**Supplementary Table 2.** Ingredient lists used to determine presence of added sugar, fat, sodium and caffeine in each product, for application of Mexican labelling legislation

|  |  |
| --- | --- |
| Added sugar | Agave |
| Caramel |
| Coconut nectar |
| Corn sweetener |
| Dextrose |
| Fermented cane spirit |
| Fructose |
| Fruit puree/concentrates |
| Glucose (incl. glucose-liquid) |
| Honey |
| Juice from concentrates |
| Lactase |
| Lactose |
| Malt extract (hopped, liquid, barley) |
| Maltodextrin |
| Maltose |
| Molasses |
| Sucrose |
| Sugar |
| Syrup |
| Treacle |
| White icing |
| Fat | Acids (fatty, stearic) |
| Butter |
| Dripping |
| Fats (animal, beef, chicken, duck, lamb, palm, pastry, pork, vegetable) |
| Ghee |
| Lard |
| Margarine |
| Medium chain triglyceride |
| Oil |
| Shortening |
| Tallow |
| Sodium | Brine |
| Salt |
| Sodium chloride |
| Caffeine | Caffeine |
| Coffee |
| Guarana |
| Kombucha |
| Matcha |
| Tea (black, green) |