## Healthy Store Environment Tool <br> INSTRUCTION SHEET

## Aim:

The aim of this tool is to:
Enable an overview of a store's healthiness taking into consideration: the availability of healthier products, their placement and promotion, as well as limiting availability and activity around less healthy choices

## Contents \& Instructions

## Observational checklist

1. Fruit \& Vegetables - Fresh, frozen, canned/dried
2. Drinks - Bottled water, sugar sweetened beverages, juice, cordial
3. Snack foods - Healthier snacks, lollies, chocolate, chips, ice-creams, sweet biscuits \& cakes, savoury biscuits
4. Meals/convenience foods - Ready-to-eat, Heat-and-eat
5. Breads \& Cereals - Bread, breakfast cereals, pasta/rice/noodles
6. Meat \& Seafood - Refrigerated/frozen, canned, deli meats
7. Dairy \& Eggs - Milk, cheese, yoghurt, eggs

## The 4 P's

## Product

- Consider multiple locations in the store, e.g. fridges, front of store, checkout
- Only consider what is available at the time of completing the tool
- Discussion around usual product availability can be noted at the end


## Placement

- Consider the main section as well as any displays


## Price

- Refers to price promotion: Sales, discounts, deals, specials that are visibly advertised
- Does not include regular everyday price tickets inserted into shelf stripping
- Does not include pricing policy (i.e. subsidies) unless visibly advertised in-store
- Does not include markdowns (e.g. for "going out-of-date" products) unless there is associated promotion (e.g. clearance display, signage)


## Promotion

- Refers to promotional materials or activities NOT relating to price
- Includes posters, signage, ticketing, recipe cards, give-aways and demonstrations
- May include promotional material placed separately from the promoted product (e.g. poster promoting water in the fruit and vegetable section)
- Also includes distributor branding e.g. branded fridges, ice-cream freezer, other displays. Does not include price promotions


## 1. Fruit \& Vegetables

\begin{tabular}{|c|c|c|c|c|}
\hline \& \begin{tabular}{l}
Product availability \\
Check fridges, shelves, front of store, checkout
\end{tabular} \& \begin{tabular}{l}
Placement \\
Consider main section and displays
\end{tabular} \& Price \& Promotional material or activity \\
\hline Fresh fruit \& Loose fruit (well stocked).................. Y \(\square \mathrm{N} \square\)
Pre-cut fruit............... \(\quad \mathrm{N} \square\)
Fruit packs....................... Y \(\square \mathrm{N} \square\) \& \begin{tabular}{ll} 
Visible on entering store. \& Y \(\square \mathrm{N} \square\) \\
At or near checkout....... \& Y \(\square \mathrm{N} \square\) \\
Well-presented........... \& Y \(\square \mathrm{N} \square\) \\
\begin{tabular}{ll} 
Junk-food in fruit \\
section*......................... \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular}
\end{tabular} \& \begin{tabular}{l}
Is there advertised price promotion on fruit and/or vegetables? \(\qquad\) Y \(\square\)
\(\square\) \(\mathrm{N} \square\) \\
Type of price promotion
\end{tabular} \& Is there promotional material or activity on fruit and/or vegetables?.. Y \(\square \mathrm{N} \square\) Type of promotion \\
\hline Fresh vegetables \& \begin{tabular}{ll} 
Loose veggies (well stocked)... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Pre-cut vegetables.......... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Soup/salad/veg packs....... \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{ll} 
Visible on entering store. \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
At or near checkout \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Well-presented............ \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Junk-food in vegetable \\
section*...................... \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{l}
(discounts, deals etc): \\
Is the price promotion
\end{tabular} \& \begin{tabular}{l}
(displays, posters, shelf labels etc): \\
Does the promotion
\end{tabular} \\
\hline Frozen fruit and vegetables \& \begin{tabular}{l}
Frozen vegetables (well \\
stocked and other than potato chips). . \\
\(Y \square\) \\
N \\
Frozen fruit. \(\qquad\)

 \& 

Easy to find................ \& $Y \square N \square$ <br>
At eye level/arm's reach. \& $Y \square N \square$
\end{tabular} \&  \& stand out?..................... Y $\square$ N■ <br>

\hline Fruit: Canned/ dried \& | Tinned fruit in natural juice |  |
| :--- | :--- |
| (well stocked) ................... Y $\square \mathrm{N} \square$ |  |
| Dried fruit (no added sugar/satt)... | $\mathrm{Y} \square \mathrm{N} \square$ | \& | Easy to find................. | $Y \square N \square$ |
| :--- | :--- |
| At eye level/arm's reach. | $Y \square N \square$ | \& \& <br>


\hline Vegetables: Canned/ dried \& | Tinned vegetables (well |  |
| :--- | :--- |
| stocked)......................... Y $\square \mathrm{N} \square$ |  |
| Legumes (e.g. 4 bean mix, kidney) | $\mathrm{Y} \square \mathrm{N} \square$ | \& | Easy to find................. | $Y \square N \square$ |
| :--- | :--- |
| At eye level/arm's reach. | $Y \square N \square$ | \& \& <br>

\hline
\end{tabular}

*Items in italics are NOT considered good practice
Notes:


\begin{tabular}{|c|c|c|c|c|}
\hline \& \begin{tabular}{l}
Product availability \\
Check fridges, shelves, front of store, checkout
\end{tabular} \& \begin{tabular}{l}
Placement \\
Consider main section and displays
\end{tabular} \& Price \& Promotional material or activity \\
\hline Bottled water \& \begin{tabular}{ll} 
Refrigerated.................... \& Y \(\square \mathrm{N} \square\) \\
On the shelf................. \\
Y \(\square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{ll} 
Visible on entering store. \& Y \(\square \mathrm{N} \square\) \\
At front of store............. \& Y \(\square \mathrm{N} \square\) \\
In all drinks fridges........ \& Y \(\square \mathrm{N} \square\) \\
easy to find?.......... \& Y \(\square \mathrm{N} \square\) \\
\begin{tabular}{l} 
Refrigerated water at \\
child eye level/arm's \\
reach.......................
\end{tabular} \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{l}
Is there advertised price promotion on water or diet drinks? \(\qquad\) Y 
\\
Type of promotion \\
(discounts, deals etc):
\end{tabular} \& \begin{tabular}{l}
Is there promotional material or activity on \\
water or diet \\
drinks? \(\qquad\) Y 
\\
Type of promotion \\
(displays, posters, signs etc):
\end{tabular} \\
\hline Soft Drinks Sports \& energy Drinks and Juice \& \begin{tabular}{ll} 
Smaller bottles/cans(<375mL) \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Diet soft drinks............... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Diet sports drinks........... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Fruit juice ( \((250 \mathrm{~mL}\) )............ \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{l}
Any sugary drinks*: \\
-Visible on entering store \\
-At or near checkout...... \\
-In high traffic area.......... \\
-At child eye level/ reach. \\
No-added-sugar option including water: \\
-Near regular option....... Y \(\square\) \(N \square\) \\
-At eye level/arm's reach \\
Y \(\square\)
\(\square\) \(N \square\) \\
-Same or more space as \\
sugary drinks. \(\qquad\)
\end{tabular} \& \begin{tabular}{l}
Product type (water, diet drinks, diet cordial, other): \\
Is the promotion visible/easy to see? \(\qquad\) Y \(\square\) \(N \square\) \\
Is there advertised price promotion on sugary
\end{tabular} \& \begin{tabular}{l}
Product type (water, diet drinks, diet cordial, other): \\
Does the promotion \\
stand out? \(\qquad\) Y \(N \square\) \\
Is there promotional material or activity on
\end{tabular} \\
\hline Cordial \& Diet/no-added-sugar cordial. \(\qquad\) Y \(\square\) N \(\square\) \& \begin{tabular}{l}
Diet/no-added-sugar option: \\
- Easy to find \(\qquad\) Y 

<br>

- Near regular option $\qquad$ Y
$\square$ $N \square$ <br>
- Same or more space as regular cordial. $\qquad$ Y $\square$
$N \square$

 \& 

drinks?* $\qquad$ Y $\square$ N $\square$ <br>
Type of promotion <br>
(discounts, deals etc): <br>
Product type (sugary drinks, <br>
cordial, other):

 \& 

sugary drinks? $\qquad$ Y $\square$ $N \square$ <br>
Type of promotion <br>
(displays, posters, signs etc): <br>
Product type (sugary drinks, <br>
cordial, other):
\end{tabular} <br>

\hline
\end{tabular}

*Items in italics are NOT considered good practice
Notes:


## 3. Snack Foods

|  | Product availability Check fridges, shelves, front of store, checkout |  | Placement <br> Consider main section and displays |  | Price |  | Promotional material or activity |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Healthier <br> snack <br> foods <br> (individual <br> portions) | Dried fruit \&/or nuts (unsalted) Small tin/tub fruit (natural juice). Pieces of fruit (whole/cut up)... Boiled eggs. <br> Small yoghurt (no added sugar). Cheese \& crackers pack.. Tuna \& crackers/beans Small tin baked beans..... | Y $\square N \square$ Y $\square N \square$ Y $\square N \square$ Y $\square N \square$ Y $\square N \square$ Y $\square N \square$ Y $\square N \square$ $Y \square N \square$ | At eye level/arm's reach.. At or near checkout...... Easy to find. $\qquad$ | $\begin{aligned} & Y \square N \square \\ & Y \square N \square \\ & Y \square N \square \end{aligned}$ | Is there advertised price promotion on healthier snack foods? $\qquad$ <br> Type of price promotion (discounts, deals etc): | $Y \square N \square$ | Is there promotional material or activity on healthier snack foods?.... <br> Type of promotion (displays, posters, signs etc): | $\mathrm{Y} \square \mathrm{~N} \square$ |
| Lollies Chocolate \& Chips | Limited range of lollies...... Limited range of chocolate Limited range of chips...... Confectionery with toy*.... | $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ | Only in one area of store Limited shelf space........ Any junk-food*: <br> -Visible on entering store <br> -Visible at or near checkout.. -In high-traffic areas. -At child eye level/ reach. | $\mathrm{Y} \square \mathrm{N} \square$ $\mathrm{Y} \square \mathrm{N} \square$ $\mathrm{Y} \square \mathrm{N} \square$ $\mathrm{Y} \square \mathrm{N} \square$ $\mathrm{Y} \square \mathrm{N} \square$ $\mathrm{Y} \square \mathrm{N} \square$ | Product type (individual portion snacks, healthier sweet biscuits/cakes, healthier savoury biscuits): <br> Is the price promotion visible/easy to see? | $Y \square N \square$ | Product type (individual portion snacks, healthier sweet biscuits/cakes, healthier savoury biscuits): <br> Does the promotion stand out?.. $\qquad$ | $\mathrm{Y} \square \mathrm{N} \square$ |
| Ice-creams (single serve) |  |  | Visible on entering store* At or near checkout*. In high-traffic areas*.... | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Is there advertised price promotion on less healthy snack foods?*... | $Y \square N \square$ | Is there promotional material or activity on less healthy snack |  |
| Sweet Biscuits and cakes | Healthier options meeting nutrient criteria (criteria) Limited range of less healthy options. | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Healthier easy to find...... Less healthy options: <br> -Limited shelf space....... <br> -At or near checkout*...... <br> -At end-of-aisle*. | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Type of price promotion (discounts, deals, etc): <br> Product type (Iolies, |  | foods?* <br> Type of promotion (displays, posters, signs etc) | $Y \square N \square$ |
| Savoury biscuits | Healthier options (<10g fat 100 g e.g. Vita-Weat, Cruskits, Ryvita, Sakata rice crackers) $\qquad$ Limited range of less healthy options. $\qquad$ | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Healthier option: <br> -Easy to find. $\qquad$ <br> -Near regular option. <br> -At eye level/arm's reach | $\begin{aligned} & Y \square N \square \\ & Y \square N \square \\ & Y \square N \square \end{aligned}$ | chocolate, chips, ice creams, sweet biscuits/cakes - less healthy, savoury biscuits - less healthy) |  | Product type (Iollies, chocolate, chips, ice creams, sweet biscuits/cakes - less healthy, savoury biscuits - less healthy) |  |

* Items in italics are NOT considered good practice
Notes:



## 4. Meals/Convenience foods

|  | Product availability Check fridges, shelves, front of store, checkout |  | Placement <br> Consider main section and displays |  | Price |  | Promotional material or activity |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cold <br> 'Ready to <br> Eat' items | - Sandwiches/rolls/wraps.. <br> - Salads. $\qquad$ <br> - Fruit salad. $\qquad$ <br> - Other healthier option <br> (e.g) $\qquad$ | $\begin{aligned} & \mathrm{Y} \square N \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Healthier option: <br> - Well-presented. <br> - Easy to find. | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Is there advertised price promotion on healthier meals/convenience foods? $\qquad$ | $\mathrm{Y} \square \mathrm{N} \square$ | Is there promotional material or activity on healthier meals/ convenience foods?...... | $Y \square N \square$ |
| Hot 'Ready to Eat' items | Pie warmer. $\qquad$ <br> Bain marie $\qquad$ <br> Healthier options if applicable: <br> - Lean meat \& veg meals.. <br> - Reduced fat/salt pies. $\qquad$ <br> - Reduced fat/salt sausage roll/pastie. $\qquad$ <br> - Other healthier option <br> (e.g.) $\qquad$ | $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ $Y \square N \square$ | Healthier option: <br> - Well-presented. $\qquad$ <br> - Easy to find. <br> - Near regular option. <br> - Same or more space <br> as less healthy option.... | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Type of price promotion (discounts, deals etc): <br> Product type: <br> Cold RTE items <br> Hot RTE items <br> Frozen heat \& eat meals <br> Shelf stable heat \& eat Other <br> Is the price promotion |  | Type of promotion (displays, posters, signs etc): <br> Product type: <br> Cold RTE items <br> Hot RTE items <br> Frozen heat \& eat meals <br> Shelf stable heat \& eat <br> Other |  |
| Frozen 'Heat \& Eat' items | Microwave $\qquad$ <br> Healthier frozen meat \&veg meals (Per 100g: <10g fat; <400mg sodium) $\qquad$ Reduced fat/salt frozen pie Reduced fat/salt sausage roll/pastie. $\qquad$ Other healthier option (e.g.) $\qquad$ | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Healthier option: <br> - Easy to find. $\qquad$ <br> - Near regular option. <br> - Same or more space as less healthy options... | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | visible/easy to see? <br> Is there advertised price promotion on less healthy meals/ convenience foods?*...... <br> Type of price promotion: (discounts, deals etc): | $Y \square N \square$ $Y \square N \square$ | Does the promotion stand out? $\qquad$ <br> Is there promotional material or activity on less healthy meals/ convenience foods?*...... <br> Type of promotion (displays, posters, signs etc): | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ |
| Shelf-stable <br> 'Heat \& Eat' items | Canned soups. $\qquad$ Reduced-salt baked beans Shelf-stable meat \& veg meals (Per $100 \mathrm{~g}: ~<10 \mathrm{~g}$ fat $<400 \mathrm{mg}$ sodium)... | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Healthier option: <br> - Easy to find. $\qquad$ <br> - Near regular option.. <br> - Same or more space as less healthy options... | $\begin{aligned} & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \\ & \mathrm{Y} \square \mathrm{~N} \square \end{aligned}$ | Product type: <br> Deep Fried <br> Regular fat/salt options <br> Other |  | Product type: <br> Deep Fried <br> Regular fatsalt options <br> Other |  |

*Items in italics are NOT considered good practice
Notes:


## 5. Breads \& Cereals

\begin{tabular}{|c|c|c|c|c|}
\hline \& \begin{tabular}{l}
Product availability \\
Check fridges, shelves, front of store, checkout
\end{tabular} \& \begin{tabular}{l}
Placement \\
Consider main section and displays
\end{tabular} \& Price \& Promotional material or activity \\
\hline Bread \& \begin{tabular}{ll} 
Wholemeal..................... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
Multi-grain.................... \& \(\mathrm{Y} \square \mathrm{N} \square\) \\
High Fibre fortified white.... \& \(\mathrm{Y} \square \mathrm{N} \square\)
\end{tabular} \& \begin{tabular}{l}
Wholemeal/multigrain: \\
-Easy to find................ \\
-At eye level/arm's reach \\
-Same or more space as \\
regular white bread.

$N \square$
N $\square$ <br>
Y N

 \& 

Is there advertised price promotion on healthier breads and cereals? $\qquad$ Y $\square$ $N \square$ <br>
Type of price promotion (discounts, deals etc):

 \& 

Is there promotional material or activity on healthier breads and cereals? $\qquad$ Y $N \square$ <br>
Type of promotion <br>
(displays, posters, signs etc):
\end{tabular} <br>

\hline Breakfast cereals \& | Weet-Bix...................... | Y $\square \mathrm{N} \square$ |
| :--- | :--- |
| Rolled Oats................... | Y $\square \mathrm{N} \square$ |
| Other healthier options |  |
| meeting nutrient criteria: | Y $\square \mathrm{N} \square$ |
| (Per 100g: Sat fat $<2$ gi; Fibre $>5 \mathrm{~g}$; Sugar <br> <20g - no dried fruit or $<25 \mathrm{~g}$ with dried <br> fruit. e.g. Sultana Bran, All Bran, |  |
| Sustain, Uncle Tobyy's Plus) |  | \& | Healthier option: |
| :--- |
| - Easy to find. $\qquad$ Y $N \square$ |
| -At eye level/arm's reach |
| Y N $\square$ |
| -Same or more space as less healthy options. $\qquad$ $\qquad$ $\square$ $N \square$ | \& | Product type |
| :--- |
| (wholemeal/multigrain bread, healthier breakfast cereals) |
| Is the price promotion visible/easy to see? $\qquad$ Y $\square$ $N \square$ | \& | Product type |
| :--- |
| (wholemeal/multigrain bread, healthier breakfast cereals) |
| Does the promotion | <br>


\hline Pasta/rice/ noodles \& | Pasta................................................................... $\square$ |  |
| :--- | :--- |
| Rice.............. |  |
| Noodles (e.g. hokkein, rice noodles, | Y $\square \mathrm{N} \square$ | \& \& | Is there advertised price |
| :--- |
| promotion on less |
| healthy breads and |
| cereals?*. $\qquad$ Y $N \square$ |
| Type of price promotion |
| (discounts, deals etc): |
| Product type |
| (less healthy breakfast cereals) | \& | stand out? $\qquad$ Y $\square$ N $\square$ |
| :--- |
| Is there promotional material or activity on less healthy breads and cereals?*. $\qquad$ Y $\square$ N $\square$ |
| Type of promotion |
| (displays, posters, signs etc): |
| Product type |
| (less healthy breakfast cereals) | <br>

\hline
\end{tabular}

* Items in italics are NOT considered good practice

| Score: <br> 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Needs <br> Improvement |  | Making <br> Progress | Doing <br> Well |  |

## 6. Meat \& Seafood


*Items in italics are NOT considered good practice
Notes:


## 7. Dairy \& Eggs

|  | Product availability <br> Check fridges, shelves, front of store, checkout | Placement <br> Consider main section and displays | Price |  | Promotional material or activity |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Milk | Fresh or UHT reduced fat... Y $\square N \square$ <br> Fresh or UHT full cream..... Y $\square \mathrm{N} \square$ <br> Powdered reduced fat...... $\mathrm{Y} \square \mathrm{N} \square$ <br> Powdered full cream......... $\mathrm{Y} \square \mathrm{N} \square$ <br> Reduced fat flavoured milk. $\mathrm{Y} \square \mathrm{N} \square$ <br> Plain milk (individual seves)...... $\mathrm{Y} \square \mathrm{N} \square$ | Easy to find................ $\mathrm{Y} \square \mathrm{N} \square$ <br> At eye level/arm's reach. $\mathrm{Y} \square \mathrm{N} \square$ <br> Well-presented............. $\mathrm{Y} \square \mathrm{N} \square$ | Is there advertised price promotion on healthier products? $\qquad$ <br> Type of price promotion (discounts, deals etc): <br> Product type (mik, chese, yoghut, egss) | $Y \square N \square$ | Is there promotional material or activity on healthier products? $\qquad$ <br> Type of promotion (displays, posters, signs etc): <br> Product type (mik, cheese, yoghurt, eggs) | $\mathrm{Y} \square \mathrm{~N} \square$ |
|  |  |  |  |  | Does the promotion stand out? |  |
| Cheese | Low-fat cheese................ $\mathrm{Y} \square \mathrm{N} \square$ <br> Regular cheese............. $\mathrm{Y} \square \mathrm{N} \square$  | Easy to find............... $\mathrm{Y} \square \mathrm{N} \square$ <br> At eye level/arm's reach. $\mathrm{Y} \square \mathrm{N} \square$ <br> Well-presented............ $\mathrm{Y} \square \mathrm{N} \square$ | visible/easy to see? $\qquad$ <br> Is there advertised price promotion on less healthy products?*. $\qquad$ | $Y \square N \square$ <br> Y $\square$ $\mathrm{N} \square$ | stand out? $\qquad$ <br> Is there promotional material or activity on less healthy products?*.. | $\begin{aligned} & Y \square N \square \\ & Y \square N \square \end{aligned}$ |
| Yoghurt | Low fat yoghurt (no added sugar) $\mathrm{Y} \square \mathrm{N} \square$ <br> Full fat yoghurt (no added sugar) $\mathrm{Y} \square \mathrm{N} \square$ | Easy to find................ $\mathrm{Y} \square \mathrm{N} \square$ <br> At eye level/arm's reach. $\mathrm{Y} \square \mathrm{N} \square$ <br> Well-presented............. $\mathrm{Y} \square \mathrm{N} \square$ | Type of price promotion (discounts, deals etc):: |  | Type of promotion (displays, posters, signs etc): |  |
| Eggs | Fresh eggs.................. $\mathrm{Y} \square \mathrm{N} \square$ | Easy to find................ $\mathrm{Y} \square \mathrm{N} \square$ <br> At eye level/arm's reach. $\mathrm{Y} \square \mathrm{N} \square$ <br> Well-presented............. $\mathrm{Y} \square \mathrm{N} \square$ | Product type (Added sugar yoghurt, High fat/sugar dairy desserts) |  | Product type (Added sugar yoghurt, High fatsugar daiy desserts) |  |

* Items in italics are NOT considered good practice
Notes:



## Store manager questions

## Products

- Is local produce used where possible/available? $\qquad$$N \square$


## Placement

- Is placement of healthy/less healthy products considered or planned?

Y $\square$
$N \square$

- Does store infrastructure support good practices around product placement?$N \square$
- Is product placement flexible or negotiable? $\qquad$


## Price

- Are there any pricing policies/strategies in place to support healthy food choices and/or discourage unhealthy food choices? $\qquad$
- Short-term? (e.g. discounts/deals)
- Long-term? (e.g. ongoing subsidies)

Promotion (materials, activities, advertising, etc NOT price promotion)

- Is promotional material changed regularly?. $\qquad$
- Is promotional material displayed on the correct product?.
- Are promotional activities that involve customer interaction done regularly? (e.g. cooking/product demonstrations).

[^0](

- Are store staff aware of activities and encourage customer interaction?.
- Is the community considered or consulted when deciding on promotional materials/activities?. $\qquad$
- Do you have access to promotional materials or activities? (e.g. through PHN, store association, etc).

| $\mathrm{Y} \square$ | $\mathrm{N} \square$ | $\mathrm{N} / \mathrm{A} \square$ |
| :--- | :--- | :--- |
| $\mathrm{Y} \square$ | $\mathrm{N} \square$ | $\mathrm{N} / \mathrm{A} \square$ |
| $\mathrm{Y} \square$ | $\mathrm{N} \square$ |  |
| $\mathrm{Y} \square$ | $\mathrm{N} \square$ | $\mathrm{N} / \mathrm{A} \square$ |
| $\mathrm{Y} \square$ | $\mathrm{N} \square$ | $\mathrm{N} / \mathrm{A} \square$ |
| $\mathrm{Y} \square$ | $\mathrm{N} \square$ |  |

. Do you have acess to promotional materials or activites? (eg. through PHN, sore association, etc)........

- The store environment influences people to make healthier choices.
- The store managers and staff encourage customers to make healthier choices
- The store board and store manager work together to make the store healthier. $\qquad$
- The store links with other services to promote health (e.g health/school/sport\&rec/PHNs)
- The manager has good knowledge and understanding of healthy food...
- The store has an active nutrition policy/strategy that guides practice around the 4 Ps .

| How important do you think this is? |  |  |  |  | To what extent is this happening in your store? |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Not } \\ \text { important } \end{gathered}$ |  |  |  | $\begin{gathered} \text { Very } \\ \text { Important } \end{gathered}$ | Notat all |  |  |  | A lot |
| 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |


[^0]:    3)...

