Appendix 1 **Interview guide**

1. Can you tell me about yourself, what does a typical day look like for you?
2. How do you feel about being a caregiver?
3. Do you feel a need for support in dealing with the caregiving situation?

* What do you need help with?
* What kind of support do you need?
* What would help you feel more capable of providing care?
* Do you have a need for more information about ALS? About what topics would you like more information?
* Would you like to have more contact with peers? Have you tried to make contact with peers?