**Online Supplement Table 1** Baseline characteristics of female Indian tea pluckers in an intervention of double-fortified salt

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| --- | --- | --- |
|  | DFS | IS |
|  | Median or % | IQR or n | Median or % | IQR or n |
| Age (years) | 40 | 35, 45 | 40 | 35, 45 |
| Height (cm) | 150.9 | 147.7, 153.3 | 149.9 | 146.1, 153.5 |
| Weight (kg) | 43.6 | 38.1, 50.8 | 43.3 | 38.6, 47.6 |
| BMI (kg/m2) | 19.2 | 17.2, 22.0 | 19.2 | 17.4, 21.1 |
| Haemoglobin (g/l) | 119 | 107, 127 | 118 | 110, 125 |
| Serum Ferritin (μg/l) | 23.0 | 11.0, 41.0 | 22.0 | 12.5, 48.0 |
| Transferrin Receptor (mg/l)‡ | 5.6 | 3.3, 8.3 | 5.1 | 3.4, 7.4 |
| Body iron (mg/kg) | 4.2 | 0.3, 6.5 | 4.6 | 1.5, 7.0 |
| Iodine (μg/l) | 124 | 71, 199 | 115 | 63, 269 |
| Vitamin B12 (pg/ml) | 227 | 177, 345 | 225 | 185, 284 |
| Folate (ng/ml) | 3.43 | 2.32, 4.47 | 3.57 | 2.43, 4.23 |
| C-reactive protein (mg/l) | 0.7 | 0.5, 1.2 | 0.8 | 0.5, 1.4 |
| α-1 acid glycoprotein (g/l) | 0.67 | 0.56, 1.00 | 0.69 | 0.52, 1.00 |
| Ethnicity: Adivasi | 53.8 | 56 | 59.3 | 64 |
|  Nepali | 46.2 | 48 | 40.7 | 44 |
| Hb <120 g/l | 52.9 | 55 | 53.7 | 58 |
| sFt <12 µg/ml | 26.0 | 27 | 23.2 | 25 |
| Transferrin Receptor >8.6 mg/l | 25.0 | 26 | 18.5 | 20 |
| Body Iron <0 mg/kg | 25.0 | 26 | 7.6 | 19 |

DFS, double-fortified salt; IS, iodized salt; IQR, interquartile range.

There are no statistically significant differences (P ≥ 0.05) between DFS and IS groups for any baseline measures.

‡Corrected by Ramco assay