**Supplementary Table: Key questions asked during focus group discussions**

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| **SEM level** | **Key Questions** |
| Individual | * *(Choose from a pile of food cards)* What do you usually eat for lunch and dinner? * *(Choose from a pile of food cards)* Which are the food that you like to eat? Why do you like them? * What do you think about healthy eating? Do you think it is important? * How did you learn about healthy eating? |
| Social environment | * Who do you usually eat your meals/ snacks with? * Who decides where and what you eat usually? * *(Choose from a pile of people cards)* Who are the people who would normally encourage/ discourage you to eat more fruits and vegetables? Why do you think they would say this? * Do you have any rules at home or school regarding consuming snacks? |
| Physical environment | * How do you find the foods in your school canteen? * How do you usually get your snacks? |