Supplement tables

**Table 1a: loadings for the first principal component- family support**

|  |  |
| --- | --- |
| **Variables** | **Principal component loading** |
| I get the emotional help and support I need from my family | 0.92 |
| My family really tries to help me | 0.89 |
| I can talk about my problems with my family | 0.89 |
| My family is willing to help me make decisions | 0.89 |

**Table 1b: loadings for the second principal component- teacher support**

|  |  |
| --- | --- |
| **Variables** | **Principal component loading** |
| I feel that my teachers care about me as a  person | 0.90 |
| I feel that my teachers accept me as I am | 0.89 |
| I feel a lot of trust in my teachers | 0.88 |

**Table 1c: Factor loadings for the third principal component- peer support**

|  |  |
| --- | --- |
| **Variables** | **Principal component loading** |
| I can count on my friends when things go wrong | 0.87 |
| I have friends with whom I can share my joys and sorrows | 0.87 |
| My friends really try to help me | 0.86 |
| I can talk about my problems with my friends | 0.86 |

Extraction Method: Principal Component Analysis.

Rotation Method: Varimax with Kaiser Normalization. a

a. Rotation converged in 4 iterations.