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| **Supplementary Table A** Remission rates of CBT-E for various eating disorder classifications |
|  |  |  |  |  |  |
| Diagnosis | Type of Remission | Time of Measurement | Remission Rates1  | Author, year |  |
| **Transdiagnostic model** |  |  |
|  | EDE-Q  | EOT | 35-69.1%  | Berg., et al, 2020 ; Byrne., et al, 2011; Dalle Grave., et al, 2015; Fairburn et al., 2015; Fairburn et al., 2009; Signorini., et al, 2018; Byrne., et al, 2017; Wade et al., 20162; Watson., et al, 2012 |
|  |  | 20 weeks FU | 58-65%  | Fairburn et al., 2015; Fairburn et al., 2009; Signorini et al., 2018  |
|  |  | 40 weeks FU | 65-70%  | Fairburn et al., 2015; Fairburn et al., 2009  |
|  | Full recovery | EOT | 45% | Fairburn et al., 2015 |  |
|  |  | EOT | 50% | Dalle Grave et al., 2015  |  |
|  |  | EOT | 39.1% | Berg., et al, 2020 |  |
| **AN** |  |  |  |  |  |
|  | EDE-Q  | EOT | 18-40%  | Byrne et al., 2011; Calugi, El Ghoch, & Dalle Grave, 2017; Watson et al., 2012  |
|  | Full recovery | EOT | 14.3-30%  | Calugi et al., 2017; Wade et al., 2017  |
|  | BMI>18,5 | EOT | 31.2-36.4%  | Byrne et al., 2011; Frostad et al., 2018  |
|  |  | One year FU | 50-77.3%  | Frostad et al., 2018  |  |
| **BN** |  |  |  |  |  |
|  | EDE-Q  | EOT | 22.5-53%  | Fairburn et al., 2009; Poulsen et al., 2014; Watson et al., 2012; Wonderlich et al., 2014  |
|  |  | 60 weeks FU | 50-69%  | Fairburn et al., 2009; Fairburn et al., 2015., Wonderlich et al., 2014  |
| **BN and OSFED** |  |  |
|  | EDE-Q  | EOT | 78% | Knott, Woodward, Hoefkens, & Limbert, 2015  |  |
| **BN and borderline personality disorder** |  |  |
|  | EDE-Q  | EOT | 40-44%  | Thompson-Brenner et al., 2016 |
| **OSFED** |  |  |  |  |  |
|  | EDE-Q  | EOT | 27-54%  | Fairburn et al., 2009; Watson et al., 2012  |
|  |  |  60 weeks FU | 46% | Fairburn et al., 2009 |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| 1 EDE-Q < 1SD above community norm, no remission rates for BED specifically have been reported, 2 group CBT-E*EOT* end of treatment, *FU* follow-up  |