Supplemental Table 1. List of foods consumed by children in the study, with English translations, divided into the 11 food groups used to calculate dietary diversity score (DDS) for children not being breastfed. Percent of the children eating foods grown by the household is shown for the three different sampling periods

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| --- | --- | --- | --- | --- | --- |
| **Food Groups1** | **Spanish Name** | **English Name** | **Food Groups** | **Spanish Name** | **English Name** |
| Starchy staples | *Maíz* | Maize | Dairy | *Leche* | Milk |
| *Arroz* | Rice | *Leche evaporado* | Evaporated milk |
| *Pasta/Macarones* | Pasta | Eggs | *Huevos* | Eggs |
| *Pan* | Bread | Vitamin A-rich dark green leafy vegetables2 | *Culantro* | Cilantro |
| *Chowmein* | Chowmein | *Cebollina* | Chives |
| *Tortilla* | Maize tortilla | Vitamin A-rich orange fleshed vegetables2 | *Zapallo* | Pumpkin |
| *Hojaldre* | Panamanian fried bread | *Pimentón* | Sweet red pepper |
| *Chicheme* | Maize beverage | *Zanahoria* | Carrot |
| *Avena* | Oatmeal | Vitamin A-rich fruits2 | *Papaya* | Papaya |
| *Yuca* | Cassava | *Mango* | Mango |
| *Otoe* | *Xanthosoma* spp. | Vitamin C-rich vegetables3 | *Repollo* | Cabbage |
| *Ñame* | Yam (*Dioscorea* spp.) | *Habichuela* | Broad bean (*Vicia faba*) |
| *Ñampí* | Taro (*Colocasia esculenta*) | *Arveja* | Peas |
| *Plátano* | Plantain | *Tomate* | Tomato |
| *Camote* | Pale-fleshed sweet potato (*Ipomoea batatas*) | *Salsa de tomate* | Tomato sauce |
| *Papas* | Potato | Vitamin C-rich fruits3 | *Piña* | Pineapple |
| *Empanada de maíz* | Stuffed maize pastry, filled with tuna or meat | *Mandarina* | Mandarin |
| *Sancocho* | Clear broth soup containing cassava, maize and meat | *Limón* | Lemon |
| *Guacho* | Stew containing rice and beans | *Naranja* | Orange |
| Legumes and nuts | *Guandú* | Pigeon peas | *Toronja* | Grapefruit |
| *Frijol chiricano* | Chiricano beans (*Phaseolus vulgaris L.*) | *Marañon* | Cashew fruit |
| *Porotos* | Red beans (*Phaseolus* *vulgaris*) | *Nance* | Locustberries – *Byrsonima spp.* |
| *Lentejas* | Lentils | *Pixbae* | Peach palm – *Bactris gasipaes* |
| *Guacho* | Stew containing rice and beans | *Guyaba* | Guava |
| Meat and fish | *Pescado* | Fish – canned tuna or fresh tilapia | *Aguacate* | Avocado |
| *Pollo* | Chicken | *Guanábana* | Soursop |
| *Cerdo* | Pork | Other fruits and vegetables | *Pepino* | Cucumber |
| *Pato* | Duck | *Cebolla* | Onion |
| *Paloma* | Pigeon | *Guineo* | Banana |
| *Conejo* | Rabbit | *Sandía* | Watermelon |
| *Salchicha* | Processed wiener | *Apio* | Celery |
| *Carne de res* | Beef | *Remolacha* | Beet |
| *Empanada de maíz* | Stuffed maize pastry, filled with tuna or meat | *Lechuga* | Lettuce |
| *Sancocho* | Clear broth soup containing cassava, maize and meat |

1Food groups from Arimond *et al.* (2011) (FANTA).

2Cut-off for inclusion in this group is >60RAE/100g

3Cut-off for inclusion in this group is >9mg/100g