Database preparation

Fruits and natural juices, rice, meats and eggs, roots and tubers, beans, milks and vegetables

Breakfast cereals, crackers, sweetened beverages, ultra-processed yogurts and packaged snacks.

Group 1

Group 2

Data analysis

Estimate of the mean energy intake (Kcal/day) and percentage of the total caloric intake from complementary food groups

Estimate of the percentage of the total energy intake of macronutrients and fiber from complementary food

Estimate of the mean dietary intake of micronutrients from complementary food

Estimate of the association between energy contribution of Group 2 and the intake of energy from saturated fat, total sugars and intake of sodium

**Figure 1.** Dietary data preparation and analysis scheme.