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| Supplementary Material A. Routine Outcome Measure Descriptive Statistics Split by Treatment Completion | | | | | | |
|  | Completed Treatment | | | Opted Out in Treatment | | |
|  | | Assessment | End of Treatment |  | Assessment | End of Treatment |
|  | *N* | *M* (*SD*) | *M* (*SD*) | *N* | *M* (*SD*) | *M* (*SD*) |
| MSI-BPD | 110 | 8.28 (1.74) | 5.48 (3.00) | 6 | 9.00 (1.27) | 8.33 (1.86) |
| BEST |  |  |  |  |  |  |
| Thoughts & Feelings | 100 | 29.00 (5.78) | 22.10 (7.24) | 5 | 30.60 (2.07) | 29.00 (6.29) |
| Behavioural Symptoms | 100 | 11.71 (3.41) | 7.86 (3.41) | 5 | 13.00 (3.08) | 10.00 (4.74) |
| Positive Behaviours | 100 | 8.00 (2.63) | 9.87 (2.82) | 5 | 7.20 (2.78) | 8.20 (2.17) |
| Total | 100 | 47.72 (9.33) | 35.12 (11.23) | 5 | 51.40 (7.16) | 45.80 (12.72) |
| DERS |  |  |  |  |  |  |
| Nonacceptance | 100 | 21.25 (5.99) | 16.87 (6.08) | 4 | 25.00 (4.40) | 20.75 (7.93) |
| Goals | 100 | 21.46 (3.48) | 17.86 (4.44) | 4 | 22.00 (2.00) | 21.50 (3.11) |
| Impulse | 100 | 21.89 (5.41) | 15.56 (5.83) | 4 | 22.25 (3.86) | 22.25 (6.19) |
| Awareness | 100 | 21.16 (4.21) | 18.20 (4.93) | 4 | 19.75 (4.11) | 16.75 (2.22) |
| Strategies | 100 | 31.50 (6.14) | 23.33 (7.71) | 4 | 31.25 (5.32) | 28.50 (6.56) |
| Clarity | 100 | 17.00 (3.92) | 13.75 (4.31) | 4 | 18.00 (6.98) | 14.25 (3.40) |
| Total | 100 | 134.00 (20.35) | 105.57 (27.19) | 4 | 138.25 (6.65) | 124.50 (25.32) |
| MFQ | 104 | 45.69 (11.74) | 31.63 (16.02) | 5 | 54.00 (6.67) | 49.00 (10.79) |
| SCARED | 102 | 48.30 (14.94) | 39.12 (17.19) | 5 | 58.40 (11.33) | 50.40 (9.94) |
| *Note.* \* MSI-BPD: MacLean Screening Instrument; clinical cut-off = >7. DERS: Difficulties in Emotion Regulation Scale; clinical cut-off total score = >128. BEST: Borderline Evaluation of Severity Over Time; clinical cut-off total score = >42. MFQ: Moods and Feelings Questionnaire; clinical cut-off = >29. SCARED: Screen for Child Anxiety-Related Emotional Disorder; clinical cut-off = >25. *d* = Cohen’s *d*. | | | | | | |

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| Supplementary Materials B. Self-Harm, A&E, Bed Days, and Education/Work Status Descriptive Statistics Split by Treatment Completion | | | | | | | | |
|  | Completed Treatment | | | | Opted Out in Treatment | | | |
|  | *N* | *M* | *Mdn* | *SD* | *N* | *M* | *Mdn* | *SD* |
| %Self-Harm-Free Weeks |  |  |  |  |  |  |  |  |
| Pre-Treatment | 106 | 63% | 67% | 35% | 32 | 73% | 71% | 21% |
| Quarter1 | 106 | 71% | 80% | 30% | 32 | 75% | 78% | 24% |
| Quarter2 | 106 | 79% | 92% | 25% | 32 | 78% | 80% | 24% |
| Quarter3 | 106 | 86% | 92% | 18% | 32 | 82% | 100% | 28% |
| Quarter4 | 106 | 88% | 93% | 18% | 32 | 89% | 100% | 17% |
| Count of Self-Harm Incidents |  |  |  |  |  |  |  |  |
| First 8-weeks | 108 | 8.48 | 4.00 | 14.28 | 32 | 3.34 | 3.00 | 2.68 |
| Final 8-weeks | 108 | 3.34 | 2.68 | 3.00 | 32 | 1.84 | 0.00 | 2.58 |
| Count of Occupied Bed Days |  |  |  |  |  |  |  |  |
| Before Treatment | 116 | 45.45 | 1.00 | 74.52 | 36 | 38.28 | 0.00 | 72.01 |
| During Treatment | 116 | 2.09 | 0.00 | 6.70 | 36 | 4.36 | 0.00 | 9.11 |
| Count of A&E Attendances |  |  |  |  |  |  |  |  |
| Before Treatment | 115 | 1.65 | 1.00 | 1.77 | 35 | 1.49 | 1.00 | 1.84 |
| During Treatment` | 115 | 0.66 | 0.00 | 1.31 | 35 | 0.63 | 0.00 | 1.29 |
| Work & Education Status |  |  |  |  |  |  |  |  |
| Assessment: In Work/Education | 98 (85%) |  |  |  | 26 (68%) |  |  |  |
| End Treatment: In Work/Education | 103 (89%) |  |  |  | 34 (90%) |  |  |  |

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| Supplementary Materials C. Sociodemographic Variables Split by Treatment Completion | | | |
|  | Completed Treatment | Opt Out in Pre-Treatment | Opt Out in Treatment |
|  | *M (SD)* | *M (SD)* | *M (SD)* |
| Age | 16.49 (0.91) | 16.83 (0.77) | 16.38 (1.20) |
|  | Freq (%) | Freq (%) | Freq (%) |
| Sex Assigned at Birth |  |  |  |
| Female | 110 (94.80%) | 27 (100%) | 38 (97.40%) |
| Male | 6 (5.20%) | 0 (0.00%) | 1 (2.6%) |
| Gender Identity |  |  |  |
| Cisgender | 71 (88.80%) | 24 (88.90%) | 37 (94.90%) |
| Transgender (Binary & Non-Binary) | 5 (11.30%) | 3 (11.10%) | 2 (5.10%) |
| Sexual Orientationa |  |  |  |
| Bisexual | 14 (22.60%) | 5 (35.70%) | 6 (42.90%) |
| Pansexual | 5 (8.10%) | 0 (0.00%) | 1 (7.10%) |
| Gay/Lesbian | 9 (14.50%) | 3 (21.40%) | 1 (7.10%) |
| Heterosexual | 29 (46.80%) | 4 (28.60%) | 6 (42.90%) |
| Other | 4 (5.40%) | 1 (7.10%) | 0 (0.00%) |
| Prefer Not to Say | 1 (1.60%) | 1 (7.10%) | 0 (0.00%) |
| Ethnicity |  |  |  |
| White British or Irish | 81 (69.80%) | 16 (64.00%) | 28 (80.00%) |
| White Any Other Background | 9 (7.80%) | 3 (12.00%) | 2 (5.70%) |
| Mixed White and Black | 10 (8.60%) | 1 (4.00%) | 0 (0.00%) |
| Mixed White and Asian | 6 (5.20%) | 0 (0.00%) | 1 (2.90%) |
| Mixed Other | 4 (3.40%) | 0 (0.00%) | 0 (0.00%) |
| Asian or Asian British | 0 (0.00%) | 1 (4.00%) | 1 (2.90%) |
| Black or Black British | 4 (3.40%) | 3 (12.00%) | 2 (5.70%) |
| Other | 1 (1.70%) | 1 (4.00%) | 1 (2.90%) |
| LAC Status |  |  |  |
| Looked after child | 109 (94.00%) | 19 (70.40%) | 36 (92.30%) |
| Not a Looked After Child | 7 (6.00%) | 8 (29.60%) | 3 (7.70%) |
| *Note*. aQuestions regarding sexual orientation were added in 2017. LAC: looked after child. | | | |