SUPPLEMENTARY MATERIAL

**Table S1. Foodstuff included into 28 new food groups.**

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| **Food Group** | **Included individual food groups** |
| Vegetables | Cooked vegetables, potatoes, beans and raw vegetable |
| Potatoes | Fried potatoes and potatoes croquettes |
| Legumes | Legumes |
| Fruits | Fresh fruits without added sugar and with added sugar |
| Water | Water |
| Fruit juices | Fruit juices |
| Sugar-sweetened beverages | Sweetened drinks and diet drinks |
| Cereals | Breakfast cereals, muesli, sweetened and unsweetened |
| Milk | Plain unsweetened milk and sweetened milk |
| Yoghurt | Plain unsweetened yoghurt and sweetened yoghurt and fermented milk beverages |
| Fish | Fresh or frozen fish, not fried, fried fish and fish fingers |
| Meat | Cold cut, preserved, ready to cook meat products, fresh meat, not fried and fried |
| Eggs | Fried, scrambled, boiled or poached eggs and mayonnaise or mayonnaise based products |
| Soy replacement | Tofu, tempe, quorn, soy milk |
| Cheese | Sliced cheese, spreadable and grated cheese |
| Chocolate | Chocolate or nut based spread and chocolate, candy bars |
| Butter | Butter, margarine on bread and reduced fat products |
| Honey | Jam and honey |
| Ketchup | Ketchup |
| Bread | White bread, white roll, white crispbread, whole meal bread, dark roll, dark crispbread |
| Pasta | Pasta, noodles, rice and dish of milled cereals |
| Fast food | Pizza as main dish and hamburger, hot dog, kebab, wrap and falafel |
| Nuts | Nuts, seeds, dried fruits |
| Snacks | Crisps, corn crisps, popcorn |
| Savoury Pastries | Savoury pastries and fritters |
| Candies | Candies, loose candies, marshmallows |
| Biscuits | Biscuits, packaged cakes, pastries, pudding |
| Ice cream | Ice cream, milk or fruit based bars |