**Table 1. Proportion of the respondents taking part in involvement activities and estimated impact**

|  |  |  |
| --- | --- | --- |
|  | **Extent of involvement:** **% and frequency (n)** | **Estimated impact:****%, mean and frequency (n)** |
| **Type of activity** | **At any time** | **Last 12 months** | **At any time:** **% and 95% CI** | **Any****impact (%)** | **No impact at all (%)** | **Don’t know (%)** | **Impact****Mean, 95% CI** | **n\*\*** |
| Voting in regional elections | 75.7\* | 1057 | No Election | 75.66 [73.39, 77.93] | 49 | 33 | 18 | 2.7 [2.50, 2.87] | 867 |
| Replying to a patient survey | 36.0 | 540 | 14.5 | 219 | 36.00 [33.57, 38.44] | 51 | 29 | 20 | 2.5 [2.29, 2.77] | 431 |
| Changing your healthcare provider to get better care | 28.8 | 432 | 11 | 166 | 28.77 [26.48, 31.07] | 78 | 13 | 9 | 6.0 [5.63, 6.28] | 393 |
| Signing a petition | 28.6 | 428 | 13.5 | 202 | 28.57 [26.28-30.86] | 50 | 29 | 21 | 2.9 [2.59, 3.21] | 339 |
| Talking directly to healthcare professionals about changes | 20.0 | 299 | 15 | 221 | 19.95 [17.92-21.97] | 58 | 30 | 12 | 3.7 [3.29, 4.11] | 263 |
| Using social media to achieve a change | 10.4 | 157 | 8.5 | 129 | 10.41 [8.86, 11.96] | 55 | 32 | 13 | 2.6 [2.20, 3.07] | 135 |
| Contacting a local public official | 9.5 | 143 | 5 | 79 | 9.54 [8.05, 11.03] | 60 | 34 | 6 | 3.5 [2.95, 4.06]  | 134 |
| Participating in a demonstration | 7.6  | 113 | 3 | 46 | 7.56 [6.22, 8.90] | 60 | 23 | 17 | 3.7 3.05, 4.37] | 94 |
| Joining or working in a political party | 7.2 | 109 | 2 | 30 | 7.24 [5.93, 8.55] | 64 | 23 | 13 | 3.9 [3.27, 5.53] | 95 |
| Contacting the news media (debate articles etc.) | 5.9 | 89 | 3 | 45 | 5.91 [4.71, 7.10] | 55 | 29 | 16 | 3.0 [2.32, 3.75] | 74 |
| Making a complaint to a patient board or IVO | 5.7 | 85 | 1.5 | 21 | 5.66 [4.49-6.83] | 38 | 50 | 12 | 2.4 [1.68, 3.19] | 75 |
| Contacting a local politician  | 4.5  | 68 | 2 | 33 | 4.53 [3.47, 5.58] | 70 | 19 | 11 | 3.9 [3.19, 4.69] | 61 |
| Joining or working in a patient organization or similar | 4.0  | 61 | 2 | 29 | 4.03 [3.0, 5.02] | 70 | 19 | 11 | 4.3 [3.54, 5.15] | 53 |
| Taking part in a citizen council or citizen panel | 1.8  | 27 | 1  | 15 | 1.81 [1.14, 2.49] | 75 | 21 | 4 | 3.5 [2.35, 4.71] | 26 |
| Submitting a citizen suggestion | 1.2  | 18 | 0 | 3 | 1.19 [0.64, 1.74] | 32 | 33 | 35 | 2.4 [0.34, 4.47] | 12 |

\*Percentage calculated based on the number of respondents eligible to vote in regional elections 2014.

\*\* Number of respondents that had been involved and were able to estimate the impact.

**Table 2. Indexed activities: extent and estimated impact**

|  |  |  |
| --- | --- | --- |
| **Indexed activities** | **Extent**$\overbar{x} $**% and 95% CI** | **Estimated impact**$\overbar{x} $**and 95% CI** |
| **ALL** |  |  |
| Collective activities | 05.16 [04.52, 05.80] | 3.69 [3.29, 4.08] |
| Individual activities incl. voting and exit | 20.10 [19.30, 20.91] | 3.11 [2.96, 3.26] |
| Individual activities excl. voting and exit | 13.53 [12.71, 14.35] | 2.63 [2.48, 2.78] |
| **PATIENTS** |  |  |
| Patient activities | 18.88 [17.85, 19.92] | 3.84 [3.63, 4.05] |
| Patient activities excluding exit | 16.41 [15.35, 17.47] | 2.89 [2.67, 3.11] |
| Individual patient activities incl. exit | 22.60 [21.37, 23.82] | 3.85 [3.64, 4.06] |
| Individual patient activities excl. exit | 20.54 [19.23, 21.85] | 2.85 [2.63, 3.08] |
| Collective patient activities | 04.03 [03.03, 05.02] | 4.34 [3.54, 5.14] |
| **PATIENTS AND CITIZENS** |  |  |
| Patient/citizen activities | 12.40 [11.42, 13.38] | 2.88 [2.63, 3.13] |
| **PUBLIC** |  |  |
| Public activities including voting | 17.07 [16.36, 17.77] | 2.66 [2.48, 2.84] |
| Public activities excluding voting | 03.69 [03.12, 04.27] | 3.40 [2.95, 3.85] |
| Individual citizen including voting | 25.43 [24.52, 26.35] | 2.68 [2.50, 2.86] |
| Individual citizen excluding voting | 02.86 [02.23, 03.49] | 3.69 [2.96, 4.41] |
| Collective citizen activities | 04.53 [03.75, 05.30] | 3.65 [3.11, 4.19] |