helping the couple to make their own connections and discoveries?		
Item 8. Formulation of Depression in Context Were there statements and/or actions designed to focus the session on relevant individual, couple, or environmental factors impacting the patient's depression, and any relationship distress experienced in the context of the depression?		
Item 9. Selection of Intervention Strategy Did the therapist select an intervention strategy that was appropriate to the stage of therapy and the couple's needs (as identified by the case conceptualisation and the way the session unfolded)?		
Item 10. Emotion-Focused Interventions Did the therapist facilitate the expression and processing of appropriate levels of emotion by the couple? Was there evidence of the therapist's attentiveness to different emotions and guidance given to the couple, either directly or indirectly, on how these emotions could be amplified or contained (depending on their adaptiveness)?		
Item 11. Cognitive Interventions Did the therapist demonstrate the ability to identify and work effectively with key cognitions and/or cognitive processes? Were any interventions implemented with adequate skill to enable the couple to make a positive shift in perspective?		
Item 12. Behavioural Interventions Did the therapist work effectively with specific target behaviours (reducing negative behaviours or promoting positive behaviours)? Were specific interventions used effectively to		

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