**Appendix A.** Criteria for assessing adequacy of each of the components of the dissemination plan as adapted from the Canadian Institute for Health Research guide.

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| **Goals** * KT goals are clear, concrete and well justified.
* KT goals are appropriate for FBDGs and target the relevant knowledge-user audiences.
 |
| **Audience** * The plan considers all/the majority of potentially relevant knowledge-user audiences (e.g., public, health professionals, other relevant organisations)
* The audiences are defined in terms of their sector, roles, responsibilities, and decision-making needs.
 |
| **Strategies** * The strategies are appropriate to achieve the goal.
* The plan takes into consideration the context in which the knowledge is to be used.
* Different strategies are proposed for different audiences.
* The plan considers barriers and facilitators to knowledge use.
 |
| **Expertise** * Knowledge users are involved in the dissemination process.
* There is sufficient description of the available expertise needed to execute the plan
 |
| **Resources** * There is allocated budget and financial support to execute the plan
 |

Reference:

Canadian Institutes of Health Research (2012) *Guide to Knowledge Translation Planning at CIHR: Integrated and End-of-Grant Approaches*. Ottawa: CIHR.