Name of Therapist: ……..

Date of session with couple: ……

Session No.: .....

Name of Assessor: .....

BCTS-D Item	Score 0-6	Comments
Item 1. Agenda Setting Did the therapist establish a focus for the session? Was a clear agenda set, with priorities identified that provided a clear 'steer' for the session that was to follow?		
Item 2. Review of Homework (from the previous session) Did the therapist review the homework agreed upon at the previous session? Were new insights or learning elicited? If needed, were any obstacles identified and explored to enable 'follow through' with future homework tasks?		
Item 3. Collaboration Did the therapist facilitate effective teamwork, promoting an adaptive working relationship between the therapist and couple, in which appropriate levels of transparency and mutual feedback were encouraged? Were statements and/or actions made that encouraged both members of the couple to participate appropriately, and which prevented an unequal power relationship from developing between the couple and the therapist?		

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