|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **ID** | **Food** | **1** | **2** | **3** | **4** | **5** | **6** |
| 1 | Potatoes, boiled | 70 | 141 | 228 | 304 | 405 | 507 |
| 3 | French fries | 70 | 110 | 161 | 220 | 301 |  |
| 8 | Green salad | 20 | 40 | 60 | 100 |  |  |
| 13 | Carrots | 50 | 101 | 161 | 229 | 302 |  |
| 15 | Tomatoes | 55 | 102 | 145 | 206 | 303 |  |
| 25 | Apple compote | 50 | 101 | 162 | 231 | 300 |  |
| 32 | Cheese, pieces | 20 | 39 | 61 | 84 |  |  |
| 34 | Pasta | 60 | 109 | 171 | 240 | 317 |  |
| 36 | Rice | 60 | 112 | 171 | 239 | 318 | 403 |
| 42 | Steak | 78 | 132 | 185 | 273 | 345 |  |
| 51 | Fish, fillets | 64 | 97 | 151 | 199 | 285 |  |
| 52 | Fish, slices | 87 | 118 | 175 | 232 | 298 |  |
| 64 | Fruit cake | 54 | 93 | 132 | 199 | 277 |  |
| 74 | Pizza | 61 | 105 | 169 | 211 | 324 |  |
| 75 | Spaghetti | 61 | 110 | 170 | 240 | 320 | 400 |
| 79 | Soup | 80 | 150 | 221 | 300 |  |  |
| 91 | Mushrooms | 14 | 42 | 82 | 120 | 160 |  |
| 92 | Grapes | 50 | 108 | 184 | 266 | 329 | 384 |
| 104 | Stew | 57 | 122 | 190 | 276 | 425 |  |
| 302 | Omelette / scrambled eggs | 69 | 100 | 123 | 190 |  |  |
| 402 | Risotto | 107 | 233 | 329 | 455 | 504 |  |
| 507 | Ratatouille | 79 | 163 | 261 | 398 | 491 |  |
| 517 | Creamed spinach | 52 | 81 | 119 | 161 | 232 | 310 |

**Supplemental Table 1**

Weights in grams of the portions for each photo series