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| --- | --- | --- | --- | --- |
| Supplementary Table 1. Participants’ characteristics in the sample used for imputation of weight at 12 months postpartum (n=345) and the imputed sample (n=100) | | | | |
|  | **n=345** | **n=100** |  |
| Characteristic | **Mean (SD) or percent** | | **p \*** |
| Pre-pregnancy |  | |  |
| Maternal age (years) | 27.3 (5.6) | 26.3 (5.1) | 0.095 |
| Education |  |  |  |
| Basic | 42.9% | 42.0% | 0.692 |
| Middle | 33.9% | 38.0% |
| College | 23.2% | 20.0% |
| Marital status |  |  |  |
| Married/cohabitating | 80.6% | 82.0% | 0.750 |
| Without partner | 19.4% | 18.0% |
| SES |  |  |  |
| Low | 54.8% | 48.0% | 0.474 |
| Medium | 21.7% | 26.0% |
| High | 23.5% | 26.0% |
| Parity |  |  |  |
| Multiparous | 64.4% | 62.0% | *0.667* |
| Nulliparous | 35.6% | 38.0% |
| Pregestational BMI |  |  |  |
| Normal weight | 39.4% | 47.0% | 0.392 |
| Overweight | 40.3% | 36.0% |
| Obese | 20.3% | 17.0% |
| Pregnancy |  |  |  |
| Gestational age at delivery (weeks) | 38.2 (1.7) | 38.5 (1.8) 0.185 | |
| Smoking history |  |  |  |
| Smokers around pregnancy | 25.2% | 23.0% | 0.835 |
| Former smokers | 9.0% | 8.0% |
| Never smokers | 65.8% | 69.0% |
| Physically active |  |  |  |
| No | 87.5% | 88.0% | 0.901 |
| Yes | 12.5% | 12.0% |
| Time in sedentary activities ɫ |  |  |  |
| ≥2 hours/day | 59.4% | 45.0% | 0.010 |
| <2 hours/day | 40.6% | 55.0% |
| GWG | 7.5 (3.2) | 7.7 (2.9) | 0.599 |
| Adequacy of GWG |  |  |  |
| Insufficient | 22.2% | 33.7% | *0.029* |
| Adequate | 50.7% | 36.0% |
| Excessive | 27.2% | 30.3% |
| Postpartum |  |  |  |
| Type of breastfeeding  at one month | | | |
| No breastfeeding | 14.3% | 14.9% | 0.267 |
| Partial | 51.9% | 54.3% |
| Predominant | 6.1% | 1.1% |
| Exclusive | 27.7% | 29.8% |
| Education: basic (elementary and secondary school), middle (high school), and college (at least college). SES: obtained with a validated scale and categorized as high (A/B, C+, and C), middle (D+), and low (D, E). Pregestational BMI: normal weight (<25 kg/m2), overweight (≥25 to <30 kg/m2), and obese (≥30 kg/m2). GWG: insufficient (below the expected weight for gestational age), adequate (between the expected minimum and maximum weights for gestational age) and excessive (above the expected weight for gestational age). Physically active: no (women who did not engage in leisure-time activity), or yes (women who engaged in any leisure-time activity). Type of breastfeeding at one month: exclusive (only breast milk), predominant (breast milk and certain liquids such as water and water-based drinks, but excluding non-human milk), partial (breast milk and any food or liquid, including non-human milk), and no breastfeeding.  \* p-value for the comparison between imputed sample (n=100) and sample used for imputation (n=345) based on paired t-test (continuous variables) and x2 test (categorical variables).  ɫ Time in sedentary activities includes reading and watching TV. | | | |