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| Supplemental Table 1 |  |  |  |  |  |  |  |
| *Independent group t-tests between outcome variables and seating arrangement* | | | | |  |  |  |
|  | Seated with Others (n=44) | | Seated Alone (n=84) | |  |  |  |
| Variable | Mean | SD | Mean | SD | *t* | df | *p* |
| Percent of optimal | 54.55 | 41.35 | 50.40 | 43.75 | 0.519 | 126 | 0.605 |
| Amount (g) | 271.15 | 100.65 | 282.40 | 90.35 | -0.643 | 126 | 0.521 |
| Total kcal | 346.94 | 209.78 | 392.41 | 221.14 | -1.124 | 126 | 0.263 |
| Fat kcal (%) | 33.77 | 16.07 | 36.36 | 15.67 | -0.871 | 125 | 0.386 |
| Saturated Fat kcal (%) | 5.43 | 3.15 | 6.57 | 3.06 | -1.976 | 125 | 0.050 |
| Protein kcal (%) | 16.05 | 6.38 | 17.89 | 6.04 | -1.597 | 125 | 0.133 |
| Carbohydrate kcal (%) | 51.03 | 19.41 | 46.27 | 18.66 | 1.342 | 125 | 0.182 |
| Sugar kcal (%) | 17.57 | 13.08 | 15.60 | 13.20 | 0.796 | 125 | 0.428 |
| Fiber (gms) | 2.47 | 1.32 | 2.38 | 1.11 | 0.420 | 126 | 0.675 |
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| Supplemental Table 2 |  | |  | |  | |  |
| *ANCOVA for Percent of Saturated Fat kcal by Condition and Gender with Seating Arrangement* | | | | | |
|  |  | | |  | |
| Source | df | F | | ηp2 | *p* |
| Corrected Model | 6 | 5.323 | | 0.210 | < .001 |
| Intercept | 1 | 157.820 | | 0.568 | < .001 |
| Seating | 1 | 2.287 | | 0.019 | 0.133 |
| Gender | 1 | 1.580 | | 0.013 | 0.211 |
| Condition | 2 | 12.821 | | 0.176 | < .001 |
| Gender\*Condition | 2 | 0.177 | | 0.003 | 0.838 |
|  |  |  | |  |  |