**Supplementary Materials**

**Association between tea drinking and plasma folate concentration among women** **aged 18 to 30 years old in China**

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Table S1. Percent difference (95%CI) in plasma folate concentration caused by unfermented tea drinking in Han group (%)

|  |  |  |  |
| --- | --- | --- | --- |
| Tea drinking | Percent difference | 95%CILower bound | 95%CI Upper bound |
| None | Ref | Ref | Ref |
| Weekly | 6.77% | 6.36% | 7.21% |
| daily | 7.13% | 6.40% | 7.96% |

Note: Percent difference was calculated using the following formula: {EXP(β)/15.79×100}, where β is the coefficient from linear regression models in which the plasma folate concentration was natural log-transformed, and 15.79 was the geometric mean of plasma folate concentration who did not drink tea in Han group.