7%)  |  |  |
| about once a month                      | 176 (17.8%)      | 218 (9.8%)   | 229 (17.9%)  | 179 (8.9%)   |  |  |
| about once a week or more often         | 215 (21.7%)      | 237 (10.6%)  | 278 (21.8%)  | 198 (9.9%)   |  |  |
| (missing)                               | 4 (0.4%)         | 929 (41.6%)  | 8 (0.6%)     | 864 (43.1%)  |  |  |
| Mother's heavy drinking occasions       |                  |              |              |              |  |  |
| never                                   | 489 (49.3%)      | 908 (40.7%)  | 612 (47.9%)  | 867 (43.3%)  |  |  |
| once a year or less often               | 161 (16.2%)      | 214 (9.6%)   | 215 (16.8%)  | 175 (8.7%)   |  |  |
| a few times a year                      | 209 (21.1%)      | 244 (10.9%)  | 267 (20.9%)  | 199 (9.9%)   |  |  |
| about once a month                      | 79 (8.0%)        | 112 (5.0%)   | 106 (8.3%)   | 99 (4.9%)    |  |  |
| about once a week or more often         | 49 (4.9%)        | 75 (3.4%)    | 73 (5.7%)    | 52 (2.6%)    |  |  |
| (missing)                               | 4 (0.4%)         | 678 (30.4%)  | 5 (0.4%)     | 612 (30.5%)  |  |  |
| Father's education                      |                  |              |              |              |  |  |
| academic                                | 246 (24.8%)      | 197 (8.8%)   | 301 (23.6%)  | 167 (8.3%)   |  |  |
| non-academic                            | 745 (75.2%)      | 1115 (50.0%) | 977 (76.4%)  | 989 (49.4%)  |  |  |
| (missing)                               | 0 (0.0%)         | 919 (41.2%)  | 0 (0.0%)     | 848 (42.3%)  |  |  |
| Mother's education                      |                  |              |              |              |  |  |
| academic                                | 297 (30.0%)      | 298 (13.4%)  | 382 (29.9%)  | 289 (14.4%)  |  |  |
| non-academic                            | 694 (70.0%)      | 1258 (56.4%) | 896 (70.1%)  | 1119 (55.8%) |  |  |
| (missing)                               | 0 (0.0%)         | 675 (30.3%)  | 0 (0.0%)     | 596 (29.7%)  |  |  |
| Area of residence in adolescence        | , ,              | ,            | , ,          | , ,          |  |  |
| capital area                            | 255 (25.7%)      | 403 (18.1%)  | 315 (24.6%)  | 319 (15.9%)  |  |  |
| Mid-Finland or West coast               | 140 (14.1%)      | 296 (13.3%)  | 188 (14.7%)  | 291 (14.5%)  |  |  |
| rest of Finland                         | 596 (60.1%)      | 1141 (51.1%) | 775 (60.6%)  | 1139 (56.8%) |  |  |
| (missing)                               | 0 (0.0%)         | 391 (17.5%)  | 0 (0.0%)     | 255 (12.7%)  |  |  |
| Living with both parents in adolescence | ` ,              | 55. (11.576) | 5 (5.5/5)    |              |  |  |
| Yes                                     | ,<br>890 (89.8%) | 1363 (61.1%) | 1111 (86.9%) | 1286 (64.2%) |  |  |
| No                                      | 101 (10.2%)      | 412 (18.5%)  | 167 (13.1%)  | 419 (20.9%)  |  |  |
| (missing)                               | 0 (0.0%)         | 456 (20.4%)  | 0 (0.0%)     | 299 (14.9%)  |  |  |

Data are mean (standard deviation) or N (%).

### Supplementary Table 3. Items of the Malmö-modified Michigan Alcoholism Screening Test in the study

#### Mm-MAST items for fathers and mothers

- 1. Do you take a drink before going to a party?
- 2. Do you usually drink a bottle of wine or corresponding amount of beer or other alcoholic beverages over the weekend?
- 3. Do you drink a couple of drinks (or beers) a day to relax?
- 4. Do you tolerate more alcohol now than you did ten years ago?
- 5. Have you difficulties not drinking more than your friends?
- 6. Do you fall asleep after moderate drinking without knowing how you got to bed?
- 7. Do you have a bad conscience after drinking?
- 8. Do you take a drink (the day after a party) for your hang-over?
- 9. Do you try to avoid alcoholic beverages for a determined period of time e.g., a week?

#### Mm-MAST-11 items for sons and daughters at mid-twenties and mid-thirties

- Do/did you take a drink before going to a party?
- 2. Do/did you usually drink a bottle of wine or corresponding amount of beer or other alcoholic beverages over the weekend?
- 3. Do/did you drink a couple of drinks (or beers) a day to relax?
- 4. Do/did you tolerate more alcohol now than before?
- 5. Have/had you difficulties not drinking more than your friends?
- 6. Do/did you fall asleep after moderate drinking without knowing how you got to bed?
- 7. Do/did you have a bad conscience after drinking?
- 8. Do/did you take a drink (the day after a party) for your hang-over?
- 9. Do/did you try to avoid alcoholic beverages for a determined period of time e.g., a week?
- 10. \*After you have/had taken a drink, do you find it hard to stop?
- 11. \*Have/had you ever felt that anyone close to you thinks that you should drink less?

\*Items not included in the original 9-item Mm-MAST. Abbreviations: Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version); Mm-MAST-11, Malmö-modified Michigan Alcoholism Screening Test (extended 11-item version)

### Supplementary Table 4. Correlations between measures of problem drinking and covariates.

|  | 1 | 2    | 3    | 4    | 5    | 6    | 7    | 8    | 9    | 10   | 11   | 12   | 13    | 14    | 15    | 16    | 17    | 18    | 19    |
|--|---|------|------|------|------|------|------|------|------|------|------|------|-------|-------|-------|-------|-------|-------|-------|
| 1 Fathers' Mm-Mast                                     | 1 | 0.40 | 0.18 | 0.12 | 0.16 | 0.18 | 0.71 | 0.32 | 0.16 | 0.15 | 0.07 | 0.15 | -0.09 | -0.08 | 0.27  | 0.15  | -0.01 | -0.02 | -0.15 |
| 2 Mothers' Mm-Mast                                     |   | 1    | 0.12 | 0.09 | 0.14 | 0.11 | 0.36 | 0.67 | 0.14 | 0.14 | 0.06 | 0.11 | -0.08 | -0.10 | 0.06  | 0.24  | 0.07  | -0.01 | -0.16 |
| 3 Sons' lifetime Mm-MAST-11 at mid-twenties            |   |      | 1    | 0.13 | 0.65 | 0.15 | 0.16 | 0.17 | 0.57 | 0.08 | 0.41 | 0.23 | -0.01 | -0.05 | 0.10  | 0.04  | 0.08  | 0.06  | -0.05 |
| 4 Daughters' lifetime Mm-MAST-11 at mid-twenties       |   |      |      | 1    | 0.17 | 0.63 | 0.08 | 0.14 | 0.09 | 0.59 | 0.18 | 0.36 | -0.02 | 0.00  | 0.07  | 0.05  | 0.06  | 0.04  | -0.04 |
| 5 Sons' lifetime Mm-MAST-11 at mid-thirties            |   |      |      |      | 1    | 0.22 | 0.11 | 0.18 | 0.51 | 0.11 | 0.50 | 0.24 | -0.01 | -0.01 | 0.05  | 0.05  | 0.13  | 0.07  | -0.01 |
| 6 Daughters' lifetime Mm-MAST-11 at mid-thirties       |   |      |      |      |      | 1    | 0.16 | 0.13 | 0.12 | 0.52 | 0.12 | 0.49 | 0.00  | -0.01 | 0.09  | 0.07  | 0.00  | 0.02  | -0.08 |
| 7 Fathers' heavy drinking occasions                    |   |      |      |      |      |      | 1    | 0.46 | 0.20 | 0.11 | 0.12 | 0.13 | -0.17 | -0.13 | 0.18  | 0.13  | -0.02 | -0.06 | -0.12 |
| 8 Mothers' heavy drinking occasions                    |   |      |      |      |      |      |      | 1    | 0.15 | 0.17 | 0.15 | 0.12 | -0.14 | -0.23 | 0.09  | 0.25  | -0.03 | -0.11 | -0.20 |
| 9 Sons' heavy drinking occasions at mid-twenties       |   |      |      |      |      |      |      |      | 1    | 0.17 | 0.57 | 0.18 | -0.03 | -0.06 | 0.02  | -0.02 | 0.06  | 0.05  | -0.02 |
| 10 Daughters' heavy drinking occasions at mid-twenties |   |      |      |      |      |      |      |      |      | 1    | 0.20 | 0.53 | -0.05 | -0.06 | 0.04  | 0.05  | 0.08  | 0.04  | -0.04 |
| 11 Sons' heavy drinking occasions at mid-thirties      |   |      |      |      |      |      |      |      |      |      | 1    | 0.27 | -0.01 | -0.05 | -0.04 | -0.04 | 0.05  | -0.01 | 0.02  |
| 12 Daughters' heavy drinking occasions at mid-thirties |   |      |      |      |      |      |      |      |      |      |      | 1    | -0.04 | -0.03 | 0.04  | 0.12  | -0.03 | -0.05 | -0.02 |
| 13 Fathers' religiosity                                |   |      |      |      |      |      |      |      |      |      |      |      | 1     | 0.43  | 0.04  | 0.04  | -0.04 | -0.01 | 0.05  |
| 14 Mothers' religiosity                                |   |      |      |      |      |      |      |      |      |      |      |      |       | 1     | 0.02  | 0.02  | -0.05 | -0.06 | 0.11  |
| 15 Fathers' personality (Pd scale)                     |   |      |      |      |      |      |      |      |      |      |      |      |       |       | 1     | 0.25  | -0.13 | -0.08 | -0.25 |
| 16 Mothers' personality (Pd scale)                     |   |      |      |      |      |      |      |      |      |      |      |      |       |       |       | 1     | -0.10 | -0.12 | -0.22 |
| 17 Fathers' education                                  |   |      |      |      |      |      |      |      |      |      |      |      |       |       |       |       | 1     | 0.72  | 0.07  |
| 18 Mothers' education                                  |   |      |      |      |      |      |      |      |      |      |      |      |       |       |       |       |       | 1     | 0.02  |
| 19 Living with both parents in adolescence             |   |      |      |      |      |      |      |      |      |      |      |      |       |       |       |       |       |       | 1     |
|  |   |      |      |      |      |      |      |      |      |      |      |      |       |       |       |       |       |       |       |

The reported correlations are tetrachoric correlations between binary variables, polychoric correlations between ordinal variables, biserial correlations between a binary variable and a continuous variable, polyserial correlations between an ordinal variable and a continuous variable, and Pearson correlation coefficients between continuous variables. Area of residence was not included in the correlation analysis, because it is a nominal variable. Abbreviations: Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version);

Supplementary Table 5. Correlations between measures of problem drinking and heavy drinking occasions when the analysis was restricted to those who were living with both biological parents at age 16.

| POLYSERIAL<br>CORRELATIONS | Sons' lifetime<br>Mm-MAST-11 at<br>mid-twenties | Daughters' lifetime<br>Mm-MAST-11 at<br>mid-twenties | Sons' lifetime<br>Mm-MAST-11 at<br>mid-thirties | Daughters' lifetime<br>Mm-MAST-11 at<br>mid-thirties |
|----------------------------|---|--|---|--|
|                            | (n=1,116)                                       | (n=1,278)  | (n=890)   | (n=1,111)  |
| Fathers' Mm-Mast           | 0.17**  | 0.13**   | 0.15**  | 0.19**   |
| Mothers' Mm-Mast           | 0.11*   | 0.11*  | 0.12*   | 0.12**   |

| DOL VOLIODIO                      |   |  |   |  |
|-----------------------------------|---|--|---|--|
| POLYCHORIC                        |   |  |   |  |
| CORRELATIONS                      | Sons' heavy<br>drinking occasions<br>at mid-twenties<br>(n=1,155) | Daughters' heavy<br>drinking occasions at<br>mid-twenties<br>(n=1,310) | Sons' heavy<br>drinking occasions<br>at mid-thirties<br>(n=927) | Daughters' heavy<br>drinking occasions<br>at mid-thirties<br>(n=1,149) |
| Fathers' heavy drinking           | 0.21**a   | 0.14**a  | 0.13**  | 0.15**   |
| occasions                         | (rho = 0.19**)  | (rho = 0.12**)   |   |  |
| Mothers' heavy                    | 0.17***a  | 0.18**   | 0.18**a   | 0.14**   |
| drinking occasions                | (rho = 0.14**)  |  | (rho = 0.15**)  |  |
|                                   | Fathers' Mm-Mast (n=1,336)  | Mothers' Mm-Mast (n=1,336)   | Fathers' heavy drinking occasions (n=1,336)                     | Mothers' heavy<br>drinking occasions<br>(n=1,336)                      |
| Fathers' Mm-Mast                  | 1   | 0.42** <sup>a</sup><br>(rho = 0.36**)                                  | 0.70**  | 0.35**   |
| Mothers' Mm-Mast                  |   | 1  | 0.39***a (rho = $0.34***$ )                                     | 0.67**   |
| Fathers' heavy drinking           |   |  | ì   | 0.52**a  |
| occasions                         |   |  |   | (rho = 0.43**)   |
| Mothers' heavy drinking occasions |   |  |   | ì  |

<sup>\*</sup>p<0.01, \*\*p<0.001. <sup>a</sup>Pearson's chi-squared test indicates violation of the underlying bivariate normality assumption. Spearman's rank order correlation coefficients (rho) given for comparison in parentheses for those polychoric correlations for which there was evidence for violation of the underlying bivariate normality assumption. Lifetime abstainers were excluded from the analysis. Abbreviations: Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version); Mm-MAST-11, Malmö-modified Michigan Alcoholism Screening Test (extended 11-item version).

Supplementary Table 6. Polyserial and polychoric correlations between measures of problem drinking and heavy drinking occasions with lifetime abstainers included.

| POLYSERIAL              |                    |                       |                    |                     |
|-------------------------|--------------------|-----------------------|--------------------|---------------------|
| CORRELATIONS            |                    |                       |                    |                     |
|                         | Sons' lifetime     | Daughters' lifetime   | Sons' lifetime     | Daughters' lifetime |
|                         | Mm-MAST-11 at      | Mm-MAST-11 at         | Mm-MAST-11 at      | Mm-MAST-11 at       |
|                         | mid-twenties       | mid-twenties          | mid-thirties       | mid-thirties        |
|                         | (n=1,464)          | (n=1,717)             | (n=1,130)          | (n=1,453)           |
| Fathers' Mm-Mast        | 0.24**             | 0.17**                | 0.19**             | 0.20**              |
| Mothers' Mm-Mast        | 0.18**             | 0.15**                | 0.15**             | 0.13**              |
|                         |                    |                       |                    |                     |
| POLYCHORIC              |                    |                       |                    |                     |
| CORRELATIONS            |                    |                       |                    |                     |
|                         | Sons' heavy        | Daughters' heavy      | Sons' heavy        | Daughters' heavy    |
|                         | drinking occasions | drinking occasions at | drinking occasions | drinking occasions  |
|                         | at mid-twenties    | mid-twenties          | at mid-thirties    | at mid-thirties     |
|                         | (n=1,521)          | (n=1,774)             | (n=1,203)          | (n=1,550)           |
| Fathers' heavy drinking | 0.29**a            | 0.22***a              | $0.21**^a$         | 0.21**              |
| occasions               | (rho = 0.26**)     | (rho = 0.19**)        | (rho = 0.18**)     |                     |
| Mothers' heavy          | 0.24**a            | 0.24**                | 0.20**a            | 0.18**a             |
| drinking occasions      | (rho = 0.20**)     |                       | (rho = 0.17**)     | (rho = 0.16**)      |
|                         | Fathers' Mm-Mast   | Mothers' Mm-Mast      | Fathers' heavy     | Mothers' heavy      |
|                         | (n=1,771)          | (n=1,771)             | drinking occasions | drinking occasions  |
|                         |                    |                       | (n=1,771)          | (n=1,771)           |
| Fathers' Mm-Mast        | 1                  | 0.45***a              | 0.75***a           | 0.38**              |
|                         |                    | (rho = 0.38**)        | (rho = 0.69**)     |                     |
| Mothers' Mm-Mast        |                    | 1                     | 0.43***a           | 0.72**              |
|                         |                    |                       | (rho = 0.36**)     |                     |
| Fathers' heavy drinking |                    |                       | 1                  | $0.52**^a$          |
| occasions               |                    |                       |                    | (rho = 0.43**)      |
| Mothers' heavy          |                    |                       |                    | 1                   |
| drinking occasions      |                    |                       |                    |                     |

<sup>\*</sup>p<0.01, \*\*p<0.001. <sup>a</sup>Pearson's chi-squared test indicates violation of the underlying bivariate normality assumption. Spearman's rank order correlation coefficients (rho) given for comparison in parentheses for those polychoric correlations for which there was evidence for violation of the underlying bivariate normality assumption. Abbreviations: Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version); Mm-MAST-11, Malmö-modified Michigan Alcoholism Screening Test (extended 11-item version).

Supplementary Table 7. Association of fathers' and mothers' problem drinking with lifetime problem drinking of offspring at mid-twenties with lifetime abstainers included.

|                                     |       | MODEL 1             |                              | MODEL 2                                 |                              |
|-------------------------------------|-------|---------------------|------------------------------|---|------------------------------|
|                                     |       | (basic model)       | _                            | (multiply-adjusted)                     |                              |
|                                     | N     | β (95% CI)          | <i>p</i> -value <sup>b</sup> | β (95% CI)                              | <i>p</i> -value <sup>b</sup> |
| SONS                                |       |                     |                              |   |                              |
| Fathers' problem drinking (Mm-MAST) | 1,464 |                     |                              |   |                              |
| $0^{\mathrm{a}}$                    | 478   | 0                   |                              | 0                                       |                              |
| 1                                   | 262   | 0.76 (0.29, 1.23)   | 0.002                        | 0.58 (0.10, 1.06)                       | 0.017                        |
| 2                                   | 238   | 1.18 (0.67, 1.68)   | < 0.001                      | 0.92 (0.41, 1.44)                       | < 0.001                      |
| 3                                   | 202   | 1.33 (0.80, 1.86)   | < 0.001                      | 1.11 (0.57, 1.65)                       | < 0.001                      |
| ≥4                                  | 284   | 1.39 (0.90, 1.88)   | < 0.001                      | 1.13 (0.61, 1.64)                       | < 0.001                      |
| (p-value for linear trend)          |       |                     | (<0.001)                     |   | (<0.001)                     |
| Mothers' problem drinking (Mm-MAST) | 1,464 |                     |                              |   |                              |
| $0^{\mathrm{a}}$                    | 773   | 0                   |                              | 0                                       |                              |
| 1                                   | 303   | -0.12 (-0.54, 0.30) | 0.57                         | -0.21 (-0.63, 0.22)                     | 0.34                         |
| 2                                   | 189   | 0.42 (-0.08, 0.91)  | 0.10                         | 0.34 (-0.16, 0.84)                      | 0.18                         |
| 3                                   | 92    | 0.81 (0.14, 1.49)   | 0.019                        | 0.66 (-0.02, 1.33)                      | 0.056                        |
| ≥4                                  | 107   | 0.85 (0.15, 1.54)   | 0.017                        | 0.66 (-0.06, 1.39)                      | 0.073                        |
| (p-value for linear trend)          |       |                     | (0.002)                      |   | (0.016)                      |
| DAUGHTERS                           |       |                     |                              |   |                              |
| Fathers' problem drinking (Mm-MAST) | 1,717 |                     |                              |   |                              |
| 0 <sup>a</sup>                      | 557   | 0                   |                              | 0                                       |                              |
| 1                                   | 324   | 0.53 (0.13, 0.94)   | 0.01                         | 0.44 (0.03, 0.84)                       | 0.036                        |
| 2                                   | 300   | 0.35 (-0.03, 0.73)  | 0.073                        | 0.24 (-0.15, 0.62)                      | 0.23                         |
| 3                                   | 209   | 0.79 (0.35, 1.23)   | < 0.001                      | 0.66 (0.22, 1.10)                       | 0.004                        |
| >4                                  | 327   | 0.87 (0.48, 1.25)   | < 0.001                      | 0.70 (0.30, 1.10)                       | 0.001                        |
| (p-value for linear trend)          |       | (,,                 | (<0.001)                     | , | (0.001)                      |
| Mothers' problem drinking (Mm-MAST) | 1,717 |                     | ( )                          |   | (/                           |
| 0 <sup>a</sup>                      | 889   | 0                   | 0                            | 0                                       |                              |
| 1                                   | 333   | 0.31 (-0.03, 0.65)  | 0.075                        | 0.24 (-0.10, 0.59)                      | 0.16                         |
| 2                                   | 226   | 0.25 (-0.17, 0.67)  | 0.24                         | 0.20 (-0.23, 0.62)                      | 0.37                         |
| 3                                   | 139   | 0.50 (0.03, 0.97)   | 0.038                        | 0.43 (-0.04, 0.91)                      | 0.073                        |
| >4                                  | 130   | 0.65 (0.13, 1.16)   | 0.014                        | 0.53 (0.00, 1.07)                       | 0.052                        |
| (p-value for linear trend)          |       | ( +,)               | (0.004)                      | (,)                                     | (0.021)                      |

<sup>&</sup>lt;sup>a</sup>Reference category

Model 1 includes simultaneously fathers' and mothers' Mm-MAST. Model 2 includes simultaneously fathers' and mothers' Mm-MAST + adjustments for fathers' religiosity, mothers' religiosity, fathers' personality, mothers' personality, fathers' education, mothers' education, area of residence, and family structure. Lifetime abstainers included. Offspring problem drinking measured using Mm-MAST-11. Abbreviations: CI, confidence interval; Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version); Mm-MAST-11, Malmö-modified Michigan Alcoholism Screening Test (extended 11-item version).

<sup>&</sup>lt;sup>b</sup>p-value for a difference with the reference category

Supplementary Table 8. Association of fathers' and mothers' problem drinking with lifetime problem drinking of offspring at mid-thirties with lifetime abstainers included.

|                                     |       | MODEL 1            |                      | MODEL 2            |                              |
|-------------------------------------|-------|--------------------|----------------------|--------------------|------------------------------|
|                                     |       | (basic model)      |                      | (multiply-adjusted | model)                       |
|                                     | N     | β (95% CI)         | p-value <sup>b</sup> | β (95% CI)         | <i>p</i> -value <sup>b</sup> |
| SONS                                |       |                    | -                    |                    |                              |
| Fathers' problem drinking (Mm-MAST) | 1,130 |                    |                      |                    |                              |
| $0^{a}$                             | 358   | 0                  |                      | 0                  |                              |
| 1                                   | 206   | 0.11 (-0.41, 0.63) | 0.67                 | 0.01 (-0.50, 0.53) | 0.97                         |
| 2                                   | 198   | 0.81 (0.28, 1.33)  | 0.003                | 0.74 (0.22, 1.27)  | 0.006                        |
| 3                                   | 156   | 1.21 (0.63, 1.80)  | < 0.001              | 1.20 (0.60, 1.80)  | < 0.001                      |
| ≥4                                  | 212   | 0.85 (0.32, 1.38)  | 0.002                | 0.82 (0.26, 1.38)  | 0.004                        |
| (p-value for linear trend)          |       |                    | (<0.001)             |                    | (<0.001)                     |
| Mothers' problem drinking (Mm-MAST) | 1,130 |                    |                      |                    |                              |
| $0^{a}$                             | 585   | 0                  |                      | 0                  |                              |
| 1                                   | 230   | 0.04 (-0.43, 0.52) | 0.86                 | 0.04 (-0.43, 0.51) | 0.87                         |
| 2                                   | 153   | 0.07 (-0.44, 0.58) | 0.79                 | 0.06 (-0.45, 0.57) | 0.81                         |
| 3                                   | 75    | 0.93 (0.21, 1.64)  | 0.011                | 0.82 (0.10, 1.55)  | 0.027                        |
| ≥4                                  | 87    | 0.85 (0.18, 1.53)  | 0.014                | 0.69 (-0.03, 1.41) | 0.061                        |
| (p-value for linear trend)          |       |                    | (0.005)              |                    | (0.023)                      |
| DAUGHTERS                           |       |                    |                      |                    |                              |
| Fathers' problem drinking (Mm-MAST) | 1,453 |                    |                      |                    |                              |
| $0^{a}$                             | 458   | 0                  |                      | 0                  |                              |
| 1                                   | 274   | 0.18 (-0.22, 0.58) | 0.38                 | 0.13 (-0.29, 0.54) | 0.54                         |
| 2                                   | 262   | 0.22 (-0.20, 0.63) | 0.31                 | 0.12 (-0.30, 0.54) | 0.59                         |
| 3                                   | 190   | 0.90 (0.38, 1.42)  | 0.001                | 0.80 (0.26, 1.33)  | 0.004                        |
| ≥4                                  | 269   | 1.13 (0.67, 1.59)  | < 0.001              | 1.00 (0.51, 1.49)  | < 0.001                      |
| (p-value for linear trend)          |       |                    | (<0.001)             |                    | (<0.001)                     |
| Mothers' problem drinking (Mm-MAST) | 1,453 |                    |                      |                    |                              |
| $0^{\mathrm{a}}$                    | 720   | 0                  |                      | 0                  |                              |
| 1                                   | 304   | 0.03 (-0.34, 0.41) | 0.87                 | 0.05 (-0.33, 0.42) | 0.81                         |
| 2                                   | 193   | 0.16 (-0.31, 0.64) | 0.50                 | 0.13 (-0.35, 0.61) | 0.60                         |
| 3                                   | 125   | 0.30 (-0.25, 0.85) | 0.29                 | 0.28 (-0.27, 0.83) | 0.31                         |
| ≥4                                  | 111   | 0.64 (0.04, 1.23)  | 0.036                | 0.55 (-0.05, 1.15) | 0.073                        |
| (p-value for linear trend)          |       |                    | (0.034)              |                    | (0.067)                      |

<sup>&</sup>lt;sup>a</sup>Reference category

Model 1 includes simultaneously fathers' and mothers' Mm-MAST. Model 2 includes simultaneously fathers' and mothers' Mm-MAST + adjustments for fathers' religiosity, mothers' religiosity, fathers' personality, mothers' personality, fathers' education, mothers' education, area of residence, and family structure. Lifetime abstainers included. Abbreviations: CI, confidence interval; Mm-MAST, Malmö-modified Michigan Alcoholism Screening Test (original 9-item version); Mm-MAST-11, Malmö-modified Michigan Alcoholism Screening Test (extended 11-item version).

<sup>&</sup>lt;sup>b</sup>p-value for a difference with the reference category

### Supplementary Figure 1. Flowchart of the study cohort.

#### Wave 1 5,778 sons and daughters in adolescence (response rate 89.9%) (mean age 16.2, range 16–16)

2,782 sons (response rate 87.3%)

2,996 daughters (response rate 92.4%)

2,456 fathers (76.4% of families whose sons or daughters were invited)

2,718 mothers (84.5% of families whose sons or daughters were invited)

# Wave 4 5,240 sons and daughters at mid-twenties (response rate 84.5%) (mean age 24.5, range 21–28)

2,415 sons (response rate 78.8%)

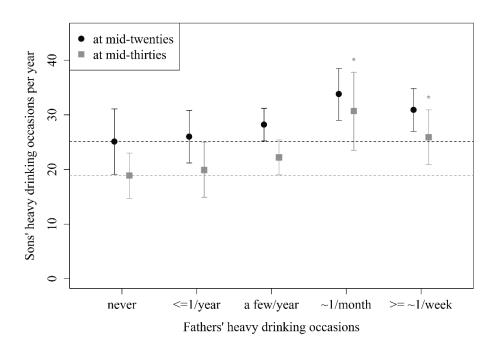
2,825 daughters (response rate 94.1%)

#### Wave 5 4,409 sons and daughters at mid-thirties (response rate 71.9%) (mean age 34.1, range 31–37)

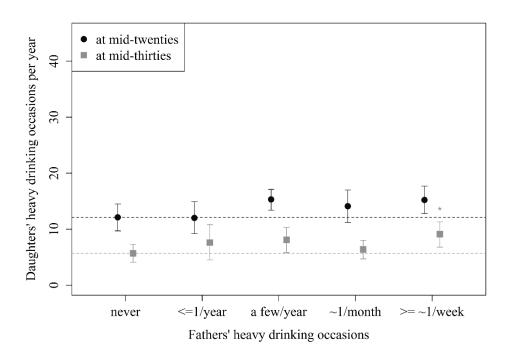
1,963 sons (response rate 66.0%)

2,446 daughters (response rate 77.4%)

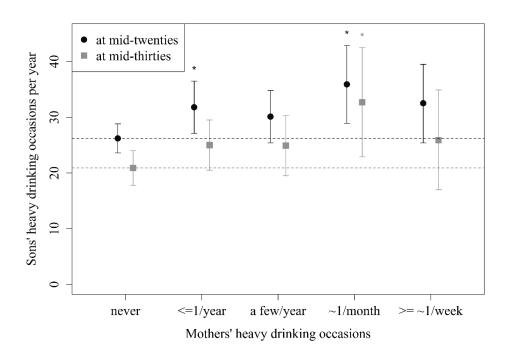
Supplementary Figure 2. Sons' heavy drinking occasions by fathers' heavy drinking occasions. Sons' heavy drinking occasions as adjusted mean heavy drinking occasions per year (with 95% confidence intervals) at mid-twenties (21–28 years) and at mid-thirties (31–37 years). \* = P < 0.05 for difference with baseline category where the father never has heavy drinking occasions. Fathers' heavy drinking occasions measured when the sons were 16 years old. Estimates adjusted for area of residence, family structure, fathers' and mothers' education, religiosity and personality and mothers' heavy drinking occasions. Lifetime abstainers excluded. The results are available in tabular form from the corresponding author upon request.



Supplementary Figure 3. Daughters' heavy drinking occasions by fathers' heavy drinking occasions. Daughters' heavy drinking occasions as adjusted mean heavy drinking occasions per year (with 95% confidence intervals) at mid-twenties (21–28 years) and at mid-thirties (31–37 years). \* = P < 0.05 for difference with baseline category where the father never has heavy drinking occasions. Fathers' heavy drinking occasions measured when the daughters were 16 years old. Estimates adjusted for area of residence, family structure, fathers' and mothers' education, religiosity and personality and mothers' heavy drinking occasions. Lifetime abstainers excluded. The results are available in tabular form from the corresponding author upon request.



Supplementary Figure 4. Sons' heavy drinking occasions by mothers' heavy drinking occasions. Sons' heavy drinking occasions as adjusted mean heavy drinking occasions per year (with 95% confidence intervals) at mid-twenties (21–28 years) and at mid-thirties (31–37 years). \* = P < 0.05 for difference with baseline category where the mother never has heavy drinking occasions. Mothers' heavy drinking occasions measured when the daughters were 16 years old. Estimates adjusted for area of residence, family structure, fathers' and mothers' education, religiosity and personality and fathers' heavy drinking occasions. Lifetime abstainers excluded. The results are available in tabular form from the corresponding author upon request.



Supplementary Figure 5. Daughters' heavy drinking occasions by mothers' heavy drinking occasions. Daughters' heavy drinking occasions as adjusted mean heavy drinking occasions per year (with 95% confidence intervals) at mid-twenties (21–28 years) and at mid-thirties (31–37 years). \* = P < 0.05 for difference with baseline category where the mother never has heavy drinking occasions. Mothers' heavy drinking occasions measured when the daughters were 16 years old. Estimates adjusted for area of residence, family structure, fathers' and mothers' education, religiosity and personality and fathers' heavy drinking occasions. Lifetime abstainers excluded. The results are available in tabular form from the corresponding author upon request.

