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| **Supplement table 1** – Codes and Categories used for foods sources analyses: **ELANS 2014-2015**. | | | | | |
| **Main Group** | | **Subgroup** | | **Category** | |
| **Description** | **Code** | **Description** | **Code** | **Description** | **Code** |
| Milk and dairy | 1 | Milk | 10 | Milk, whole | 1002 |
| Milk and dairy | 1 | Milk | 10 | Milk, reduced fat | 1004 |
| Milk and dairy | 1 | Milk | 10 | Milk, lowfat | 1006 |
| Milk and dairy | 1 | Milk | 10 | Milk, nonfat | 1008 |
| Milk and dairy | 1 | Flavored Milk | 12 | Flavored milk, whole | 1202 |
| Milk and dairy | 1 | Flavored Milk | 12 | Flavored milk, reduced fat | 1204 |
| Milk and dairy | 1 | Dairy Drinks and Substitutes | 14 | Milk shakes and other dairy drinks | 1402 |
| Milk and dairy | 1 | Dairy Drinks and Substitutes | 14 | Milk Substitutes | 1404 |
| Milk and dairy | 1 | Cheese | 16 | Cheese | 1602 |
| Milk and dairy | 1 | Cheese | 16 | Cottage/ricotta cheese | 1604 |
| Milk and dairy | 1 | Yogurt | 18 | Yogurt, whole | 1802 |
| Milk and dairy | 1 | Yogurt | 18 | Yogurt, lowfat and nonfat | 1804 |
| Protein foods | 2 | Meats | 20 | Beef, excludes ground | 2002 |
| Protein foods | 2 | Meats | 20 | Ground beef | 2004 |
| Protein foods | 2 | Meats | 20 | Pork | 2006 |
| Protein foods | 2 | Meats | 20 | Lamb, goat, game | 2008 |
| Protein foods | 2 | Meats | 20 | Liver and organ meats | 2010 |
| Protein foods | 2 | Poultry | 22 | Chicken, whole pieces | 2202 |
| Protein foods | 2 | Poultry | 22 | Chicken patties, nuggets and tenders | 2204 |
| Protein foods | 2 | Poultry | 22 | Turkey, duck, other poultry | 2206 |
| Protein foods | 2 | Seafood | 24 | Fish | 2402 |
| Protein foods | 2 | Seafood | 24 | Selfish | 2404 |
| Protein foods | 2 | Eggs | 25 | Eggs and omelets | 2502 |
| Protein foods | 2 | Cured Meats/Poultry | 26 | Cold cuts and cured meats | 2602 |
| Protein foods | 2 | Cured Meats/Poultry | 26 | Bacon | 2604 |
| Protein foods | 2 | Cured Meats/Poultry | 26 | Frankfurters | 2606 |
| Protein foods | 2 | Cured Meats/Poultry | 26 | Sausages | 2608 |
| Protein foods | 2 | Plant-based Protein Foods | 28 | Beans, peas, legumes | 2802 |
| Protein foods | 2 | Plant-based Protein Foods | 28 | Nuts and seeds | 2804 |
| Protein foods | 2 | Plant-based Protein Foods | 28 | Processed soy-products | 2806 |
| Mixed dishes | 3 | Mixed Dishes, M/P/S | 30 | Meat mixed dishes | 3002 |
| Mixed dishes | 3 | Mixed Dishes, M/P/S | 30 | Poultry mixed dishes | 3004 |
| Mixed dishes | 3 | Mixed Dishes, M/P/S | 30 | Seafood mixed dishes | 3006 |
| Mixed dishes | 3 | Mixed Dishes, Grain-based | 32 | Rice mixed dishes | 3202 |
| Mixed dishes | 3 | Mixed Dishes, Grain-based | 32 | Pasta mixed dishes | 3204 |
| Mixed dishes | 3 | Mixed Dishes, Grain-based | 32 | Other mixed dishes | 3206 |
| Mixed dishes | 3 | Mixed Dishes, Grain-based | 32 | Turnovers and other grain-based items | 3208 |
| Mixed dishes | 3 | Mixed Dishes, Asian | 34 | Fried rice and lo/chow mein | 3402 |
| Mixed dishes | 3 | Mixed Dishes, Asian | 34 | Stir-fry and soy-based sauce mixtures | 3404 |
| Mixed dishes | 3 | Mixed Dishes, Asian | 34 | Egg rolls, dumplings, sushi | 3406 |
| Mixed dishes | 3 | Mixed Dishes, Mexican | 35 | Burritos and tacos | 3502 |
| Mixed dishes | 3 | Mixed Dishes, Mexican | 35 | Nachos | 3504 |
| Mixed dishes | 3 | Mixed Dishes, Mexican | 35 | Other Mexican mixed dishes | 3506 |
| Mixed dishes | 3 | Mixed Dishes, Pizza | 36 | Pizza | 3602 |
| Mixed dishes | 3 | Mixed Dishes, Sandwiches | 37 | Burgers (single code) | 3702 |
| Mixed dishes | 3 | Mixed Dishes, Sandwiches | 37 | Frankfurter sandwiches (single code) | 3704 |
| Mixed dishes | 3 | Mixed Dishes, Sandwiches | 37 | Chicken/turkey sandwiches (single code) | 3706 |
| Mixed dishes | 3 | Mixed Dishes, Sandwiches | 37 | Egg/breakfast sandwiches (single code) | 3708 |
| Mixed dishes | 3 | Mixed Dishes, Sandwiches | 37 | Other sandwiches (single code) | 3710 |
| Mixed dishes | 3 | Mixed Dishes, Soups | 38 | Soups | 3802 |
| Mixed dishes | 3 | Mixed Dishes, Local-based | 39 | Local-based items | 3902 |
| Grains | 4 | Cooked grains | 40 | Rice | 4002 |
| Grains | 4 | Cooked grains | 40 | Pasta, noodles, cooked grains | 4004 |
| Grains | 4 | Breads, Rolls, Tortillas | 42 | Yeast breads | 4202 |
| Grains | 4 | Breads, Rolls, Tortillas | 42 | Rolls and buns | 4204 |
| Grains | 4 | Breads, Rolls, Tortillas | 42 | Bagels and English muffins | 4206 |
| Grains | 4 | Breads, Rolls, Tortillas | 42 | Tortillas | 4208 |
| Grains | 4 | Quick Breads and Bread Products | 44 | Biscuits, muffins, quick breads | 4402 |
| Grains | 4 | Quick Breads and Bread Products | 44 | Pancakes, waffles, French toast | 4404 |
| Grains | 4 | Ready-to-Eat Cereals | 46 | Ready-to-eat cereal, higher sugar (>21.2g/100g) | 4602 |
| Grains | 4 | Ready-to-Eat Cereals | 46 | Ready-to-eat cereal, lower sugar (=<21.2g/100g) | 4604 |
| Grains | 4 | Cereals | 48 | Oatmeal and other cereals | 4802 |
| Grains | 4 | Cereals | 48 | Grits and other cooked cereals | 4804 |
| Snacks and sweets | 5 | Savory Snacks | 50 | Potato chips | 5002 |
| Snacks and sweets | 5 | Savory Snacks | 50 | Tortilla, corn, other chips | 5004 |
| Snacks and sweets | 5 | Savory Snacks | 50 | Popcorn | 5006 |
| Snacks and sweets | 5 | Savory Snacks | 50 | Pretzels/snack mix | 5008 |
| Snacks and sweets | 5 | Crackers | 52 | Crackers, excludes saltines | 5202 |
| Snacks and sweets | 5 | Crackers | 52 | Saltine crackers | 5204 |
| Snacks and sweets | 5 | Snack and Meal Bars | 54 | Cereal bars | 5402 |
| Snacks and sweets | 5 | Snack and Meal Bars | 54 | Nutrition bars | 5404 |
| Snacks and sweets | 5 | Sweet Bakery Products | 55 | Cakes and pies | 5502 |
| Snacks and sweets | 5 | Sweet Bakery Products | 55 | Cookies and brownies | 5504 |
| Snacks and sweets | 5 | Sweet Bakery Products | 55 | Doughnuts, sweet rolls, pastries | 5506 |
| Snacks and sweets | 5 | Candy | 57 | Candy containing chocolate | 5702 |
| Snacks and sweets | 5 | Candy | 57 | Candy not containing chocolate | 5704 |
| Snacks and sweets | 5 | Other Desserts | 58 | Ice cream and frozen dairy desserts | 5802 |
| Snacks and sweets | 5 | Other Desserts | 58 | Pudding | 5804 |
| Snacks and sweets | 5 | Other Desserts | 58 | Gelatins, ices, sorbets | 5806 |
| Fruit | 6 | Fruits | 60 | Apples | 6002 |
| Fruit | 6 | Fruits | 60 | Bananas | 6004 |
| Fruit | 6 | Fruits | 60 | Grapes | 6006 |
| Fruit | 6 | Fruits | 60 | Peaches and nectarines | 6008 |
| Fruit | 6 | Fruits | 60 | Berries | 6010 |
| Fruit | 6 | Fruits | 60 | Citrus fruits | 6012 |
| Fruit | 6 | Fruits | 60 | Melons | 6014 |
| Fruit | 6 | Fruits | 60 | Dried fruits | 6016 |
| Fruit | 6 | Fruits | 60 | Other fruits and fruit salads | 6018 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Tomatoes | 6402 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Carrots | 6404 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Other red and orange vegetables | 6406 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Dark green vegetables, excludes lettuce | 6408 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Lettuce and lettuce salads | 6410 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | String beans | 6412 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Onions | 6414 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Corn | 6416 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Other starchy vegetables | 6418 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Other vegetables and combinations | 6420 |
| Vegetables | 7 | Vegetables, excluding potatoes | 64 | Vegetable mixed dishes | 6422 |
| Vegetables | 7 | White Potatoes | 68 | White potatoes, baked or boiled | 6802 |
| Vegetables | 7 | White Potatoes | 68 | French fries and other fried white potatoes | 6804 |
| Vegetables | 7 | White Potatoes | 68 | Mashed potatoes and white potato mixtures | 6806 |
| Beverages, Non-Alcoholic | 8 | 100% Juice | 70 | Citrus juice | 7002 |
| Beverages, Non-Alcoholic | 8 | 100% Juice | 70 | Other fruit juice | 7006 |
| Beverages, Non-Alcoholic | 8 | 100% Juice | 70 | Vegetable juice | 7008 |
| Beverages, Non-Alcoholic | 8 | Diet Beverages | 71 | Diet soft drinks | 7102 |
| Beverages, Non-Alcoholic | 8 | Diet Beverages | 71 | Diet sport and energy drinks | 7104 |
| Beverages, Non-Alcoholic | 8 | Sweetened Beverages | 72 | Soft drinks | 7202 |
| Beverages, Non-Alcoholic | 8 | Sweetened Beverages | 72 | Fruit drinks | 7204 |
| Beverages, Non-Alcoholic | 8 | Sweetened Beverages | 72 | Sport and energy drinks | 7206 |
| Beverages, Non-Alcoholic | 8 | Sweetened Beverages | 72 | Nutritional beverages | 7208 |
| Beverages, Non-Alcoholic | 8 | Sweetened Beverages | 72 | Smoothies and Grain-Drinks | 7210 |
| Beverages, Non-Alcoholic | 8 | Coffee and Tea | 73 | Coffee | 7302 |
| Beverages, Non-Alcoholic | 8 | Coffee and Tea | 73 | Tea | 7304 |
| Alcoholic beverages | 9 | Alcoholic beverages | 75 | Beer | 7502 |
| Alcoholic beverages | 9 | Alcoholic beverages | 75 | Wine | 7504 |
| Alcoholic beverages | 9 | Alcoholic beverages | 75 | Licor and Cocktails | 7506 |
| Water | 10 | Plain Water | 77 | Tap water | 7702 |
| Water | 10 | Plain Water | 77 | Bottled water | 7704 |
| Water | 10 | Flavored or carbonated water | 78 | Flavored or carbonated water | 7802 |
| Water | 10 | Flavored or carbonated water | 78 | Enhanced or fortified water | 7804 |
| Fats and oils | 11 | Fats and Oils | 80 | Butter and animal fats | 8002 |
| Fats and oils | 11 | Fats and Oils | 80 | Margarine | 8004 |
| Fats and oils | 11 | Fats and Oils | 80 | Cream cheese, sour cream, whipped cream | 8006 |
| Fats and oils | 11 | Fats and Oils | 80 | Cream and cream substitutes | 8008 |
| Fats and oils | 11 | Fats and Oils | 80 | Mayonnaise | 8010 |
| Fats and oils | 11 | Fats and Oils | 80 | Salad dressings and vegetable oils | 8012 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Tomato-based condiments | 8402 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Soy-based condiments | 8404 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Condiments | 8406 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Olives, pickles, pickled vegetables | 8408 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Pasta sauces, tomato-based | 8410 |
| Condiments and sauces | 12 | Condiments and Sauces | 84 | Dips, gravies, other sauces | 8412 |
| Sugars | 13 | Sugars | 88 | Sugars and honey | 8802 |
| Sugars | 13 | Sugars | 88 | Sugar Substitutes | 8804 |
| Sugars | 13 | Sugars | 88 | Jams, syrups, toppings | 8806 |
| Other | 14 | Not included in a food category | 99 | Not included in a food category | 9999 |
| Note: M/P/S, Meat/Poultry/Seafood | | | | | |