**Twin Research and Human Genetics**

Supplementary Material 1 – Peas in the Pod Questionnaire (PPQ)

**Definitive Zygosity Scores in the Peas in the Pod Questionnaire is a Sensitive and Accurate Assessment of the Zygosity of Adult Twins**

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**ZYGOSITY**

Dear Twin,

For research purposes we ask all twins to complete this short questionnaire so we can collect further information from which to ascertain your zygosity (i.e. whether you are an identical or non-identical twin), as some twins are uncertain about this. It is very important that you DO NOT confer with your twin otherwise it will give a false result. Please could you kindly complete the questions below and return with your questionnaire, even if you are sure about your zygosity.

Many thanks**.**

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**1.** a) At school, did people have trouble telling you apart?

(0) Ο Yes

(2) Ο No

(1) Ο I don’t know

b) Were your parents able to tell you apart at school age?

(2) Ο Yes

(0) Ο No

(1) Ο I don’t know

c) Were your close school friends able to tell you apart at school age?

(2) Ο Yes

(0) Ο No

(1) Ο I don’t know

d) Were strangers able to tell you apart at school age?

(2) Ο Yes

(0) Ο No

(1) Ο I don’t know

e) In childhood, which of the following would best describe you and your twin? (Please select one)

(0) Ο As alike as peas in a pod

(2) Ο Ordinary sibling likeness (like sisters or brothers)

(1) Ο I don’t know

**NOTE: We will contact you for further information if your Zygosity on completing this Questionnaire is different from your Self Report**