**A. MEAL**

1. Date: |\_\_|\_\_|-|\_\_|\_\_|-|\_\_|\_\_|\_\_|\_\_| (dd-mm-yyyy)

2. Interviewer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Location: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Time of start of meal:|\_\_|\_\_|-|\_\_|\_\_|(HH-Mi) 1🞏 AM 2🞏 PM

5. Time of end of meal:|\_\_|\_\_|-|\_\_|\_\_|(HH-Mi) 1🞏 AM 2🞏 PM

**B. MEAL WEIGHT**

|  |  |  |  |
| --- | --- | --- | --- |
| Food Item | a. Weight before eating (grams) | b. Leftover Weight (grams) | c. Weight Consumed (grams) |
| 1. Groundnuts |  |  |  |
| 2. Banana |  |  |  |
| 3. Nsima |  |  |  |
| 4. Beans relish |  |  |  |
| 5. Vegetable relish |  |  |  |
| 6. Water |  |  |  |

**C. DIGITAL/TABLET IMAGE SELECTIONS - SHAPE**

**INTERVIEWER: Show the food images according to the randomization indicated by the tablet. Then continue through the foods (groundnuts, bananas, nsima, relish, relish, water) and portion sizes (3 portion sizes, 3 + virtual portion sizes, 5 portion sizes) in the order they’re listed on this form. Check the box of the portion size for each food the participant says she ate. Ask the participant to say what she is thinking throughout the process. Provide an example of the think aloud process before she starts.**

1. Time of portion size recall:|\_\_|\_\_|-|\_\_|\_\_|(HH-Mi) 1🞏 AM 2🞏 PM

**D. SHAPE 3 PORTION SIZES**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Food | Small portion | Medium portion | Large portion | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 |  |
| 2. Banana | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | 🞏 | 🞏 | 🞏 |  |
| 6. Water | 🞏 | 🞏 | 🞏 |  |

**E. SHAPE 3 + virtual portion sizes**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Smaller than small portion  (virtual) | Small portion | Small-medium (virtual) | Medium portion | Medium-large (virtual) | Large portion | Larger than large portion (virtual) | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Banana | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 6. Water | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**F. SHAPE 5 portion sizes**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Smallest portion | Small-medium portion | Medium portion | Medium-large portion | Large portion | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Nsima | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Beans relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Vegetable relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Water | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**G. ACTUAL FOOD PHOTO 3 PORTION SIZES**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Food | Small portion | Medium portion | Large portion | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 |  |
| 2. Banana | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | 🞏 | 🞏 | 🞏 |  |
| 6. Water | 🞏 | 🞏 | 🞏 |  |

**H. ACTUAL FOOD PHOTO 3 + virtual portion sizes**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Smaller than small portion  (virtual) | Small portion | Small-medium (virtual) | Medium portion | Medium-large (virtual) | Large portion | Larger than large portion (virtual) | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Banana | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 6. Water | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**I. ACTUAL FOOD PHOTO 5 portion sizes**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Smallest portion | Small-medium portion | Medium portion | Medium-large portion | Large portion | Additional portion size notes: |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Nsima | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Beans relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Vegetable relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Water | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**J. EXIT INTERVIEW**

Now I would like to ask your opinions about the different images and which ones you preferred.

For each food, please tell me how easy or difficult it was for you to use the different types of images (shapes, photos) when trying to remember the amount of each food that you ate.

***Probe on what made it easy or difficult to use each image for each type of food – How did the \_\_\_\_\_\_\_ (e.g., shape, photo) make it easy for you to choose the amount of food you ate? How did the \_\_\_\_\_\_\_\_\_\_ (e.g., shape, photo) make it difficult for you to choose the amount of food you ate?***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Food | Image Type | Very Difficult | Difficult | Neither Difficult Nor Easy | Easy | Very Easy | Explanation |
| 1. Groundnuts | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Bananas | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 6. Water | a. Shape | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. Photo | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**K. EXIT INTERVIEW (cont.)**

1. How could we change the pictures (shapes, photos) to make it easier for you to choose the amount of food that you ate

|  |  |
| --- | --- |
| Pictures | Ways to Improve |
| Shapes |  |
| Photos |  |

1. Overall, which type of picture (shapes, photos) do you prefer the **MOST** for helping you remember how much food you ate?

1🞏 Shapes

2🞏 Photos

1. What are the reasons you prefer this type of picture the most?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Overall, which type of picture (shapes, photos) do you prefer the **LEAST** for helping you remember how much food you ate?

1🞏 Shapes

2🞏 Photos

1. What are the reasons you prefer this type of picture the least?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**L. EXIT INTERVIEW**

***For each food, please tell me how easy or difficult it was for you to use the different number of portion size options (3, 3 with virtual choices, 5) when trying to remember the amount of each food that you ate. Probe on what made it easy or difficult to use each number of portion sizes for each type of food. How did the \_\_\_\_\_\_\_ (e.g., 3, 3 with virtual choices, 5) make it easy for you to choose the amount of food you ate? How did the \_\_\_\_\_\_\_\_\_\_ (e.g., 3, 3 with virtual choices, 5) make it difficult for you to choose the amount of food you ate?***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Food | Image Type | Very Difficult | Difficult | Neither Difficult Nor Easy | Easy | Very Easy | Explanation |
| 1. Groundnuts | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| c. 5 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 2. Bananas | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 3. Nsima | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| c. 5 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 4. Beans relish | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 5. Vegetable relish | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| c. 5 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| 6. Water | a. 3 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| b. 3 with virtuals | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |
| c. 5 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  |

**M. EXIT INTERVIEW (cont.)**

1. How could we change the pictures (3, 3 with virtual choices, 5) to make it easier for you to choose the amount of food that you ate?

|  |  |
| --- | --- |
| Pictures | Ways to Improve |
| 3 portion sizes |  |
| 3 portion sizes with virtual choices |  |
| 5 portion sizes |  |

2. Overall, which number of pictures (3, 3 with virtual choices, 5) do you prefer the **MOST** for helping you remember how much food you ate?

1🞏 Three

2🞏 Three with virtual choices

3🞏 Five

3. What are the reasons you prefer this number of portion sizes the most?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Overall, which number of pictures (3, 3 with virtual choices, 5) do you prefer the **LEAST** for helping you remember how much food you ate?

1🞏 Three

2🞏 Three with virtual choices

3🞏 Five

5. What are the reasons you preferred this number of pictures the least?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**N. EXIT INTERVIEW (cont.)**

Did the amounts of food represented in the pictures of \_\_\_\_\_\_\_\_\_\_\_\_\_ (groundnuts, bananas, nsima, beans relish, vegetable relish, and water) fit with the amount of that food you usually eat? That is, do the pictures represent the amount you would normally eat of that food at one meal? Are they much too small, a little too small, about right, a little too big, or much too big?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Food | Overall, portions are much too small | Overall, portions are a little too small | Overall, portions are the right size | Overall, portions are a little too big | Overall, portions are much too big |
| 1. Groundnuts | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| 2. Bananas | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| 3. Nsima | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| 4. Beans relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| 5. Vegetable relish | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| 6. Water | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |

**O. EXIT INTERVIEW (cont.)**

1. Do the pictures look like the foods when you eat them at home? ***Probe about the colors, shapes of the foods, and dishes the foods are served in. How do the colors in the pictures differ from the foods when you eat them at home? How do the shapes of the foods differ from when you eat them at home? How do the plates and bowls differ from the ones you use at home?*** What would make the pictures look more like the foods when you eat them at home?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2. ONLY ASK IF PARTICIPANT HAD LEFTOVERS OF ANY ITEMS:** When trying to pick the amount of food you ate from the pictures, how difficult was it for you to think about the amount originally served/put on your plate or in your bowl versus how much you actually ate?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_