Supplementary table 1- The percentage of people receiving less than EAR for each nutrient.

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|  | **UPFs tertiles** |  |
|  | **T1** | **T2** | **T3** | **P trend1** |
| Potassium  | 89.30 | 85.50 | 83.20 | 0.005 |
| Calcium  | 62.30 | 48.60 | 47.20 | <0.0001 |
| Magnesium  | 58.00 | 49.00 | 50.50 | 0.002 |
| Zinc  | 23.90 | 15.90 | 17.50 | <0.0001 |
| Iron  | 35.90 | 35.20 | 39.40 | 0.245 |
| Phosphorous  | 7.20 | 5.20 | 4.60 | 0.109 |
| Thiamin  | 27.00 | 23.80 | 32.10 | 0.003 |
| Riboflavin  | 34.90 | 20.10 | 25.90 | <0.0001 |
| Niacin  | 35.30 | 28.00 | 34.80 | 0.006 |
| Pyridoxine  | 15.60 | 6.30 | 6.70 | <0.0001 |
| Folate  | 89.40 | 83.90 | 87.20 | 0.010 |
| Cobalamin  | 42.80 | 26.30 | 26.00 | <0.0001 |
| Vitamin C  | 36.80 | 27.10 | 32.20 | 0.001 |
| Vitamin D  | 100.00 | 99.90 | 100.00 | 0.371 |

1Derived from chi-square test..