Appendix A

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| *Interview Questions* |
| 1a) Could you please describe in detail your experience of doing **DBT one-to-one sessions via video**? What worked well for you?1b) What did not work so well?2a) Could you please describe in detail your experience of doing **DBT skills group sessions via video?** What were some of the things that worked well?2b) What were some of the things that didn't work so well?3) Do you feel your relationship with your therapist is different because of video sessions? If so, please describe your experience in detail. 4) How did you find participating in any of these aspects of your one-to-one video sessions: reviewing a diary card, completing chain analysis, managing intense emotions and urges and practicing skills in session? What worked well for you?4b) What did not work so well for you?5) What do you feel you might have gained and lost by having to do video/phone sessions compared to 'face to face’ sessions?6) Please share any suggestions you have on how DBT via video/phone could be improved. |