

Appendix Figure 1: Flow diagram of the literature search and filtering results

**Appendix A**

Search Strategy Details

PubMed was searched on March 27, 2019 and updated on April 27, 2020 using the following search strategy: “(Restaurants[mesh] OR restaurant\*[tiab] OR fast food[tiab] OR cafeteria[tiab]) AND (menu label\* OR calorie label\* OR sodium label\*) AND sodium[tiab].” Including [tiab] requires the adjacent keyword to be included in the abstract and/or title, and [mesh] is a keyword identifier that will include studies that have been indexed with the adjacent term (in this case, restaurants).

PICOT Criteria

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| **Population, Intervention, Comparison, Outcome, Time (PICOT) framework** |
| *Criteria* | *Details* |
| Population | * Focus on the U.S. population
* Set in a food service environment (e.g. restaurant, cafeteria)
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| Intervention | * Interventions that labeled sodium content on the menu
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| Comparison | * Used any study design, including designs with and without comparison groups
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| Outcome | * Evaluated the impact of menu labeling on either the sodium content of menu items offered by restaurants or the sodium content of menu items purchased by consumers
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| Time | * Published any time before April 27, 2020 (when article was completed).
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