### Supplemental Table 1: EMBASE search strategy

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| --- | --- | --- |
| **#** | **Search string** | **Search hits** |
| **1** | ((soft or energy or carbonated or fizzy or sports or sweetened or sweet or sugary or sugar or sugared) NEXT/2 drink\*):ab,ti |  |
| **2** | ((soft or carbonated or sweetened or sweet or sugary or sugar or sugared) NEXT/2 beverage\*):ab,ti |  |
| **3** | (soda OR sodas): ab,ti |  |
| **4** | Soft drink/exp |  |
| **5** | Energy drink/exp |  |
| **6** | Carbonated beverage/exp |  |
| **7** | Sports drink/exp |  |
| **8** | Or/ 1-7 | 7 726 |
| **9** | (diet or diets or dietary or nutrition or intake or intakes or consumption or consumed or consume or consumes or eating or eaten or eat or drinking or drank):ti,ab |  |
| **10** | Dietary intake/mj |  |
| **11** | Food intake/mj |  |
| **12** | Eating habit/mj |  |
| **13** | Diet/mj |  |
| **14** | Or/9-13 | [746 064](http://0-www.embase.com.library.ucc.ie/search/results?viewsearch=5) |
| **15** | (Europe or European or Europeans or Albania or Andorra or Armenia or Austria or Azerbaijan or Belgium or Bosnia or Herzegovina or Bulgaria or Croatia or Cyprus or Czech or Denmark or Estonia or Finland or France or Georgia or Germany or Greece or Hungary or Iceland or Ireland or Italy or Latvia or Liechtenstein or Lithuania or Luxembourg or Malta or Moldova or Moldavia or Monaco or Montenegro or Netherlands or Norway or Poland or Portugal or Romania or Russian Federation or San Marino or Serbia or Slovak or Slovakia or Slovenia or Spain or Sweden or Switzerland or Macedonia or Turkey or Ukraine or United Kingdom or UK or International):ab,ti |  |
| **16** | Europe/exp |  |
| **17** | 15 or 16 | [1 367 116](http://0-www.embase.com.library.ucc.ie/search/results?viewsearch=2) |
| **18** | 8 and 14 and 17 | 806 |
| **19** | Limit 18 to 1990-9th June | 785 |