Supplementary Information – Exposure Implementation Beliefs Scale (EIBS)

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| **Instructions:** Please rate to what extent you believe the behaviors identified in the previous questionnaire (above) are necessary to … | *Very Little* | *A Little* | *Some* | *Much* | *Very Much* |
| 1 … ensure the client is safe? | 0 | 1 | 2 | 3 | 4 |
| 2 … ensure the client is able to tolerate their anxiety? | 0 | 1 | 2 | 3 | 4 |
| 3 … ensure the client is able to function? | 0 | 1 | 2 | 3 | 4 |
| 4 … prevent being sued by the client? | 0 | 1 | 2 | 3 | 4 |
| 5 … prevent the client dropping out? | 0 | 1 | 2 | 3 | 4 |
| 6 … maintain therapeutic alliance? | 0 | 1 | 2 | 3 | 4 |
| 7 … ensure the client will conduct the exposure task? | 0 | 1 | 2 | 3 | 4 |
| 8 … decrease your own distress? | 0 | 1 | 2 | 3 | 4 |
| 9 … prevent a breach of ethical guidelines | 0 | 1 | 2 | 3 | 4 |
| 10 … prevent a breach of legal guidelines | 0 | 1 | 2 | 3 | 4 |