**Supplementary Table S1.** Measures that responding clinicians (n=10) reported they tend to use with clients, arranged by frequency

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| --- | --- |
| **Outcome Measure** | **No. Of Clinicians** |
| BDI-II (Beck Depression Inventory) | 7 |
| Impact of Events Scale | 6 |
| CORE Outcome Measure | 5 |
| HADS (Hospital Anxiety and Depression Scale) | 4 |
| BAI (Beck Anxiety Inventory) | 3 |
| DES-II (Dissociative Experiences Scale) | 3 |
| Effects of Problem on Life | 3 |
| BAVQ-R (Beliefs About Voices Questionnaire) | 2 |
| Five Facets of Mindfulness Scale | 2 |
| MCMI-III (Millon Clinical Multiaxial Inventory) | 2 |
| PHQ-9 (Patient Health Questionnaire) | 2 |
| YSQ (Young Schema Questionnaire) | 2 |
| AAQ-II (Acceptance and Action Questionnaire) | 1 |
| AQ and EQ (Autistic and Empathy Quotient Tests) | 1 |
| BHS (Beck Hopelessness Scale) | 1 |
| CAPS (Clinician Administered PTSD Scale) | 1 |
| CAT (Cognitive Analytic Therapy) Rating Sheets | 1 |
| Coping with Difficult Emotions Self-Assessment | 1 |
| Eating Disorders Scale(s) | 1 |
| PDS (Posttraumatic Diagnostic Scale) | 1 |
| Forms of Self-Criticising/Attacking and Self-Reassuring Scale | 1 |
| GAD-7 (Generalised Anxiety Disorder Scale) | 1 |
| Initial PTS questionnaire | 1 |
| OCI (Obsessive Compulsive Inventory) | 1 |
| PCL (Posttraumatic Stress Disorder Checklist) | 1 |
| PSYRATS (Psychotic Symptoms Rating Scales) | 1 |
| Rosenberg Self-Esteem Scale | 1 |
| Self-Compassion Scale | 1 |
| Social Comparison Scale | 1 |
| WEMWBS (Warwick-Edinburgh Mental Well-being Scale) | 1 |
| Wessex Dissociation Scale | 1 |
| Work & Social Adjustment Scale | 1 |
| YBOCS (Yale-Brown Obsessive Compulsive Scale) | 1 |