**Supplemental Table 1:** Ultra-processed foods. ELSA-Brasil (2008-2010).

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|  | **Ultra-processed foods** |
|  | *Breads*: Light bread, white/pita bread, sweet/homemade bread, whole grain/rye bread, Brazilian cheese bread*Cakes and biscuits*: cake, stuffed cake, crackers, sweet biscuit w/ filling, sweet biscuit w/o filling*Yogurts*: light yogurt, plain yogurt*Cream cheese*: light cream cheese, regular cream cheese*Margarine**Mayonnaise*: light mayonnaise, regular mayonnaiseSausages and cold meats: sausage/chorizo/Vienna sausage, hamburger (beef), light cold cuts, ham/mortadella/salami*Snacks and instant soup*: pizza, instant noodles, baked snacks, fried snacks, hot dogs, instant soup *Sweets and treats*: chocolate powder, chocolate/bonbons/sweets, pudding/mousse, jam/jelly, gelatin, ice cream, fruit popsicles, caramel/candy*Cereal bars**Soft drinks, processed juices and artificial juices*: diet soda, regular soda, processed juice w/sugar, processed juice w/ sweetener, artificial juice w/ sugar, artificial juice w/ sugar, artificial juice w/ sweetener*Distilled beverages*: whisky, vodka, cachaça |