### Supplementary Material 2: Quality Assessment of Included Studies

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Citation** | **Publication Date** | **Study Design** | **S1** | **S2** | **1.1** | **1.2** | **1.3** | **1.4** | **1.5** | **4.1** | **4.2** | **4.3** | **4.4** | **4.5** | **5.1** | **5.2** | **5.3** | **5.4** | **5.5** |
| Biggs J., et al. | 2014 | Qualitative | Y | Y | Y | Y | Y | U | U |  |  |  |  |  |  |  |  |  |  |
| Calder K., et al. | 2017 | Mixed methods | Y | Y |  |  |  |  |  |  |  |  |  |  | Y | U | Y | Y | Y |
| Friend S., et al. | 2014 | Mixed methods | Y | Y |  |  |  |  |  |  |  |  |  |  | Y | U | Y | Y | Y |
| Gittelsohn J., et al. | 2003 | Mixed methods | Y | Y |  |  |  |  |  |  |  |  |  |  | U | U | U | Y | Y |
| Greaney M., et al. | 2014 | Qualitative | Y | Y | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |  |  |  |
| Hayes C., et al. | 2019 | Qualitative | Y | Y | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |  |  |  |
| McIsaac J., et al. | 2015 | Qualitative | Y | Y | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |  |  |  |
| Middleton G., et al. | 2012 | Qualitative | Y | Y | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |  |  |  |
| Nathan N., et al. | 2017 | Quantitative (descriptive) | Y | Y |  |  |  |  |  | Y | Y | U | Y | Y |  |  |  |  |  |
| Naylor P., et al. | 2010 | Mixed methods | Y | Y |  |  |  |  |  |  |  |  |  |  | N | N | Y | Y | Y |
| Naylor P., et al. | 2015 | Mixed methods | Y | Y |  |  |  |  |  |  |  |  |  |  | Y | Y | Y | Y | Y |
| Phaitrakoon J., et al. | 2014 | Qualitative | Y | Y | Y | Y | Y | Y | Y |  |  |  |  |  |  |  |  |  |  |
| Verjans-Janssen S., et al. | 2020 | Qualitative | Y | Y | Y | Y | U | U | U |  |  |  |  |  |  |  |  |  |  |