**Supplementary Figure 1:** Contribution of each top 10 food group source to overall sodium intake from packaged foods in children by socio-demographic subgroup.

1. **Gender**
2. **Income**
3. **Race-ethnicity**

**’’**

1. **Education**
2. **Weight status**

Notes: Authors’ analyses and calculations based in part on data reported by Nielsen through its Homescan Services for all food categories, including beverages and alcohol, for the 2011-2012 period for the US market (licensed from The Nielsen Company, 2014).

**Supplementary Figure 2:** Contribution of each top 10 food group source to overall sodium intake from packaged foods in adults by socio-demographic subgroup.

1. **Gender**
2. **Income**
3. **Race-ethnicity**
4. **Education**
5. **Weight status**

Notes: Authors’ analyses and calculations based in part on data reported by Nielsen through its Homescan Services for all food categories, including beverages and alcohol, for the 2011-2012 period for the US market (licensed from The Nielsen Company, 2014).

**Supplementary Table 1:** Simulated reduction in mean daily sodium intake from packaged foods by socio-demographic subgroup if sodium levels of top 10 food groups, and all foods, were reduced from the median to 25th percentile sodium content of purchased products

|  |  |  |  |
| --- | --- | --- | --- |
|   | **Mean intake (SE)** | **Mean intake with Na content at 25th percentile, top foods (SE)** | **Mean intake with Na content at 25th percentile, all foods (SE)** |
| **ADULTS** |  |  |  |
| *Gender* |  |  |  |
|  Males | 1470 (42) | 1337 (38) | 1273 (36) |
|  Females | 1059 (23) | 972 (22) | 919 (20) |
| *Income* |  |  |  |
|  <185% FPL | 1241 (43) | 1136 (42) | 1081 (39) |
|  185-350% FPL | 1194 (50) | 1094 (46) | 1041 (43) |
|  >350% FPL | 1306 (53) | 1186 (46) | 1126 (44) |
| *Education* |  |  |  |
|  < High school | 1252 (47) | 1149 (38) | 1092 (42) |
|  High school | 1272 (45) | 1169 (39) | 1104 (41) |
|  > High school | 1256 (30) | 1143 (27) | 1087 (25) |
| *Ethnicity* |  |  |  |
|  Hispanic | 1066 (45) | 973 (43) | 928 (40) |
|  NH White | 1342 (32) | 1226 (27) | 1163 (26) |
|  NH Black | 1163 (70) | 1059 (63) | 1004 (61) |
| *BMI* |  |  |  |
|  Underweight | 1152 (156) | 1065 (144) | 1019 (138) |
|  Normal weight | 1295 (34) | 1184 (30) | 1124 (29) |
|  Overweight | 1211 (30) | 1107 (25) | 1051 (24) |
|  Obese | 1280 (51) | 1165 (46) | 1106 (23) |
| **Children** |  |  |  |
| *Gender* |  |  |  |
|  Males | 1380 (54) | 1272 (50) | 1219 (49) |
|  Females | 1043 (38) | 958 (35) | 916 (35) |
| *Income* |  |  |  |
|  <185% FPL | 1183 (60) | 1090 (56) | 1045 (55) |
|  185-350% FPL | 1229 (49) | 1127 (45) | 1074 (47) |
|  >350% FPL | 1233 (61) | 1134 (57) | 1088 (56) |
| *Education* |  |  |  |
|  < High school | 1209 (110) | 1112 (104) | 1070 (103) |
|  High school | 1197 (84) | 1104 (76) | 1054 (74) |
|  > High school | 1217 (32) | 1118 (30) | 1069 (28) |
| *Ethnicity* |  |  |  |
|  Hispanic | 1132 (59) | 1037 (54) | 998 (52) |
|  NH White | 1252 (45) | 1152 (43) | 1111 (42) |
|  NH Black | 1263 (40) | 1164 (38) | 1076 (38) |
| *BMI* |  |  |  |
|  Underweight | 1074 (94) | 989 (86) | 951 (83) |
|  Normal weight | 1264 (43) | 1162 (40) | 1112 (39) |
|  Overweight | 1094 (60) | 1011 (56) | 967 (52) |
|  Obese | 1220 (53) | 1119 (50) | 1071 (49) |