**Supplementary Table: Key questions asked during focus group discussions**

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| **SEM level** | **Key Questions** |
| Individual | * *(Choose from a pile of food cards)* What do you usually eat for lunch and dinner?
* *(Choose from a pile of food cards)* Which are the food that you like to eat? Why do you like them?
* What do you think about healthy eating? Do you think it is important?
* How did you learn about healthy eating?
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| Social environment | * Who do you usually eat your meals/ snacks with?
* Who decides where and what you eat usually?
* *(Choose from a pile of people cards)* Who are the people who would normally encourage/ discourage you to eat more fruits and vegetables? Why do you think they would say this?
* Do you have any rules at home or school regarding consuming snacks?
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| Physical environment | * How do you find the foods in your school canteen?
* How do you usually get your snacks?
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