***The COPE Project***

**Interview guide – Participant dyads**

Background:

* Relationship
* Living arrangements
* Ages
* Formal diagnosis of dementia?
* Challenges when caring for [\_\_\_]before commencing the COPE program
* Time since last saw COPE therapist

1. Expectations

You recently participated in the COPE program with [\_\_\_\_\_] who was trained by the COPE team. How did you initially get involved with the program?

* 1. How did you get in contact with the occupational therapist?
  2. What did you hope to gain from the program? (expectations)
  3. Were you receiving any other supports?

1. Experiences

What about experiences with the COPE program? What were the things that really stood out to you?

* 1. Were there specific things the therapist could help you with?
     1. *The most helpful aspects of the program? (Eg. timely, collaborative, practical, specific, easy to understand, relevant)*
     2. *The least helpful aspects (Eg. too prescriptive (i.e. not tailored enough), too difficult, too expensive, invasive)*
  2. Did you have a chance to provide input into the strategies that were developed?

1. Life after COPE

It has been *[xx time]* since you last saw the therapist. How are things going now?

* 1. Have you been able to continue using the strategies you learned?
     1. *If so, how? If not, why would that be?*
  2. Has participating in this program affected your ability to problem solve?
     1. Engage [name] in activities?
        1. *If so, how? If not, why would that be?*
  3. Did your therapist suggest any equipment or resources that you could buy?
     1. *If so, did you buy this, and why / why not?*
  4. Can you think of other services now that could be helpful for you?

Do you have any advice on how to improve the program?

What is your overall satisfaction with the program?

1. 1 – Not valuable I 2 - Somewhat valuable I 3 - Valuable I 4 – Very valuable