SUPPLEMENTARY MATERIAL

**Table S1. Foodstuff included into 28 new food groups.**

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| **Food Group** | **Included individual food groups** |
| Vegetables | Cooked vegetables, potatoes, beans and raw vegetable |
| Potatoes  | Fried potatoes and potatoes croquettes |
| Legumes  | Legumes |
| Fruits | Fresh fruits without added sugar and with added sugar |
| Water  | Water |
| Fruit juices  | Fruit juices |
| Sugar-sweetened beverages  | Sweetened drinks and diet drinks |
| Cereals  | Breakfast cereals, muesli, sweetened and unsweetened |
| Milk  | Plain unsweetened milk and sweetened milk |
| Yoghurt  | Plain unsweetened yoghurt and sweetened yoghurt and fermented milk beverages |
| Fish  | Fresh or frozen fish, not fried, fried fish and fish fingers |
| Meat  | Cold cut, preserved, ready to cook meat products, fresh meat, not fried and fried |
| Eggs | Fried, scrambled, boiled or poached eggs and mayonnaise or mayonnaise based products  |
| Soy replacement  | Tofu, tempe, quorn, soy milk |
| Cheese  | Sliced cheese, spreadable and grated cheese  |
| Chocolate  | Chocolate or nut based spread and chocolate, candy bars |
| Butter  | Butter, margarine on bread and reduced fat products |
| Honey  | Jam and honey |
| Ketchup  | Ketchup |
| Bread  | White bread, white roll, white crispbread, whole meal bread, dark roll, dark crispbread |
| Pasta  | Pasta, noodles, rice and dish of milled cereals  |
| Fast food  | Pizza as main dish and hamburger, hot dog, kebab, wrap and falafel  |
| Nuts  | Nuts, seeds, dried fruits |
| Snacks  | Crisps, corn crisps, popcorn |
| Savoury Pastries | Savoury pastries and fritters |
| Candies | Candies, loose candies, marshmallows |
| Biscuits  | Biscuits, packaged cakes, pastries, pudding |
| Ice cream  | Ice cream, milk or fruit based bars |