Supplemental Table 1. Positive deviant food and nutritional quality used in the PD/Hearth sessions, Bangladesh Rajshahi Division Maternal and Child Nutrition (2018-2019)

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| --- | --- | --- | --- | --- | --- |
| Food item  | Amount (g) | Energy(kcal) | Protein (g) | Iron (mg) | Local value (Tk) |
| Rice  | 65 | 255.00 | 4.16 | 1.63 | 3.00 |
| Lentil  | 25 | 90.00 | 6.52 | 1.29 | 2.50 |
| Potato  | 25 | 24.25 | 0.40 | 0.34 | 0.50 |
| Indian Spinach  | 25 | 8.00 | 0.50 | 3.50 | 0.25 |
| Egg  | 32 | 56.00 | 4.32 | 0.85 | 4.00 |
| Soybean Oil  | 25 | 225.00 | - | - | 3.00 |
| Green leaf of drumstick  | 25 | 23.00 | 1.36 | 1.65 | - |
| Seed of jackfruit  | 50 | 87.50 | 6.00 | 0.75 | - |
| Red Amaranth  | 25 | - | 1.33 | 4.31 | 0.50 |
| Pumpkin  | 50 | 6.25 | 0.35 | 0.21 | 2.00 |
| **Total** | **347** | **775** | **25** | **15** | **16** |